Michael Vick cleared to play in NFL — if a team will sign him
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Bringing your dream car back to the States could become a huge headache
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Photos snapped on both sides of the line mark Korean War anniversary **Page 3**

STARS AND STRIPES®

Volume 68, No. 103 ©SS 2009 J **WEDNESDAY, JULY 29, 2009** stripes.com **50¢**

First under fire, then under arrest

Colo.-based GIs accused of serious crimes after combat

The Associated Press

COLORADO SPRINGS, Colo. — Soldiers from an Army unit that had 10 infantrymen accused of murder, attempted murder or manslaughter after returning to civilian life described a breakdown in discipline during their Iraq deployment in which troops murdered civilians, a newspaper reported Sunday.

Some Fort Carson, Colo.-based soldiers have had trouble adjusting to life back in the United States, saying they refused to seek help, or were belittled or punished for seeking help. Others say they were ignored by their commanders, or coped through drug and alcohol abuse before they allegedly committed crimes, The Gazette of Colorado Springs said.

Eastridge

The Gazette based its report on months of interviews with soldiers and their families, medical and military records, court documents and photographs.

Several soldiers said unit discipline deteriorated while in Iraq.

"Toward the end, we were so mad and tired and frustrated," said Daniel Freeman. "You came too close, we lit you up. You didn't stop, we ran your car over with the Bradley," an armored fighting vehicle.

With each roadside bombing, soldiers would fire in all directions "and just light the whole area up," said Anthony Marquez, a friend of Freeman in the 1st Battalion, 9th Infantry Regiment. "If anyone was around, that was their fault. We smoked 'em."

Taxi drivers got shot for no reason, and others were dropped off bridges after interrogations, said Marcus Mifflin.

Soldiers interviewed by The Gazette cited lengthy deployments, being sent back into battle after surviving war injuries that would have been fatal in previous conflicts, and engaging in some of the bloodiest combat in Iraq. The soldiers describing those experiences were part of the 3,500-soldier unit now called the 4th Infantry Division's 4th Brigade Combat Team.

SEE VETS ON PAGE 5

Dangerous neighbors

Relocated Army outpost draws fire from Taliban

DIANNA CAHN/Stars and Stripes

Soldiers with Company B, 3rd Brigade Combat Team, 10th Mountain Division take cover during a firefight in Charkh district in Logar province, Afghanistan. See story on Page 6

Japanese party adjusts its U.S. policy

BY DAVID ALLEN
Stars and Stripes

CAMP FOSTER, Okinawa — The Japanese party expected to topple the party that has ruled for more than 50 years has backed away from previous stands against the current U.S.-Japan military partnership.

The Japan Democratic Party, part of an opposition party coalition, issued a platform Monday evening that spells out several key areas it intends to pursue should it win the Aug. 30 Lower House elections.

However, it eliminated any mention of its previously stated opposition to plans to move air operations from Marine Corps Air Station Futenma, located in the heart of an urban area, to a new airport on rural Camp Schwab. In the past, the party called for moving Marine air operations somewhere outside Okinawa.

It also watered down its previous demands for a radical revision of the status of forces agreement and to the amount of money spent by Japan to support the U.S. bases. Instead, it announced it would "propose a revision of the status of forces agreement and review the planned realignment and the presence of the U.S. military in Japan."

In other military matters, the platform dropped the party's opposition to the use of Japan's Maritime Self-Defense Force to engage in refueling U.S. ships in the Indian Ocean and the dispatch of destroyers to prevent piracy off the coast of Somalia.

Under its "Foreign Relations" section of the platform the party promises to "build a close and equal relations with the United States as the foundation of Japan's foreign policy … we will positively undertake Japan's responsibilities while sharing roles with the Unites States."

U.S. officials were unavailable for comment on the platform Monday evening. Lt. Gen. Edward Rice, commander of U.S. Forces Japan, said Thursday that the present realignment plan, which includes the Futenma relocation and transferring 8,000 Marines and their families to Guam in 2014, offers the best solution to move U.S. troops from densely populated areas in Japan.

SEE PLATFORM ON PAGE 2

QUOTE
OF THE DAY

"I was not going to be the Federal Reserve chairman who presided over the second Great Depression. I had to hold my nose. ... I'm as disgusted as you are. ... I absolutely understand your frustration."

—Ben Bernanke, chairman of the Federal Reserve, on bank bailouts

See story on Page 10

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Platform: Plans agreed upon would be hard to change

PLATFORM, FROM PAGE 1

"It's not maybe everything that everybody wanted," Rice said. "But it certainly is progress in terms of both providing for the continued defense of Japan and security in the region and decreasing the impact of the presence of U.S. forces on the local communities."

U.S. officials have said that the relocation of Marine air operations to Camp Schwab is key to the move of Marines to Guam and the eventual closing of several Marine bases in southern Okinawa.

"Policies on foreign relations, including U.S. military issues, were left ambiguous because their priority at this time is to appeal to voters whose interests are elsewhere," said Masaaki Gabe, professor of international relations at the University of the Ryukyus. "Right now their priorities are domestic issues."

Besides, it would be difficult to change plans already agreed to by both countries, he said.

"The plans have been already moving forward and it would be very difficult for them to make changes now," Gabe said, adding that the DPJ could always adopt platform changes next July when the election for the Diet's Upper House is scheduled.

"At this time, they would rather leave the realignment issue to tackle later," he said. "Not at this time when winning the majority seats is their utmost priority."

Stripes reporter Chiyomi Sumida contributed to this report. E-mail David Allen at: allend@pstripes.osd.mil

Clarification

A July 22 story may have left the impression among some readers that Lt. Cmdr. Marilisa Elrod was qualified as an unrestricted line submarine officer. She holds a submarine medical officer qualification.

KYODO NEWS/AP

A man with an umbrella walks past part of a house blown away over an electric pole after a suspected tornado hit Tatebayashi in Gunma Prefecture north of Tokyo on Monday. About 44,000 Sasebo residents, including 150 U.S. military families, were left without drinking water following the heavy rains.

Rain wreaks havoc in Japan

150 military families left without potable water

BY TRAVIS J. TRITTEN
Stars and Stripes

SASEBO NAVAL BASE, Japan — The U.S. Navy and Sasebo city were providing aid Monday to about 44,000 residents, including 150 military families, left without drinking water after heavy rains raked northern Kyushu over the weekend.

The torrential storms killed about 10 people and triggered an evacuation order for more than 51,000 across three prefectures on Kyushu, according to the Mainichi News.

Western Honshu, around Marine Corps Air Station Iwakuni, was also hit by storms late last week and a mudslide that killed six at a nursing home in Hofu. Prime Minister Taro Aso canceled a trip to the area last week because of continued bad weather, Kyodo News reported.

No residents of Sasebo Naval Base or the Iwakuni air station were harmed in the storms, officials at both bases said Monday.

Water mains were damaged due to mudslides in Sasebo, cutting off water service to thousands of off-base homes sometime during the weekend, base spokesman Charles Howard said.

The Navy provided water equipment — a 5,000 gallon tanker and two temporary 500-gallon storage tanks — Monday after the city requested help, Howard said.

Base water service was unaffected by the rains, but about 150 families in off-base housing spread over 17 neighborhoods were without service Monday, Howard said.

A water station providing unlimited water will be available at the base's public works bus stop, next to the Community Education Center on the main base, he said.

The water outage was expected to last three or four days, Howard said.

Iwakuni had received no requests from Japan for aid as of Monday afternoon, according to Capt. Lawton King in an e-mail response to Stars and Stripes.

There no reports of serious structural damage to Iwakuni facilities, but rain damage caused the temporary relocation of the air station's vehicle rental office to the bowling center on Monday, officials said.

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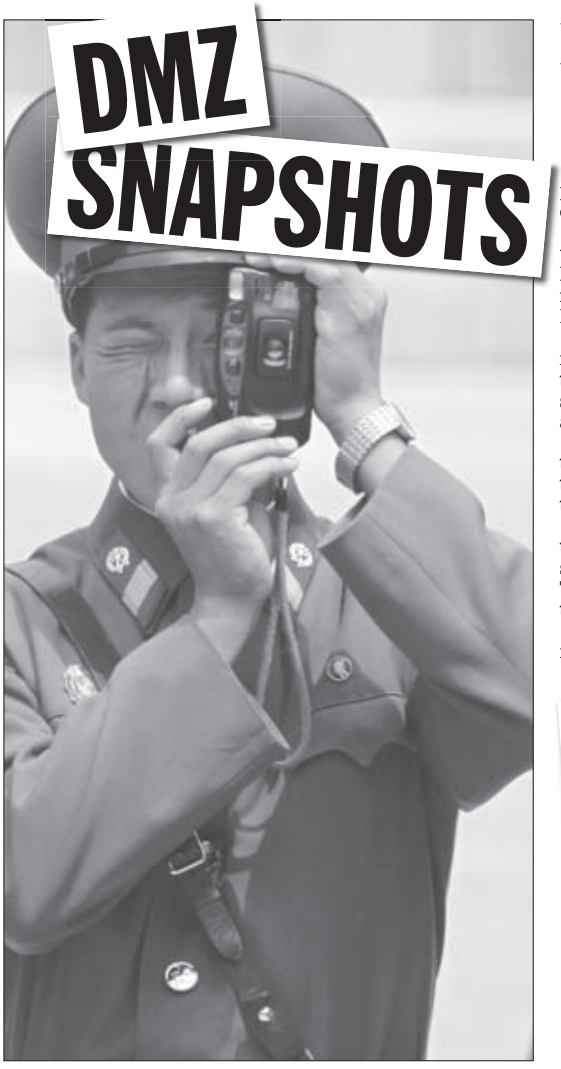

JO YONG-HAK/AP

A North Korean soldier takes a photograph on the north side of the truce village of Panmunjom in the Demilitarized Zone on Monday.

Nations mark Korean armistice with photo ops

BY JON RABIROFF
Stars and Stripes

DEMILITARIZED ZONE, Korea — Turnabout is apparently fair play here — at least when it comes to photo opportunities.

U. S. Forces Korea commander Gen. Walter Sharp, with his back turned to North Korean soldiers an arm's length away, stood for photos after a ceremony Monday marking the anniversary of the armistice that ended Korean War hostilities.

As he posed with many of the 75 dignitaries on hand, including U.S. Ambassador Kathleen Stephens, more than a dozen North Korean soldiers took turns themselves posing for photos with their backs to the visitors across the Demarcation Line that divides the DMZ.

The pose-down, with everyone crowded in between two conference buildings, was just another example of the psychological one-upmanship that has become routine at the DMZ.

The Korean War began in 1950 and, although a peace treaty was never signed, it essentially ended with the signing of an armistice agreement on July 27, 1953. That pact provided for the transfer of prisoners of war, the creation of the DMZ and the end of open hostilities.

In the decades since, North and South Korea have repeatedly traded accusations that the other has violated the terms or spirit of the armistice. In recent months, tensions between the two countries have risen in the wake of North Korean nuclear and missile tests, as well as threats that have been condemned by the United Nations.

Sharp referenced that in his remarks during Monday's ceremony, saying, "Recent actions by the Democratic People's Republic of Korea to challenge the United Nations Security Council decisions demonstrate the continued requirement for the armistice agreement.

"The armistice will remain as vital and relevant a mechanism to the international commitment to security and stability in the region as when it was signed 56 years ago, despite external threats and challenges," he said.

Major-Gen. Jang Yong-koo of the U.N. Command Military Armistice Commission thanked representatives of those countries who have supported terms of the armistice and then raised a glass to offer a toast: "Peace on the peninsula."

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American personnel, including U.S. Forces Korea commander Gen. Walter Sharp and U.S. Ambassador Kathleen Stephens, pose for photos at the Demilitarized Zone as North Korean soldiers pose for photos of their own behind them on the other side of the Demarcation Line.

PHOTOS BY JON RABIROFF
Stars and Stripes

Police: Airman's alleged attack on man fueled by jealously

Stars and Stripes

GINOWAN, Okinawa — Jealousy over his ex-wife's boyfriend landed a Kadena airman in an Okinawa jail Saturday, police said Monday.

Sgt. Roberto S. Mason, 26, was in Okinawa police custody Monday after he allegedly punched a 30-year-old Okinawan man in the face at about 3:35 p.m. Saturday in the Kiyuna district of Ginowan, said a spokesman for Okinawa prefectural police in Ginowan.

According to the police report, Mason spotted his Japanese ex-wife riding in a car driven by the man and used his car to force the man to pull over to the side of the road. He then allegedly punched the man in the face before driving away.

Police arrested Mason at 4:05 p.m after responding to a call from the ex-wife.

Air Force officials acknowledged the arrest but offered no further information on the incident.

Okinawa man held in alleged hit and run

Stars and Stripes

CAMP FOSTER, Okinawa — Okinawa police are questioning an Okinawa man who allegedly left the scene of an accident that severely injured the wife of a Marine.

According to Okinawa prefectural police, Erin Harding, 36, was riding her bicycle about 5 a.m. Thursday heading south along Highway 58 near the commissary gate to Camp Foster when she was struck by a car that sped away.

Harding was on her way to the Camp Foster pool to train for the Half Ironman Contest on Izena Island in October, her husband, Maj. Todd Harding said in a telephone interview Monday evening.

She was rushed to the U.S. Naval Hospital on Camp Lester, where she is in the intensive care ward being treated for several serious injuries, including a fractured pelvis, fractured left hip, three fractured vertebrae and a sprained right shoulder, her husband said.

She is scheduled to be transferred to the Balboa Medical Center in San Diego later this week. Harding said he is having his tour curtailed after five years on Okinawa and is being reassigned to Marine Corps Air Station Miramar to be near his wife during what is expected to be a lengthy recovery.

"Our lives have been turned upside down in a matter of seconds," said Harding, 40, assigned to Headquarters and Service Battalion, Marine Corps Base.

The driver of the car turned himself in Thursday evening at the Okinawa City police station, where he was questioned and released. He faces a possible charge of leaving the scene of an accident involving an injury.

Misawa explores more efficient building options

BY T.D. FLACK
Stars and Stripes

MISAWA AIR BASE, Japan — A half-million and counting.

That's the number of square footage in base buildings that have been closed in the past year at Misawa as part of an Air Force global initiative to save millions on utility and maintenance costs.

And another million or more square feet will be closed before the project is finished, said Merlin Miller, with the 35th Civil Engineer Squadron.

Miller, who serves as the deputy base civil engineer, said Misawa must go from more than 9 million square feet of work space to about 7.25 million to do its part in the Air Force Infrastructure Energy Strategic Plan. The goal is to slash 20 percent of "our physical size" by 2020, he said of both Misawa's and the Air Force goal.

For squadron planners, the task is like trying to put a 10,000-piece jigsaw puzzle into an 8,000-piece frame.

The end result will be more people in fewer buildings, and some personnel have already moved. The first buildings targeted, Miller said, were those that "exceeded their economic life" — older buildings that suck up precious maintenance and energy funds.

The tough part is the "domino effect," he said. That means that people in one building can't move until the space is ready in the next building, and that can include ensuring the building is up to new force protection and fire standards. The goal is to provide "an overall vision of the completion of the moves and try to simplify it so the customers can understand the results," he said.

Miller said there should not be any "big peaks or big valleys" in the flow of moves.

And tearing down the old buildings, like the shoppette that closed earlier this year, will open up space that planners must think about how to best use to deal with issues such as inadequate parking.

"We look at the spaces and the faces that have to go into the places," he said, and try to "match the right organizations" to the buildings.

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The Fast & The Furious

Being overseas offers a unique opportunity for car enthusiasts to find that dream vehicle

Getting some vehicles back to the States can take months and require modifications costing more than $30,000

BY T.D. FLACK AND MARK ABRAMSON
Stars and Stripes

In Germany, troops can find themselves behind the wheel of a used Mercedes-Benz for less than $5,000. In Japan, $5,000 can put them in the bucket seats of one of Japan's prized sports cars.

But officials and car enthusiasts warn that anyone hoping to bring that dream car back to the United States better have deep pockets.

Any foreign-produced car less than 25 years old must be modified to U.S. standards — and that can cost tens of thousands of dollars.

The U.S. Department of Transportation, the National Highway and Traffic Safety Administration, and the Environmental Protection Agency are all involved, and modifications can be extensive. They can range from new headlights to bumper reinforcements, seatbelt warning systems to instrument panels.

Staff Sgt. Larrance Ritter of the Traffic Management Office at Misawa Air Base, Japan, said TMO officials at any base can provide basic information on how the system works — including links to Web sites with detailed instructions — but that the troops must "do the homework."

SEE CARS ON PAGE 5

A parking lot located just off the Shuto Expressway in Yokohama is a popular spot for viewing and showcasing Japanese sports cars.

PHOTOS BY TIM WIGHTMAN/Stars and Stripes

For more information about the requirements for importing vehicles, go to the following Web sites:

- **www.nhtsa.dot.gov/cars/rules/import**
- **www.epa.gov/otaq/imports**

For some, imported Japanese cars worth their weight in gold

BY T.D. FLACK
Stars and Stripes

At first glance, there's nothing special about Capt. Daniel Nigolian's car, sitting in the "Lemon Lot" on Yokota Air Base, outside Tokyo.

But take a peek under the hood of the 1995 R33 GT-R Nissan Skyline, and you'll find a monster of an engine — one that helps explain the $21,500 price tag.

"I've got a 500-horsepower Mustang back home that can't even touch it," he said, adding that his GT-R will go from zero to 60 mph in 4.9 seconds.

"It'll go up to 90 kilometers per hour (55 mph) in first gear," he laughed. "It's a beast."

Nigolian is part of a small community of people in Japan who invest thousands buying, improving and juicing up their cars. Most have spent their whole lives working on cars, and take advantage of being stationed in Japan to finally get their hands on a true Japanese vehicle — right-side steering and all. In some circles in the States, they say, an imported Japanese car is worth its weight in gold.

Movies like "The Fast and the Furious" brought that underground car scene into the mainstream, and young troops reporting to Japan often think taking one home when they finish their tours will be easy.

"I don't think they have a clue," said Greg Williams, a retired sailor and government contractor who's been into the car scene in northern Japan near Misawa Air Base since 2002. "They'll buy the first car they see with a scoop and a wing."

He said it's possible to bring certain Japanese cars to the States, but that the young troops rarely do any research. And even if they bought a model that can be imported, they have to be able to pay to have it modified to U.S. safety and emissions standards.

"The hardest part is not shipping the vehicle," he said. "It's having the cash" to have everything done to it.

It is possible to make a smart investment — to buy the correct car, bring it to the States, invest into bringing it to U.S. standards, and still profit from selling it.

If you spent between $10,000 and $15,000 on a Nissan GT-R, brought it to the States and spent $30,000 bringing it to standards, you could still sell it for more than $75,000, he said.

"Why? Because it's full-blooded Japanese," he said. "GT-Rs … they're like gold."

Michael Da Gama, a young airman at Yokota, considers himself one of the core group of 25 to 30 true car enthusiasts at the base.

He arrived with one car on the top of his shopping list: a Nissan Skyline.

"I just wanted a Skyline, because they don't sell them in America," said Da Gama.

But he knew enough about the system to realize he couldn't afford to take it to America when he eventually moves.

Instead, he plans to buy an older Toyota Sprinter Trueno. Japanese vehicles at least 25 years old don't have to be modified to U.S. safety standards because they're considered "classics."

Robert Smith, a former military member who runs Eagle Auto Works outside Misawa, has been in Japan for nearly 20 years. He's watched the scene morph from small groups of enthusiasts who gathered to race at night, to folks who are now more interested in looking cool. The purists call it "parking lot pimping," he joked.

"I blame it on 'The Fast and the Furious,'" he said.

Smith said he often has troops show up at his store looking to spend thousands on a car with the hopes of bringing it home. He tells them, "it's not that simple," and reminds them to do their homework if they're really serious.

If not, they'll just "spend thousands," modifying a car and "nobody's going to want it," when they're eventually forced to sell.

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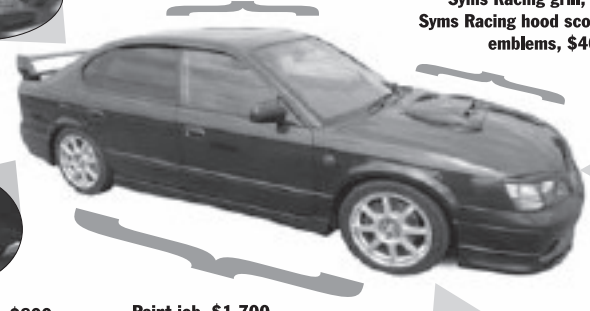
Stripes reporters Grant Okubo and Bryce Dubee contributed to this story.

High-dollar ride

Greg Williams, a retired sailor and government contractor, said he's spent thousands customizing his 2002 Subaru Legacy B4.



Handmade Gialla wing, $900

Entertainment system, $2,700; radar detector, $400

Syms Racing grill, $350; Syms Racing hood scoop, $700; emblems, $40

Headlight "eyelids," $30

Ganador exhaust, $800

Paint job, $1,700

Yokohama S Drive tires, $950; slit rotors/brake pads, $800; rims. $1.700: lugnuts. $120

ILLUSTRATION BY CHRIS SIX/Stars and Stripes

Senate promises 'don't ask' hearings in fall

By Leo Shane III
Stars and Stripes

WASHINGTON — The Senate will hold hearings on the controversial "don't ask, don't tell" law sometime this fall, another step forward for rights groups seeking to overturn the ban on homosexuals serving openly in the military.

The hearings would be the first in the chamber since 1993, and come after months of inaction on the issue despite public commitments from both President Barack Obama and congressional leaders to drop the law.

A spokesman for Senate Armed Services Chairman Carl Levin, D-Mich., said that he has committed to holding at least one hearing this fall on the issue, but no other decisions have been made.

But officials from the Human Rights Council called the Senate promise of a hearing an important step forward no matter the format.

"The Pentagon has argued that this policy is working, and we have a lot of evidence to show [the senators] that it's not," said David Stacy, senior policy advocate for the council. "So a congressional hearing is a great opportunity for that educational process."

Last month, House Armed Services Chairman Ike Skelton, D-Mo., promised a "don't ask" hearing sometime this year, but only after House Democrats agreed not to start a floor fight by amending a defense budget bill to include the issue.

The House held a hearing last summer on the ban, the only congressional hearing on the issue in the last 16 years. Supporters of the ban on homosexuals serving openly in the ranks blasted that event as a publicity stunt, designed to generate sympathy for gay-rights groups.

As a presidential candidate, Obama promised to dump "don't ask," but he has resisted pressure from advocacy groups and members of the House to sign an executive order halting prosecution of gays and lesbians under the law.

White House officials have argued that since the law originated in Congress, lawmakers must take the first steps to change the rules. Meanwhile, Senate leaders have said they wouldn't move forward on passing new legislation without clear direction from the president.

Defense Secretary Robert Gates has publicly stated that he'll direct military officials to follow whatever Congress and the president decide. In a news conference last week, he reiterated that implementing any such change "must be deliberate and careful."

"This is not something that should be done abruptly, because we have a force under great stress in two wars," he said. "To try and do something abruptly would be a real concern."

But Iraq war veteran Rep. Patrick Murphy, D-Pa., lead sponsor of a House bill to overturn "don't ask," on Monday launched a multicity tour to build support for an immediate move on the issue, with both gay and straight veterans speaking at town hall meetings over the next two months.

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Vets: After Iraq, killing back home felt 'natural' to vet

VETS, FROM PAGE 1

Since 2005, some brigade soldiers also have been involved in brawls, beatings, rapes, DUIs, drug deals, domestic violence, shootings, stabbings, kidnapping and suicides.

The unit was deployed for a year to Iraq's Sunni Triangle in September 2004.

Sixty-four unit soldiers were killed and more than 400 wounded — about double the average for Army brigades in Iraq, according to Fort Carson. In 2007, the unit served a bloody 15-month mission in Baghdad. It's currently deployed to the Khyber Pass region in Afghanistan.

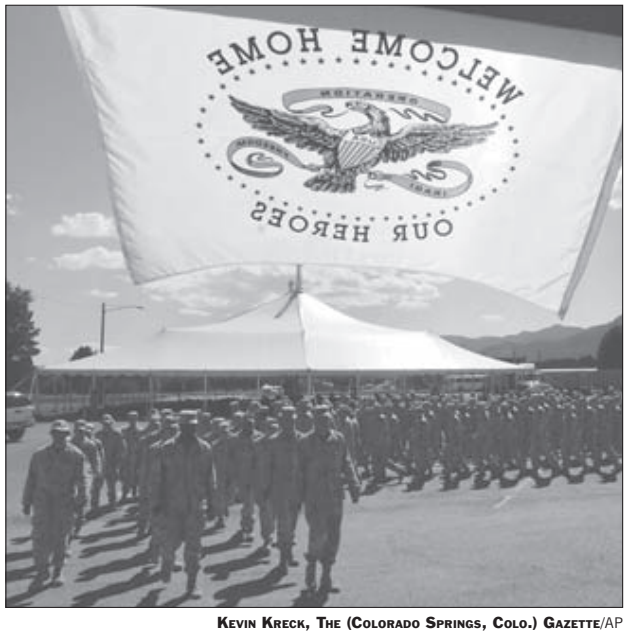
Marquez was the first in his brigade to kill someone after an Iraq tour. In 2006, he used a stun gun to shock a drug dealer in Widefield, Colo., in a dispute over a marijuana sale, then shot and killed him.

"If I was just a guy off the street, I might have hesitated to shoot," Marquez told The Gazette in the Bent County Correctional Facility, where he is serving a 30-year prison term. "But after Iraq, it was just natural."

The Army trains soldiers to be that way, said Kenneth Eastridge, an infantry specialist serving 10 years for accessory to murder.

"The Army pounds it into your head until it is instinct: Kill everybody, kill everybody," he said. "And you do. Then they just think you can just come home and turn it off."

Last week, the Army released a study of soldiers at Fort Carson that found that the trauma of fierce combat and soldier refusals or obstacles to seeking mental health care may have helped drive some to violence at home. It said more study is needed.



KEVIN KRECK, THE (COLORADO SPRINGS, COLO.) GAZETTE/AP

Soldiers from the 2nd Brigade Combat Team receive instructions at Fort Carson, Colo., before their welcome-home ceremony from Iraq in 2005. Some Fort Carson-based soldiers have had trouble adjusting to life back in the U.S., saying they refused to seek help or were belittled or punished for seeking help.

GRANT T. OKUBO/Stars and Stripes

Senior Airman Michael Da Gama works on his 1996 GTS R33 Skyline at the Auto Skills Center on Yokota Air Base, Japan.

Cars: Cost prohibits shipping to States

CARS, FROM PAGE 4

Not every car can be imported, Ritter warned. Troops should start by visiting the NHTSA's Web site for a list of those eligible for import. The next step is contracting with an authorized "registered importer" in the United States who will do all the work to the car before it can be released.

Ritter also said the car won't make it into the military shipping system until the servicemember can show a receipt proving he's paid at least half the total bill with the importer.

Registered importer Lois Joyeusaz of J.K. Technologies LLC in Baltimore said her company works with a lot of Europe-based troops, but advises troops coming from Japan not to even bother trying because of the cost. A high-performance Japanese Nissan Skyline, for example, runs about $35,000 to convert to U.S. standards, including the necessary structural modifications.

Importer Phil Trupiano, a co-owner of Birmingham Motors in Royal Oak, Mich., said he often gets e-mails and calls from servicemembers who want to bring a car into the States. But bringing a vehicle into conformity takes an average of three to four months, he said.

For more photos and video of servicemembers' wheels, go to **www.stripes.com**

Kristil Pinlac, based in Germany, had planned to bring her 1989 BMW 318 to the States when her husband gets out of the Army. But she changed her mind when they found out they would have to spend about $3,000 on modifications.

"When I first bought it, I didn't like it that much," she said, "but it is a very nice car."

She said the car has been reliable, but the conversion costs and costs of shipping it to the States kept her from having the work done.

Air Force Master Sgt. Timothy Smith at Yokota Air Base, Japan, said he was shocked when an importer said it would cost more than $30,000 to bring his $1,200 1997 Nissan Skyline to standard.

"I said, 'Are you serious?'" Smith recalled. "It was like a wake-up call."

Smith is the noncommissioned officer in charge of the personal property section at Yokota, and his office helps about 3,500 people move their stuff each year.

After conducting his own research, he better understands why so few people elect to ship cars. From June 2008 to May 2009, he said, only 23 people shipped a car from Yokota to the United States.

His advice to anyone considering shipping a car home is simple: "preparation and planning."

Joyeusaz, the registered importer from Baltimore, was more direct.

"Ninety percent of the people who [import cars] are servicemembers," Joyeusaz said, "and they are being creamed by DOT and EPA."

E-mail T.D. Flack at: flackt@pstripes.osd.mil

Outpost move part of larger Afghanistan plan

By Dianna Cahn
Stars and Stripes

LOGAR PROVINCE, Afghanistan — The attackers waited until dusk, then came at the yet-to-be fortified American outpost from three sides, armed with assault rifles and rocket-propelled grenades.

It was a surprise, the first attack on the newly established outpost near the Charkh District Center in nearly two months, said Lt. Col. Thomas Gukeisen, the squadron commander who monitored Friday's brief, unsuccessful ambush from his base about 20 miles to the east. With the help of attack aircraft, up to 20 enemy fighters were repelled.

As soldiers from Company B, 3rd Brigade Combat Team, 10th Mountain Division out of Fort Drum, N.Y., struggle with the growing pains of setting up a post in the population hub in Charkh, they are contending with extremely primitive conditions while flushing out a rooted enemy.

"The enemy's pissed off," Gukeisen said, noting that the attack and a roadside bomb ambush earlier in the day occurred just hours after 150 feet of perimeter security barriers known as Hescos were delivered to the district center.

"They hate the sight of Hescos. They know you are here to stay."

Charkh — as well as Baraki Barak district to the north and Kharwar district to the south — is the battle space of the 3rd Squadron's 71st Cavalry Regiment, which conducts surveillance and reconnaissance for the 3rd BCT. The units deployed to this region in January. Troops set up outposts in each district, getting to know the populations, the enemy and the lay of the land.

For photos of U.S. soldiers reaching out to Afghans in Charkh, go to **Stripes.com**

Company B of the 1st Battalion, 32nd Infantry Regiment, which is attached to the 3-71 Cav, set up in Baraki Barak, then moved to Charkh in April, building its second outpost about seven miles from the district center.

Still in the raw stages, Combat Outpost Baugess had an Internet cafe and was about to get running water. But it was removed from both enemy forces and the civilians they operate within. It quickly became apparent that for the troops to do their jobs of separating the enemy from the people, helping to shore up government and security forces, and winning the trust of the population, the outpost was in the wrong place. They began using an abandoned school adjacent to the district center as a launch post for patrols. And last week, soldiers headed there for good.

"Militarily, the outpost was great, but for the counterinsurgency, we had to commute to work," Gukeisen said. "It's hard on soldiers to tell them to pack up their stuff and move to a new location. But it's the right thing to do because you have to be with and among the people. You have to have a persistent presence."

It's a complex and painstaking mission that falls to Capt. Jason Wingert, 29. He is trying to run two outposts at once.

The building the troops are squatting in is filthy. Once again, they are living without running water or electricity. Food consists of Meals, Ready to Eat. And the concrete roof tiles allow the weather and the dust to pass right through their seams.

Coming down with a bad bout of stomach bug has become a rite of passage at Charkh DC. Conditions were so bad that Gukeisen sent in a health team last week to address the situation.

"When I made the decision to do [the move], I knew I was asking a lot of these guys," said Wingert, of Evans Mills, N.Y.

"But from where I sit, and my boss agreed, we are not here to make ourselves comfortable. We are here to support the government and the security forces and to protect the people."

Just south of Kabul, Logar province has long been the heart of the insurgent activity targeting Kabul. Desert conditions and rocky mountain terrain embrace lush green valleys where fruit orchards and wheat fields feed the capital. But a scarcity of water and the terrorizing reign of the Taliban have left the villagers poor, scared and often unwilling to side with an absentee government.

Until recently, Charkh's district subgovernor refused to come to the district center, a U.S.-funded building that was blown up three times in recent years. Only after Company B soldiers began launching regular patrols did a newly appointed sub-governor start showing up for work, though the Americans quietly question his family ties to a known top insurgent.

"Nine months ago, the enemy could walk around the DC," said sub-governor Ghallam Farouq Hamayoon. "If the Americans weren't here, we couldn't keep the district center open.

"It would be better if it were Afghan National Army and police. Right now, we need the Americans."

The U.S. forces see it the same way.

"I think we are making progress," said Spc. Adam Klodzinski, 32, a 60-mm mortar gunner from Buffalo, N.Y.

"They seem more open to us, more willing to accept our support," he said. "I think people want to help, but they still fear the Taliban."

When they first arrived, the soldiers were met with steady firefights. Outgunned, the insurgents changed tactics, deploying more than 30 makeshift bombs since April. Though many struck their targets, soldiers in Mine Resistant Ambush Protected vehicles have all survived.

"When we first got to the bazaar, they'd shoot at us from the rooftops. Now, we are surrounded by kids," said 1st Lt. Scott Davis of Seattle, whose 3rd Platoon has seen the most firefights in Charkh. "People were really skeptical initially. But when you walk up, put your Darth Vader garb and your guns down, there's a pretty impressive change in the atmospherics."

In Sheshquela last week, the platoon visited both a mosque and a girls school that needed repairs. Then gunfire erupted. Twice in the next hour, the troops exchanged fire with insurgents who they said then broke contact and fled, with the soldiers in pursuit.

As they stood guard outside the last site of exchange, two men walked gingerly up to the troops. Davis told the men he needs their help to stop such attacks. But Haji Amir Mahmad, 45, wasn't so sure.

"The Americans fight and the Taliban fight," Mahmad said. "We are caught in the middle."

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IN THE WORLD

U.S., Israel stand firm on Iran question

Gates meets with Israeli officials in Jerusalem

By Kevin Baron
Stars and Stripes

JERUSALEM — Defense Secretary Robert Gates stood shoulder to shoulder with Israeli Defense Minister Ehud Barak on Monday to assure Israel — and warn Iran — that Washington's patience with Tehran's nuclear endeavors would not last long beyond the end of the year.

"The president has been quite clear that this is not an open-ended offer to engage," Gates said. "We are very mindful of the possibility that the Iranians may simply try to run out the clock."

Barak, a former Israeli prime minister, again raised the possibility of missile strikes against Iranian targets, but said they would be quick and followed immediately by sanctions and inspections of Iranian nuclear capabilities.

"No option should be removed from the table," said Barak. "This is our policy. We mean it.

"It wouldn't take much time to clarify whether Iran is trying to keep defying the whole world, or is seriously ready to cooperate."

Gates met with Barak for roughly an hour before visiting with Prime Minister Benjamin Netanyahu in Jerusalem. Barak continued Israel's stronger threatening rhetoric while Gates said the U.S. would seek to convince Iranians that their security lies within a U.S.-led regional security blanket.

He stressed diplomacy and listed several approaches to induce Iranian cooperation, including economic sanctions.

"Another path, on the diplomatic and security side, is trying to persuade the Iranians that their own security interests are diminished by their policies, not enhanced," he said. "And that their security actually would — it would be better off without nuclear weapons, partly because [they] would be destabilizing, partly because [they] might set off an arms race in the Middle East."

On Friday, senior defense officials stressed that U.S. and Israeli intelligence estimates on Iran's progress for nuclear material was roughly the same.

The administration has put an offer of unconditional talks on the table for Tehran, and President Obama has said he wants a response by the end of September, with some Iranian action by the end of the year.

The Pentagon officials said they were confident Israel would not strike suspected Iranian targets within that window.

"The president is certainly anticipating or hoping for some kind of response this fall, perhaps by the time of the U.N. General Assembly," Gates said.

The secretary briefly waded into the peace process, with former Sen. George Mitchell in Israel to renew those efforts. Mitchell is a special envoy to the Middle East for Obama administration.

"I'm encouraged that all parties share the vision of two states, and further encouraged by special envoy Mitchell's efforts to bring everyone together," Gates said.

"While we know that forging a last peace will not be quick or easy, we also know that peace is in the interest of all countries in the region, that it is the only way that Israelis and Palestinians alike can enjoy the safety and security they deserve."

E-mail Kevin Baron at: baronk@stripes.osd.mil

Jim Watson/AP

U.S. Defense Secretary Robert Gates meets with his Israeli counterpart, Ehud Barak, at a Jerusalem hotel on Monday. Israeli Prime Minister Benjamin Netanyahu said Sunday he hopes to work out key policy disagreements with the U.S. during a series of meetings this week with American envoys.

Report: Israeli settler numbers at all-time high

By Aron Heller
The Associated Press

JERUSALEM — The number of Israeli settlers in the West Bank has grown to more than 300,000 people, an Israeli newspaper reported Monday, reflecting the challenge the U.S. faces as it presses Israel to stop building new homes in its settlements.

The report in the Haaretz daily came at a time of dispute between Israel and the American administration over settlement construction.

Quoting statistics compiled by the military, the Haaretz report said the number of West Bank settlers is currently at an all-time high of 304,569 — a 2.3 percent increase since January.

Military spokesman Maj. Guy Inbar would not comment on the report, which he said was based on a leaked document.

According to Israel's Central Bureau of Statistics, there were 289,600 West Bank settlers at the end of 2008.

The number of Israeli settlers has more than doubled since the mid-1990s in the West Bank, which is home to around 2.5 million Palestinians. Some 8,000 Israeli settlers in the Gaza Strip were pulled out by the Israeli government in 2005.

To help restart peace talks, the U.S. has been pressing Israel to halt all construction in settlements built on land claimed by the Palestinians for a future state. But Israel insists some construction must continue to allow "natural growth" in the settler population.

Rights group blasts Iran over arrests of lawyers

By Katarina Kratovac
The Associated Press

CAIRO — Iranian authorities are spreading fear by arresting prominent human rights lawyers to prevent them from representing protesters detained in the aftermath of the country's disputed presidential election, a leading international rights group said.

Human Rights Watch detailed several cases of arrests of lawyers in Iran and said others have been threatened and told not to talk to media — especially foreign outlets.

The New York-based group released the statement on the clampdown Sunday, a day after global protests backed by HRW and Amnesty International that urged Iran to end the crackdown on opposition activists and release those detained.

Joe Stork, deputy chief of HRW Mideast section, said Tehran seeks to "create an atmosphere of fear among all lawyers who agree to defend political prisoners."

"Many reform supporters arrested after the presidential elections have been denied access to their lawyers, and now they're finding the lawyers imprisoned with them," Stork said in the statement.

Since the June 12 vote, hundreds of thousands of Iranians have held protests denouncing the election as fraudulent until security forces launched a heavy crackdown, arresting hundreds and killing at least 20, according to police. Rights groups believe the number could be far greater.

Protests have also been held the world over in sympathy with the Iranian pro-opposition supporters, and Saturday saw rallies in 80 cities, including several in the United States.

Chiang Ying-ying/AP

Taiwanese President and ruling Nationalist Party Chairman candidate Ma Ying-jeou answers questions at a polling station on Sunday in Taipei, Taiwan. Chinese president Hu Jintao sent a telegram on Monday congratulating Ma on his election.

Taiwan, China exchange first direct messages in 60 years

By Debby Wu
The Associated Press

TAIPEI, Taiwan — The Taiwanese and Chinese presidents swapped messages Monday, the first such exchange since the two sides split amid civil war 60 years ago.

They did so in their capacity as ruling party leaders, rather than as heads of state, to skirt the disputed issue of Taiwan's sovereignty.

It was the latest sign in rapidly improving relations between the once bitter enemies. In the 14 months since Taiwanese President Ma Ying-jeou took power, those ties have morphed from mutual suspicion and antipathy to bilateral expressions of amity and understanding, amid thriving trade and investment.

According to a statement from Ma's Nationalist Party, Chinese President and Communist Party chief Hu Jintao sent a telegram to the Taiwanese leader congratulating him on his election Sunday as party chairman and told him he hopes his party can work with the Nationalists in the best interest of both sides.

"I hope both our parties can continue to promote peaceful development in cross-strait relations, and help bolster mutual trust between the two sides in political affairs," Hu's telegram said, according to the statement. China's state-owned Xinhua News Agency confirmed that Hu sent the note.

In return, Ma called for both sides to work toward peace.

"We should continue efforts to consolidate peace in the Taiwan Strait and rebuild regional stability," Ma said in his reply, according to the Nationalists.

It was the latest installment in the gradually warming ties between the Nationalists and Communists.

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Opposition leader in Myanmar honored

BY SHAWN POGATCHNIK
The Associated Press

DUBLIN — Myanmar's democracy leader, Aung San Suu Kyi, on Monday was named the recipient of Amnesty International's highest honor, the Ambassador of Conscience Award. The human rights watchdog said it hoped this would help protect her as she faces a potential prison sentence.

Suu Kyi

Amnesty Secretary General Irene Khan said the award was timed to coincide with the 20th anniversary of Suu Kyi's initial arrest on July 20, 1989, as she led a campaign to oust Myanmar's military dictators.

Suu Kyi's opposition party, the National League for Democracy, won national elections in 1990 but the military refused to relinquish power. She won the Nobel Peace Prize in 1991 but has been under house arrest for 14 of the past 20 years.

"In those long and often dark years, Aung San Suu Kyi has remained a symbol of hope, courage and the undying defense of human rights," Khan said.

Suu Kyi, 64, is on trial for allegedly harboring an American who swam out to her residence uninvited. The offense of violating house-arrest rules carries a potential five-year prison sentence, and foreign diplomats have been barred from key parts of her trial. Suu Kyi's supporters accuse Myanmar's junta of seeking to put her behind bars until after elections planned for 2010.

Former Czech President Vaclav Havel, a fellow Nobel recipient and the first winner of the Ambassador of Conscience Award in 2003, said foreign recognition probably has deterred Myanmar's rulers from imposing even harsher punishments on Suu Kyi.

"I know from my own experience that international attention can, to a certain extent, protect the unjustly persecuted from punishments that would otherwise be imposed. ... Goodness knows what would have happened if her fate had not been highlighted as it is again today," Havel said in a statement.

Irish band U2 was to publicly announcing Suu Kyi's award Monday night at a Dublin concert.

U2 — which won the top Amnesty honor in 2005 in recognition of singer Bono's humanitarian work — has been honoring Suu Kyi at each performance of the band's European tour.

KHIN MAUNG WIN/AP

Riot police guard a checkpoint on the main road to the notorious Insein prison, where the trial of Myanmar's pro-democracy leader Aung San Suu Kyi is ongoing north of Yangon, Myanmar, on Monday. The prosecution is scheduled to deliver its closing arguments.

Lawyers: Suu Kyi was never arrested

The Associated Press

YANGON, Myanmar — The trial of Myanmar democracy leader Aung San Suu Kyi was adjourned until Tuesday when her defense team will give their reply to final prosecution arguments, Suu Kyi's lawyer said.

The 64-year-old Nobel Peace Prize laureate is charged with violating the terms of her house arrest by harboring an uninvited American man who swam to her lakeside home and stayed for two days. She faces a possible five years in prison.

Suu Kyi's lawyer Nyan Win said he anticipated the verdict in two to three weeks.

The lawyer could not be reached for further clarification but it appeared the defense is trying to argue that because Suu Kyi was not under arrest, but rather detained for her own safety, she could not be punished for allegedly violating the detention order.

Tried on the same charges as Suu Kyi are Khin Khin Win and her daughter Win Ma Ma, who have long been Suu Kyi's companions during her house arrest.

Three found guilty in 2003 Mumbai bombings

MUMBAI, India — An Indian court on Monday found two Muslim men and a woman guilty in twin bombings that killed 52 people and wounded 100 in Mumbai.

Two taxis carrying explosives blew up within minutes of each other Aug. 25, 2003, at the Gateway of India, a popular tourist attraction on the waterfront, and at a busy shopping complex.

Ashrat Shafiq Mohammed Ansari, Syed Mohammed Haneef Abdul Rahim and his wife, Fahmeeda Syed Mohammed Haneef, were arrested under India's tough anti-terrorism law shortly after the attacks.

The charges against the three included murder, conspiracy to kill and damaging public property.

N. Korea says it's open to direct talks with U.S.

SEOUL, South Korea — North Korea suggested a new dialogue Monday to resolve tensions over its atomic weapons programs — an apparent invitation to the U.S. to engage in one-on-one talks after Pyongyang bolstered its negotiating power with missile tests.

The United States says it is willing to hold direct talks within the six-nation process if North Korea returns to the negotiating table and begins denuclearization.

On Monday, South Korea blacklisted five North Korean officials, four companies and a state agency in line with the U.N. sanctions.

Kyrgyz president claims re-election victory

BISHKEK, Kyrgyzstan — Election officials say President Kurmanbek Bakiyev has overwhelmingly won a second term, taking 76 percent of the vote in the Central Asian country.

The Central Election Commission said in a Monday announcement the main opposition candidate Almazbek Atambayev won just more than 8 percent.

Opposition parties have dismissed last week's presidential election as a fraud. The vote has also come under sharp international criticism.

From The Associated Press

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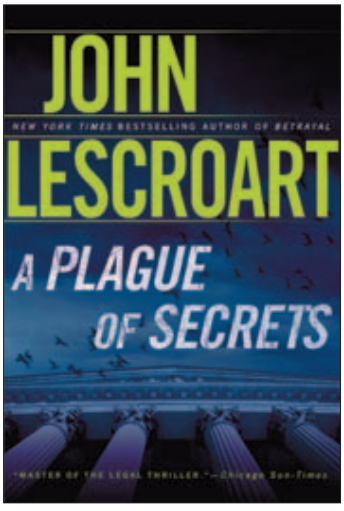

Stripes Book Club and Dutton, a member of Penguin Group (USA) Inc., are proud to offer you a chance to win a signed copy of John Lescroart's A PLAGUE OF SECRETS.

In a multiple murder case plagued by lies and deception, there is one terrible secret that defense attorney Dismas Hardy is duty-bound to protect. Even if the price is his client's life.

When Dylan Vogler, the charming manager of the popular Bay Beans West coffee shop in San Francisco's Haight-Ashbury district, is gunned down near the store, inspectors are shocked to discover that his knapsack is overflowing with high-grade marijuana. It soon becomes clear that San Francisco's A-list flocked to Bay Beans West for more than a pricy caffeine fix.

Maya Townshend is the absentee owner of the shop—and the beautiful and extremely wealthy socialite niece of the city's mayor. When she becomes Dismas Hardy's client, he thinks it will be a simple hand-holding exercise until the police identify a suspect. But then another of Maya's past acquaintances turns up murdered, and the newspapers begin to reveal the names of the coffee shop's celebrity, political, and even law-enforcement clientele. Hardy begins to question how much his client knew about what was actually going on inside her business—and whether she was also Vogler's lover.

Ambitious prosecutors close in on Maya with the help of Hardy's best friend, Detective Abe Glitzky, and, as her trial gets under way, Hardy discovers that his client harbors an explosive secret. A secret that Dismas Hardy is privilege-bound to protect.

Perceptive, fast-paced, and masterfully plotted, *A Plague of Secrets* represents John Lescroart working at the absolute top of his game.

Stars and Stripes is giving away 10 signed copies of "A PLAGUE OF SECRETS" to our lucky readers.
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IN THE STATES

Obama: U.S., China ties to shape globe

By Martin Crutsinger
The Associated Press

WASHINGTON — President Barack Obama, opening two days of high-level talks with China, said the discussions could lay the groundwork for a new era of "sustained cooperation, not confrontation" in a relationship likely to shape the 21st century.

Obama said that Washington and Beijing needed to forge closer ties to address a host of challenges from lifting the global economy out of a deep recession to nuclear proliferation and global climate change.

"I believe that we are poised to make steady progress on some of the most important issues of our times," the president told diplomats from both countries assembled in the vast hall of the Ronald Reagan Building.

Obama said he was under "no illusions that the United States and China will agree on every issue" but he said closer cooperation in important areas was critical for the world.

"The relationship between the United States and China will shape the 21st century, which makes it as important as any bilateral relationship in the world," Obama said.

The discussions in Washington represent the continuation of a dialogue begun by the Bush administration, which focused on economic tensions between the nations. Obama chose to expand talks to include foreign policy issues as well as economic disputes over trade and currency values.

Secretary of State Hillary Rodham Clinton, welcoming the Chinese, said the two nations were "laying brick by brick the foundation for a stronger relationship."

Haraz N. Ghanbari/AP

President Barack Obama meets with Chinese Vice Premier Wang Qishan, right, and Chinese State Councilor Dai Bingguo on Monday during the opening session of the first U.S.-China Strategic and Economic Dialogue in Washington.

Treasury Secretary Timothy Geithner and Vice Premier Wang Qishan, China's top economic policymaker, both spoke of hopeful signs that the global economy was beginning to emerge from its worst financial crisis since the Great Depression.

Geithner said that the so far successful efforts of the two economic superpowers to move quickly to deal with the downturns with massive stimulus programs marked a historic turning point in the relationship of the two nations.

'Tornado Alley' site for lab draws ire

The Washington Post

WASHINGTON — The Department of Homeland Security relied on a rushed, flawed study to justify its decision to locate a $700 million research facility for highly infectious pathogens in a tornado-prone section of Kansas, according to a government report.

The department's analysis was not "scientifically defensible" in concluding that it could safely handle dangerous animal diseases in Kansas — or any other location on the U.S. mainland, according to a Government Accountability Office draft report obtained by The Washington Post. The GAO said DHS greatly underestimated the chance of accidental release and major contamination from such research.

DHS staff members tried quietly last week to fend off a public airing of the facility's risks, agency correspondence shows. Department officials met privately with staff members of a congressional oversight subcommittee to try to convince them that the GAO report was unfair, and to urge them to forgo or postpone a hearing. But the House Energy and Commerce Committee's oversight and investigations subcommittee, chaired by Rep. Bart Stupak, D-Mich., decided otherwise. It plans to hold a hearing Thursday on the risk analysis, according to two sources briefed on the plans.

"They call it 'Tornado Alley' for a reason," said Michael Guiffre, an attorney for a Texas consortium that hoped to draw the facility to San Antonio. "This really boils down to politics at its very worst and public officials who are more concerned about erecting some gleaming new research building than thinking about what's best for the general public."

The DHS lab would replace and expand on a federal research facility on a remote island on the northern tip of Long Island, N.Y. Critics of moving the operation to the mainland argue that a release could lead to widespread contamination that could kill livestock, devastate a farm economy and endanger humans. Along with the highly contagious foot-and-mouth disease, NBAF researchers plan to study African swine fever, Japanese encephalitis, Rift Valley fever and other viruses.

Bernanke: Federal bailouts frustrating but needed

By Jeannine Aversa
The Associated Press

WASHINGTON — Federal Reserve Chairman Ben Bernanke said Sunday that he had to "hold my nose" over last year's taxpayer-financed bailouts of big financial companies but argued that the action had to be taken to avoid a major meltdown of the U.S. financial system and the broader economy.

Bernanke's comments came during a town-hall style meeting in Kansas City, Mo., where he was peppered with several questions about government decisions last year to rescue so-called "too big to fail companies" such as insurance giant American International Group, whose collapse would have wreaked havoc on the global economy.

A small-business owner complained to Bernanke that such actions were "hard to swallow," saying he felt like small businesses were being shortchanged.

"Nothing made me more frustrated, more angry, than having to intervene" when companies were "taking wild bets," Bernanke said. But not acting would have had grave consequences for the economy, he added.

"I was not going to be the Federal Reserve chairman who presided over the second Great Depression," he said. "I had to hold my nose. ... I'm as disgusted as you are. ... I absolutely understand your frustration."

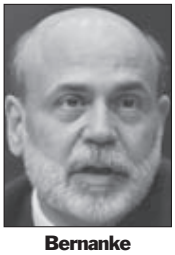
Public television's Jim Lehrer moderated the one-hour town hall meeting.

It will air this week in three installments on PBS' "The News Hour with Jim Lehrer."

At the height of the financial crisis last fall, Bernanke recalled spending nights on the sofa in his office. It was a "perfect storm," he said, where housing, credit and financial problems converged into a major crisis the likes of which haven't been seen since the 1930s.

To deal with the crisis, Bernanke said he sometimes had to do things "outside the box."

The financial crisis underscores the need for Congress to enact legislation that will create a government mechanism for safely unwinding big financial companies, along the lines of the process used by the Federal Deposit Insurance Corp. to handle failing banks, Bernanke said.



Bernanke

When asked about the Fed's diligence in protecting consumers, Bernanke acknowledged that "we were late in addressing the subprime lending problem," referring to the risky mortgages and dubious lending practices that powered the housing boom and contributed to its crash.

"We have to take some heat for that."

An Obama administration proposal would create a new consumer protection agency overseeing mortgage, credit cards and other financial products, stripping the Fed of some of its duties. Of setting up such a new agency, Bernanke seemed to soften his earlier stance, saying, "I'm neither opposed to it or in favor or it."

Asked about the president's $787 billion stimulus package of tax cuts and increased government spending, Bernanke said most of the money will flow in 2010 so "it might be a little bit early" to judge its effectiveness. Although big budget deficits couldn't be avoided this year and next, given government efforts to help the economy, Bernanke urged Congress to develop a plan now to bring back "fiscal sanity."

Bernanke repeated the Fed's forecast that unemployment will top 10 percent this year, even as the economy starts growing again. The jobless rate is now at a 26-year high of 9.5 percent. In a "few years" the economy will be back on track and "growing strong again," he said. "It will take some patience."

The Fed, he said, "has been putting the pedal to the metal" to turn the economy around.

Bernanke's appearance on the program is part of a broader campaign, unusual for a Fed chairman, to reach out to ordinary Americans.

In March, Bernanke granted a rare TV interview, appearing on CBS' "60 Minutes."

His efforts to explain the Fed's actions to get the economy and financial markets back on firm footing comes as the clock ticks on Bernanke's term as Fed chief.

Bernanke's term as Fed chief expires early next year, and President Barack Obama has not said whether he will be reappointed.

The Fed chief, who took the helm on February 2006, has been on the front lines of efforts to battle the financial crisis and end the recession, the longest since World War II.

His aggressive and unconventional actions — including supporting the bailout of AIG to the tune of more than $180 billion — have been credited with averting a financial catastrophe last year.

Exchange Rates

Military rates	
Japanese yen (July 28)	92.00
South Korean won (July 28)	1,215.00
Euro costs (July 28)	$1.4639
Dollar buys (July 28)	€ 0.6831
British pound (July 28)	$1.70
Commercial rates	
Bahrain (Dinar)	0.3770
British pound	$1.6493
Canada (Dollar)	1.0808
China (Yuan)	6.8323
Denmark (Krone)	5.2274
Egypt (Pound)	5.5630
Euro	$1.4251/0.7017
Hong Kong (Dollar)	7.7503
Hungary (Forint)	187.93
Israel (Shekel)	3.8139
Japan (Yen)	95.29
Kuwait (Dinar)	0.2871
Norway (Krone)	6.1821
Philippines (Peso)	47.94
Poland (Zloty)	2.93
Saudi Arabia (Riyal)	3.7503
Singapore (Dollar)	1.4402
South Korea (Won)	1,246.00
Switzerland (Franc)	1.0683
Thailand (Baht)	33.98
Turkey (New Lira)	1.4803

(Military exchange rates are those available to customers at military banking facilities in the country of issuance for Japan, South Korea, Germany, the Netherlands and the United Kingdom. For nonlocal currency exchange rates (i.e., purchasing British pounds in Germany), check with your local military banking facility. Commercial rates are interbank rates provided for reference when buying currency. All figures are foreign currencies to one dollar, except for the British pound, which is represented in dollars-to-pound, and the euro, which is dollars-to-euro.)

Precious Metals

New York Merc close	
Gold	$952.80
Silver	$13.870

Interest Rates

Prime rate	3.25
Discount rate	0.50
Federal funds market rate	0.00-0.25
3-month bill	0.18
30-year bond	4.54

Sources: Bank of America, The Associated Press

EDUCATION

Balancing act

With revenue down, districts are cutting teachers, expecting crowded rooms

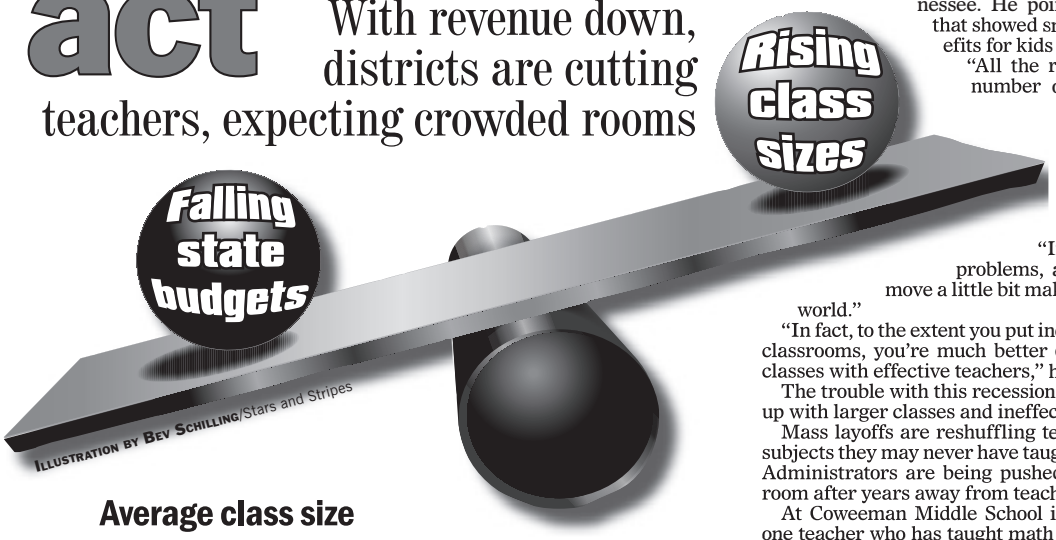


ILLUSTRATION BY BEV SCHILLING/Stars and Stripes

BY LIBBY QUAID
The Associated Press

WASHINGTON — Like a seesaw on the school playground, falling state budgets are pushing class sizes higher.

The recession is forcing districts to lay off teachers even as the economic stimulus pumps billions of dollars into schools. As a result, classrooms across the country will be more crowded when school starts in the fall.

Patti Hathorn, a fifth-grade teacher in rural Pinson, Ala., is expecting 29 or 30 students, making it the biggest class she's taught. Many of her students at Kermit Johnson Elementary are learning English or are in special education.

"You may have a child that needs you, that needs that adult figure, to spend the extra five minutes with them. If you have five or six extra kids, that five minutes is gone," Hathorn said.

It's the same story in small communities such as Pinson and Wapakoneta, Ohio, and urban areas including Los Angeles and Broward County, Fla. In many places, classes will have well over 30 kids.

There is no official data on class sizes for the upcoming year; many states and districts have not finalized their budgets. A survey this year by the American Association of School Administrators found that 44 percent of school districts expected to increase class size.

Educators and parents worry the larger classes will keep kids from learning.

"The issue is how this affects kids and what price this generation is going to have to pay," said John White, principal of Mulholland Middle School in Los Angeles, where the district has laid off more than 2,000 teachers.

Classes in Los Angeles are expected to grow by two kids in fourth through 12th grades. Middle school classes will have 35 kids on average; juniors and seniors will have about 43 kids in each class. Kindergarten through third-grade classes will rise by four kids to 24.

Very large classes can keep teachers from teaching because their time is spent keeping order. Crowded classrooms also increase the chance that struggling students may fall through the cracks.

"I certainly won't say there's a magic number because it depends on the nature of the student group," said Jeremy Finn, education professor at University at Buffalo-SUNY. "But in the elementary grades especially, there's a certain point at which teachers can't do what they were trained to do."

Just as there's a downside to bigger classes, there's an upside to smaller ones, he said.

Research has shown that younger children, those in kindergarten through third grade, perform and behave better in smaller classes. Benefits are strongest for minority and poor children, Finn said.

There is evidence that being in small classes early on improves a student's chance of graduating from high school or taking the SAT or ACT college entrance exams.

Most often cited is a large-scale, four-year study of smaller class sizes in Tennessee in the 1980s. The study found that by eighth grade, children who had smaller classes in kindergarten through third grade had substantial advantages in all subjects over their peers who had been in larger classes.

Researcher Eric Hanushek called it "kind of silly" that advocates still rely on 20-year-old data from Tennessee. He pointed to other studies that showed small to negligible benefits for kids in small classes.

"All the research suggests the number of kids is much less important than who is teaching the class," said Hanushek, a senior fellow at Stanford University's Hoover Institution. "In the face of budget problems, allowing class size to move a little bit makes all the sense in the world."

"In fact, to the extent you put ineffective teachers into classrooms, you're much better off by keeping larger classes with effective teachers," he said.

The trouble with this recession is that kids may wind up with larger classes and ineffective teachers.

Mass layoffs are reshuffling teachers into grades or subjects they may never have taught, or taught long ago. Administrators are being pushed back into the classroom after years away from teaching.

At Coweeman Middle School in rural Kelso, Wash., one teacher who has taught math for 30 years has been reassigned to special education, principal Randy Heath said. In fact, every teacher who is endorsed to teach special education is being switched to those classes, regardless of whether he or she actually has taught it, he said.

"We're being forced to make decisions that we know are not good for kids," Heath said.

Money from the economic stimulus has reduced the number of teacher layoffs, but job losses are still widespread. Although the stimulus provided an unprecedented $100 billion for education, that's not enough to cover state and local budget shortfalls.

The stimulus boosted federal spending and helped restore cuts in state budgets, sources that together provide about 56 percent of school dollars. It did not make up for local tax revenues, which give schools the rest of their money.

Local revenues have been socked by the recession and may dip even lower because property assessments tend to lag behind a recession.

"It's a little hard to tell whether this upcoming school year or the one after is going to be more difficult," said Mike Casserly, executive director of the Council of the Great City Schools, a coalition of the biggest urban public school systems.

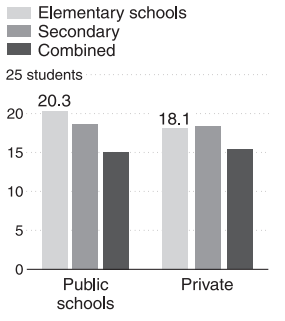
This school year, Cheryl James of Sacramento, Calif., plans to volunteer in her 12-year-old son's school to help teachers facing bigger class sizes at his middle school.

James expects his classes to get bigger because of teacher layoffs and retirements, but she doesn't yet know by how much.

"If you have more people in the room — trying to get their hand up, trying to get their question answered, trying to get someone to stop kicking the back of their chair — there are going to be more problems," James said.

Average class size

A recent federal report found the average class size for public elementary schools in 2007-08 is about 20 students.



SOURCE: U.S. Department of Education; National Center for Education Statistics; Schools and Staffing Survey AP

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Wired World EACH THURSDAY

Weekly tech talk goes the distance to bring you the latest updates from military-specific to government, business and the computer industry.

FACES

'Blame It' ON THE ROAD

Multitalented Foxx prepares to start concert tour

Jamie Foxx phoned promptly at 6 a.m.

That's not a typo.

"I've been up about an hour," he said. "But I went to sleep at, like, 7."

Obviously, he hadn't performed a concert the night before. But he is taking his Blame It Tour on a 50-city trek to prove that the Oscar-winning actor, comedian and radio host ("The Foxxhole" on Sirius XM) is serious about his music career.

The classically trained pianist, 41, promises that the concert will feature music from his two bestselling albums (2005's "Unpredictable" and last year's "Intuition"), tributes to Michael Jackson and George Strait (Foxx loved country growing up in Texas), and, yes, some comedy and impressions (President Barack Obama, Ray Charles).

You are famous for playing or mimicking other people in the movies and on TV. How did you go about finding your own singing voice?

I've been fortunate to have fun songs. I've been fortunate to run into Kanye West, a brilliant, brilliant musician who came to one of my house parties and put me on "Slow Jamz," which is a fun song. Then we went from that to "Gold Digger," which is a fun song, "Unpredictable," a fun song. And then you have "Blame It," a fun song. That is basically my voice, because the world always needs a fun song.

"Blame It" spent a record 14 weeks at No. 1 on the R&B charts this spring and went to No. 2 on the pop list. Why was it so big?

It's a combination of things. Where we are in music today with the Auto-Tune (a computer program that manipulates a singer's voice), I think we captured the Auto-Tune the best in a long while — since T-Pain. And then having T-Pain on the song. Then the song says something that people have said throughout the years, "Man, I think I had one too many." And then Ron Howard being in the video made it a pop song. Then the next thing you know, it caught fire.

You're trying to establish your credibility as a bona fide singer, yet you used Auto-Tune, which is known for compensating for wannabes who really can't sing. Did you have second thoughts about using Auto-Tune?

Yeah, I did. It's not real music. But my music guy, Breyon Prescott, said, "If you don't do it, your R&B album will be in the grocery store in that little bin with the nail clippers and the flip-flops."

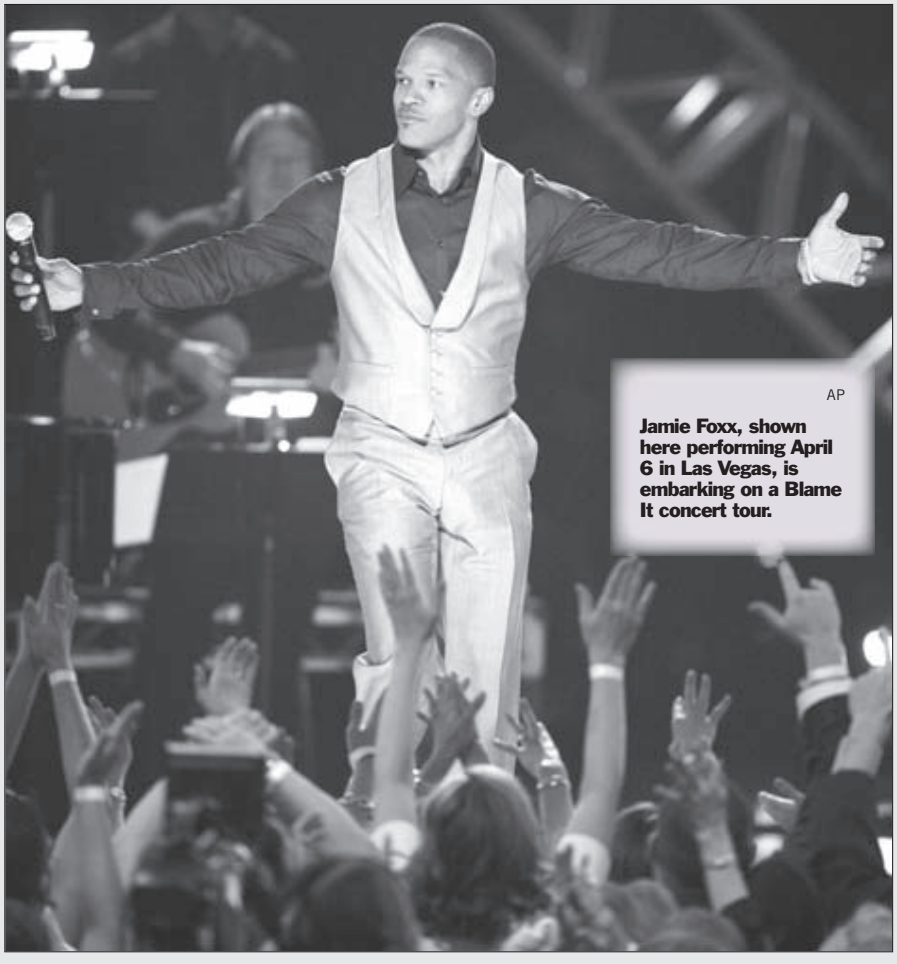
You were a terrific coach on "American Idol." What advice would you give to yourself on how to get the world to take you seriously as a singer?

My advice to myself is go out to these 50 cities and get on a bus and do it how real musicians do it. And then bring people along. I got "Blame It," but I want people to hear me sing. And you have to keep dropping albums and great songs.

What are your film plans?

Just finished "Law Abiding Citizen," and I'm going to start on this movie called "Skank Robbers" with Martin Lawrence, where we rebirth our woman characters, Sha Na Na (from TV's "Martin") and Wanda (from TV's "In Living Colour"). That'll be out in fall 2010.

— Jon Bream/Star Tribune (Minneapolis)



AP

Jamie Foxx, shown here performing April 6 in Las Vegas, is embarking on a Blame It concert tour.

AP

FOX WON'T BE A BOND BABE

Brit tab the Daily Star printed claims last week that "Transformers" star Megan Fox had turned down a role as a Bond girl because she didn't want to be just another hot body. But Entertainment Weekly reported Fox's rep later denied the actress had been offered a role.

— Philadelphia Inquirer

BILLY RAY KNOWS BEST?

NBC file

For Miley Cyrus, daddy knows best when it comes to her looks. According to Wireless Flash, the teen says dad Billy Ray Cyrus has prohibited her from altering her looks, including straightening her much-talked-about teeth. Dad also won't let Miley cut her hair.

Harry Potter loses top spot to guinea pigs

An elite squad of guinea pigs has worked its own brand of magic at the box office, taking the No. 1 spot from boy wizard Harry Potter.

The 3-D "G-Force" was the top movie at the box office over the weekend, opening with $32.2 million, according to studio estimates Sunday.

The Walt Disney release from producer Jerry Bruckheimer, with its mixture of live action and computer-generated animation, is a "Mission: Impossible"-style adventure. It features voiceover work from Nicolas Cage, Sam Rockwell, Tracy Morgan and Penelope Cruz as resourceful rodents.

Last week's No. 1 film, "Harry Potter and the Half-Blood Prince," came in a close second with an estimated $30 million. That's a whopping 61-percent drop from its huge opening last weekend of $79.5 million.

Coming in third was another of the week's wide releases, the battle-of-the-sexes romantic comedy "The Ugly Truth," which had a $27 million opening.

The sixth installment in the Harry Potter franchise has now made $222 million total, which is $14 million ahead of where part five, "Harry Potter and the Order of the Phoenix," was after 12 days in theaters in 2007.

And this week, "Half-Blood Prince" will start showing on 166 IMAX screens, which the last "Harry Potter" movie did from the start.

With $27 million, "The Ugly Truth" performed at the high end of Sony Pictures' expectations, said head of distribution Rory Bruer.

"The chemistry between Katherine Heigl and Gerard Butler is a blast. It's really a lot of fun, everything we'd hoped it would be," Bruer said.

Also opening nationwide this weekend was another Warner Bros. release, the horror movie "Orphan," about a couple who adopts a little girl who's not nearly as sweet as she seems. It came in fourth place with $12.8 million.

On the other end of the cinematic spectrum, the dominant movie of the summer, "Transformers: Revenge of the Fallen," is now the 10th-highest grossing film of all time with just over $379 million.

— The Associated Press

N.Y. police investigate wrong-way crashes

FRANK BECERRA JR., THE (WHITE PLAINS, N.Y.) JOURNAL NEWS/AP

New York state troopers investigate the scene of an accident Sunday in Hawthorne, N.Y. A family's van going in the wrong direction crashed into two cars on a suburban parkway, killing eight people.

BY JIM FITZGERALD
The Associated Press

BRIARCLIFF MANOR, N.Y. — Authorities are trying to determine how a woman driving a minivan carrying two of her children and three young nieces got onto a suburban parkway heading in the wrong direction, leading to a fiery crash that killed eight people and left a 5-year-old boy severely injured.

Authorities said Monday the victims include the 36-year-old minivan driver, Diane Schuller of West Babylon, Long Island, and her 2-year-old daughter, Erin. Also killed were Erin's cousins: 9-year-old Emma Hance, 7-year-old Alison Hance and 5-year-old Kate Hance.

The other victims in the Briarcliff Manor crash were from Yonkers.

They were driver Guy Bastardi; his father, 81-year-old Michael Bastardi; and 74-year-old Daniel Longo.

Police also are investigating how a driver in an earlier accident also ended up on the road going against traffic.

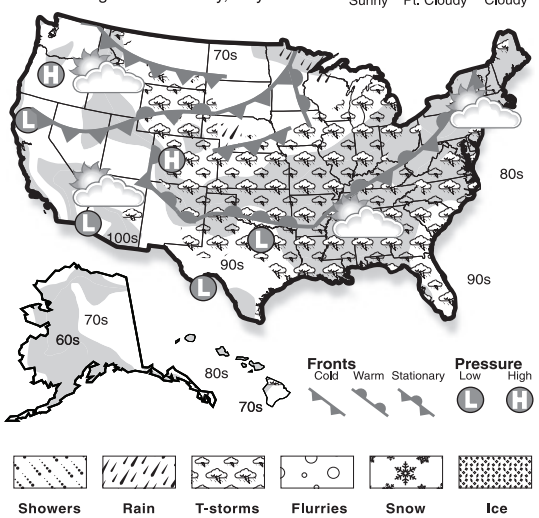
The crashes on the parkway north of New York City happened 20 miles apart.

The minivan involved in the fatal crash was traveling south in the northbound lanes when it hit an SUV and then careened into a third vehicle, said state police Investigator Joseph Becerra. The minivan rolled down an embankment and burst into flames.

A witness to the fatal crash, Katrina Papha, who was traveling north on the parkway to a family barbecue, said she saw the accident in her rearview mirror.

"One car goes this way, one goes that way, up in the air, both of them," she said. "I was crying and screaming."

WEATHER OUTLOOK



Active Weather Kicks Up In Central And Eastern US.

A cold front from the North will sweep through the Central US, instigating showers and thunderstorms from the Upper Great Lakes through the Central High Plains. A stalled front along the East Coast will also produce active weather across the East.

Weather Underground • AP

Monday's global temperatures

City	Hi	Lo	Weather
Amsterdam	75	55	rn
Athens	91	75	clr
Auckland	53	39	clr
Baghdad	107	82	clr
Basra	115	88	clr
Bahrain	102	91	clr
Bangkok	91	77	rn
Barbados	87	79	rn
Barcelona	83	70	clr
Beijing	87	68	clr
Beirut	90	77	clr
Belgrade	79	57	clr
Berlin	71	51	pc
Bermuda	85	80	pc
Bogota	62	51	pc
Brasilia	83	56	clr
Brisbane	69	51	pc
Brussels	76	52	clr
Bucharest	83	66	rn
Budapest	77	55	clr
Buenos Aires	55	37	clr
Cairo	99	77	clr
Calgary	75	61	rn
Caracas	91	73	clr
Colombo	86	80	rn
Copenhagen	69	57	pc
Dhahran	113	84	clr
Dhaka	92	84	cdy
Dili	88	69	clr
Dubai	105	93	clr
Dublin	65	55	rn
Frankfurt	76	53	pc
Geneva	79	52	pc
Guatemala	71	64	rn
Hanoi	93	78	cdy
Harare	64	41	cdy
Havana	93	73	rn
Helsinki	71	55	clr
Hong Kong	90	80	rn
Islamabad	104	84	clr
Istanbul	86	74	pc
Jakarta	86	75	rn
Jerusalem	92	73	pc
Johannesburg	58	34	clr
Kabul	98	66	clr
Kiev	72	59	rn
Kuala Lumpur	89	73	rn
Kuwait	113	84	clr
La Paz	52	28	sn
Lima	65	60	rn
Lisbon	89	62	clr
London	72	56	rn
Madrid	102	64	clr
Managua	89	75	pc
Manila	86	75	rn
Mecca	115	89	clr
Melbourne	59	42	pc
Mexico City	77	55	rn
Montevideo	51	35	pc
Montreal	73	60	rn
Moscow	78	59	pc
Nairobi	76	50	pc
Nassau	93	76	pc
New Delhi	100	84	pc
Nice	80	72	clr
Osaka	89	77	rn
Oslo	66	54	rn
Panama	86	78	rn
Paris	78	57	pc
Perth	60	35	pc
Prague	70	51	pc
Rio de Janeiro	75	66	pc
Rome	91	69	clr
San Jose	86	67	rn
San Juan	91	79	rn
San Salvador	87	69	pc
Santiago	64	29	clr
Sao Paulo	70	57	rn
Sapporo	77	67	rn
Seoul	84	66	pc
Singapore	88	77	rn
Sofia	82	65	pc
Stockholm	66	57	rn
Sydney	59	46	rn
Taipei	95	80	pc
Tegucigalpa	80	67	pc
Tehran	100	78	clr
Tel Aviv	92	73	pc
Tokyo	87	77	clr
Turin	82	59	clr
Toronto	72	61	rn
Tunis	92	75	clr
Valletta	95	75	clr
Vancouver	79	66	rn
Vienna	75	59	clr
Warsaw	66	55	rn
Zurich	75	47	clr

WEDNESDAY'S FORECAST

Air Force Weather/www.afweather.af.mil

Monday's U.S. temperatures

City	Hi	Lo	Precip	Weather
Abilene, Tex.	98	77	cdy	
Akron, Ohio	80	59	cdy	
Albany, N.Y.	80	68	cdy	
Albuquerque	93	65	.05	cdy
Allentown, Pa.	83	64	.12	cdy
Amarillo	89	67	.15	cdy
Anchorage	61	56	rn	
Asheville	84	62	rn	
Atlanta	92	72	cdy	
Atlantic City	88	74	rn	
Austin	103	76	cdy	
Baltimore	90	71	.12	cdy
Baton Rouge	93	73	.06	rn
Billings	94	64	cdy	
Birmingham	90	70	.01	cdy
Bismarck	89	63	cdy	
Boise	96	67	clr	
Boston	86	72	cdy	
Bridgeport	82	70	.15	cdy
Brownsville	98	78	clr	
Buffalo	77	65	.01	cdy
Burlington, Vt.	84	69	rn	
Caribou, Maine	70	63	.20	rn
Casper	86	53	.06	rn
Charleston, S.C.	92	77	cdy	
Charleston, W.Va.	79	64	.04	cdy
Charlotte, N.C.	95	69	.01	cdy
Chattanooga	94	72	cdy	
Cheyenne	82	54	rn	
Chicago	82	64	cdy	
Cincinnati	82	58	clr	
Cleveland	81	62	cdy	
Colorado Springs	77	54	.21	cdy
Columbia, S.C.	95	75	cdy	
Columbus, Ga.	93	71	cdy	
Columbus, Ohio	82	61	cdy	
Concord, N.H.	82	68	.22	cdy
Corpus Christi	99	78	clr	
Dallas-Ft Worth	100	78	.01	rn
Dayton	80	61	cdy	
Daytona Beach	89	73	.65	rn
Denver	80	59	.01	cdy
Des Moines	84	63	cdy	
Detroit	79	59	cdy	
Duluth	80	56	.01	cdy
El Paso	103	81	.01	cdy
Elkins	74	56	.74	cdy
Erie	77	63	.70	cdy
Eugene	94	62	clr	
Evansville	85	63	cdy	
Fairbanks	79	61	cdy	
Fargo	87	62	cdy	
Flagstaff	82	55	.01	cdy
Flint	75	55	.08	cdy
Fort Smith	94	71	cdy	
Fort Wayne	80	60	.32	cdy
Fresno	104	74	clr	
Goodland	89	61	cdy	
Grand Junction	88	59	cdy	
Grand Rapids	75	58	cdy	
Great Falls	91	59	.62	rn
Green Bay	78	55	.11	cdy
Greensboro, N.C.	94	71	.22	rn
Harrisburg	84	68	.10	cdy
Hartford Spgfld	84	70	.10	cdy
Helena	88	59	1.04	rn
Honolulu	89	78	.01	cdy
Houston	97	78	cdy	
Huntsville	89	72	cdy	
Indianapolis	81	62	cdy	
Jackson, Miss.	85	70	.32	cdy
Jacksonville	92	73	cdy	
Juneau	69	57	cdy	
Kansas City	85	61	cdy	
Key West	93	83	.03	cdy
Knoxville	85	68	.09	cdy
Lake Charles	91	75	.35	rn
Lansing	75	58	cdy	
Las Vegas	106	89	cdy	
Lexington	82	63	cdy	
Lincoln	87	63	cdy	
Little Rock	92	68	.02	cdy
Los Angeles	86	66	clr	
Louisville	84	65	cdy	
Lubbock	89	70	.05	cdy
Macon	96	70	.49	cdy
Madison	80	60	cdy	
Medford	103	66	clr	
Memphis	86	71	.01	cdy
Miami Beach	91	76	.78	rn
Midland-Odessa	93	73	cdy	
Milwaukee	81	66	cdy	
Mpls-St Paul	85	68	cdy	
Missoula	86	58	.03	cdy
Mobile	93	70	rn	
Montgomery	93	70	.06	cdy
Nashville	85	67	cdy	
New Orleans	93	73	.21	rn
New York City	84	68	1.30	cdy
Newark	87	69	1.02	cdy
Norfolk, Va.	95	75	rn	
North Platte	89	59	cdy	
Oklahoma City	88	78	.01	rn
Omaha	84	65	cdy	
Orlando	91	72	.25	rn
Paducah	86	65	cdy	
Pendleton	92	62	clr	
Peoria	80	62	cdy	
Philadelphia	91	73	.01	cdy
Phoenix	110	94	clr	
Pittsburgh	80	63	.47	cdy
Pocatello	94	52	cdy	
Portland, Maine	72	66	.16	cdy
Portland, Ore.	93	69	clr	
Providence	82	71	.02	cdy
Pueblo	83	56	.35	cdy
Raleigh-Durham	99	74	.06	cdy
Rapid City	94	64	cdy	
Reno	100	67	clr	
Richmond	97	69	.86	rn
Roanoke	82	67	.35	cdy
Rochester	79	62	.04	cdy
Rockford	81	59	cdy	
Sacramento	101	63	clr	
St Louis	85	67	clr	
St Petersburg	89	76	.04	rn
St Thomas	89	79	.07	cdy
Salem,Ore.	93	71	clr	
Salt Lake City	95	71	clr	
San Angelo	99	79	cdy	
San Antonio	102	79	cdy	
San Diego	77	69	cdy	
San Francisco	72	52	cdy	
San Jose	85	58	cdy	
San Juan, P.R.	91	78	.03	cdy
Santa Fe	90	58	.35	cdy
St Ste Marie	69	58	.09	cdy
Savannah	92	75	.08	cdy
Seattle	89	67	clr	
Shreveport	84	76	.41	rn
Sioux City	84	64	cdy	
Sioux Falls	83	68	cdy	
South Bend	79	62	cdy	
Spokane	83	64	.03	clr
Springfield,Ill.	82	61	cdy	
Springfield, Mo.	85	67	cdy	
Syracuse	83	65	.17	cdy
Tallahassee	93	71	.58	rn
Tampa	87	75	1.38	rn
Toledo	82	58	cdy	
Topeka	87	62	cdy	
Tucson	103	81	clr	
Tulsa	94	71	cdy	
Tupelo	84	70	.07	cdy
Waco	103	82	rn	
Washington, D.C.	91	72	cdy	
W.Palm Beach	90	75	.01	rn
Wichita	91	70	cdy	
Wichita Falls	98	72	.01	rn
Wilkes-Barre	79	62	cdy	
Wilmington, Del.	88	71	.21	cdy
Yakima	94	63	clr	
Youngstown	82	60	cdy	

National temperature extremes
High: Sun. 122, Death Valley, Calif.
Low: Mon. 38, Lake Yellowstone, Wyo.

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LETTERS TO THE EDITOR/OPINION

Fox must fire military analyst

I've been reading with great interest the recent letters regarding Fox News Channel programming and American Forces Network. While I agree with the letter writers accusing Fox of having a significant conservative slant, I also agree with those arguing that Fox appeals to a large number of servicemembers and AFN is providing a service to the troops by broadcasting Fox programs.

As someone with slightly left-of-center political views, I was content in finding something to better occupy my time whenever Fox programming aired because, while neither fair nor balanced, Fox News crossed no significant line in regard to rational sensibility. That was until July 19. On that day, Fox program "America's News Headquarters" hosted retired Army Lt. Col. (and "strategic analyst") Ralph Peters. Peters and the host were discussing the recent video of captured Pfc. Bowe Bergdahl. Immediately after stressing the importance of not making judgments until "all the facts are in," Peters labeled Bergdahl "an apparent deserter." While discussing the possibility of his release, Peters seemed to imply that Bergdahl's captors simply execute him, stating that the Taliban "could save us a lot of legal hassles and legal bills."

To date, neither Fox nor Peters have made any attempts at an apology for his calling on the enemy to execute an American servicemember. That Bill O'Reilly, Glenn Beck or Sean Hannity, who habitually criticize the left for perceived slights to the military, have not rebuked Peters for his inflammatory statements shows the extent of their so-called "patriotism."

I call on every servicemember who is outraged by these statements to boycott Fox News and its sponsors until Fox dismisses Peters, and issues a public apology as well as a private letter of apology to Bergdahl's family. I also request AFN officials re-evaluate their programming choices to possibly exclude Fox News until an apology is aired.

Senior Airman Casey Leavings
Yokota Air Base, Japan

Tell us what you think

Stars and Stripes welcomes your comments on editorials and columns that are published in the newspaper, and values letters on topics of importance in the lives of our readers. All letters must be signed, and must include the writer's address or base and telephone number. Please limit all letters to 300 words. We reserve the right to edit letters for length, taste and clarity.

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Palin labeled, but who's true narcissist?

BY JACK KELLY

In his hit piece on Sarah Palin for Vanity Fair, Todd Purdum wrote:

"More than once in my travels in Alaska, people brought up, without prompting, the question of Palin's extravagant self regard. Several told me, independently of one another, that they had consulted the definition of 'narcissistic personality disorder' in the Diagnostic and Statistical Manual of Mental Disorders — 'a pervasive pattern of grandiosity (in fantasy or behavior), need for admiration and lack of empathy' — and thought it fit her perfectly."

Bill Clinton last year described Purdum as "sleazy," "slimy" and a "scumbag," despite the fact that Purdum is married to his former press secretary, Dee Dee Myers. I suspect the anonymous Alaskans are a product of Purdum's imagination. But because he has Gone There, I now feel free to write something I've thought about a lot, but have hesitated to put into print.

A person who wrote two autobiographies before he was 45 is no piker when it comes to extravagant self-regard.

Virtually all politicians exhibit some narcissistic traits. But columnist Charles Krauthammer, a psychiatrist, asked last year: "Has there ever been a presidential nominee with a wider gap between his estimation of himself and the sum total of his achievements?"

"Barack Obama appears to be a narcissist," wrote Shmuel (Sam) Vaknin, a psychologist who's written two books on narcissism, in July 2008. "Narcissistic leaders are nefarious and their effects pernicious. They are subtle, refined, socially adept, manipulative, possessed of thespian skills, and convincing. [They] lack empathy and are ruthless and relentless."

Only after lengthy tests and personal interviews can a qualified mental health professional determine whether someone suffers from narcissistic personality disorder, Vaknin acknowledged. But for his article in American Chronicle, Vaknin constructed the kind of psychological profile the CIA commissions on foreign leaders.

If Barack Obama is a narcissist, it's not his fault. "Pathological narcissism is a reaction to prolonged abuse and trauma in early childhood or early adolescence," Vaknin wrote.

Barack Obama's father deserted him at age 2. He was a product of a racially mixed marriage, which can be stressful even when the marriage is stable. His mother carted him off to Indonesia (and another culture) at an early age, and then divorced his stepfather. She shipped him off at age 10 to live with his grandparents in Hawaii.

"Narcissism is a defense mechanism whose role is to deflect hurt and trauma from the victim's 'True Self' into a 'False Self' which is omnipotent, invulnerable and omniscient," Vaknin wrote.

Among the narcissistic traits Vaknin observed in Obama are:

- He subtly misrepresents facts and expediently and opportunistically shifts positions.
- He ignores data that conflict with his fantasy world.
- He feels that he is above the law.
- He craves to be the exclusive center of attention.
- He has a messianic-cosmic vision of himself.

If Obama is a narcissist, it would explain otherwise odd things, such as his notion that an iPod loaded with his speeches is an appropriate gift for the queen of England, and his frequent references to himself in virtually all of those speeches.

President Obama is constantly in campaign mode, which, Vaknin said, is another sign of narcissism: "The narcissistic leader prefers the sparkle and glamour of well-orchestrated illusions to the tedium and method of real accomplishments."

Obama is experiencing the first rough patch of his presidency. After six months, his job approval rating is 10th among the 12 postwar presidents, according to Gallup.

Obama's signature issues are foundering even in a heavily Democratic Congress, as moderate lawmakers fret about their cost. Obama has responded by lashing out at critics rather than by seeking compromise.

Narcissists overreact to criticism, and can quickly fall into a rage if their plans are frustrated, Vaknin said.

So what happens if the cheering stops?

"Narcissistic injury inevitably leads to narcissistic rage and to a terrifying display of unbridled aggression," Vaknin said.

Jack Kelly is the national affairs writer for the Pittsburgh Post-Gazette and the Toledo (Ohio) Blade. A former Marine and Green Beret, he was a deputy assistant secretary of the Air Force in the Reagan administration. His column appears regularly in Stars and Stripes.

If Obama is a narcissist, it would explain otherwise odd things, such as his notion that an iPod loaded with his speeches is an appropriate gift for the queen of England.

Doonesbury

BY GARRY TRUDEAU

OPINION

Iranian people can progress without West

BY FAREED ZAKARIA

What is happening in Iran? On the surface, the country has returned to normality. Demonstrations have become infrequent and have been quickly dispersed.

But underneath the calm, there is intense activity and the beginnings of a political opposition. In the past week, Mir Hossein Mousavi, the candidate who officially lost last month's presidential election, has announced his intention to create a "large-scale social movement" to oppose the government and press for a more open political system. Mohammad Khatami, the reformist former president, has called for a referendum on the government. Another powerful former president, Ali Akbar Hashemi Rafsanjani, has criticized the regime's handling of the election and post-election "crisis."

All three have demanded the release of politicians and journalists imprisoned over the past month and held without charges. (Those prisoners include Maziar Bahari, Newsweek's Tehran correspondent, who is a Canadian citizen, and an internationally recognized documentary filmmaker.) These are not dissidents in the wilderness. Between them, the three men have been at the pinnacle of power for most of the Islamic Republic's existence.

More striking has been the revolt of the clerics. Iran has only a score or so grand ayatollahs, the highest rank in the Shiite clerical order. Few have publicly supported President Mahmoud Ahmadinejad. At the same time, according to the indispensable Tehran Bureau Web site, six grand ayatollahs have publicly criticized the regime. Last week, one of them issued a fatwa (a religious ruling) declaring that it was appropriate to boycott Ahmadinejad's inauguration as president. He also directly criticized the country's supreme leader, Ayatollah Ali Khamenei.

The clerics' actions highlight a shift in power in Iran away from the religious establishment and toward the military. Ahmadinejad represents this change, being a layman, a veteran of the Iran-Iraq War and a man with close ties to the Revolutionary Guards, the parallel military created by Ayatollah Ruhollah Khomeini because he distrusted the shah's officer corps. While in office, Ahmadinejad has directed state funds away from the religious foundations dominated by clerics and toward the military and the Guards.

The tilt from mullahs to the military has been somewhat obscured by the role that Khamenei has played as part of both camps. He is, of course, a cleric, but he has always been close to the Revolutionary Guards and cultivated their support. Ahmadinejad, however, is clearly not of the clerical establishment. He has even defied Khamenei, his key backer, by initially refusing to withdraw his choice for first vice president despite the supreme leader's objections. While it is difficult to know exactly what the dispute between Khamenei and Ahmadinejad reflects, it is surely a sign of an increasingly divided ruling elite.

The hyperbole in America and Israel about apocalyptic mullahs with nukes missed the big story in Iran, which was that the mullahs were not apocalyptic, and they were fading in influence anyway. One might have said that the Islamic Republic of Iran is losing its distinct religious basis of power and becoming another Middle Eastern dictatorship — except that it now hosts an opposition movement that does not seem ready to quiet down.

ANJUM NAVEED/AP

An Iranian protester waves his national flag during a rally to protest against the crackdown on the opposition in the country on Saturday in Islamabad, Pakistan. Protesters across the world called on Iran to end its clampdown on opposition activists, demanding the release of hundreds rounded up amid demonstrations against the country's disputed election.

What does this turmoil mean for Washington and the world's dealings with Iran? Obviously it makes negotiating with Tehran close to impossible right now. Any talks with Ahmadinejad would confer legitimacy on a regime that has lost it at home. And any gains agreed to in talks with a regime that is searching tactically for legitimacy might well prove to be temporary.

The best strategy is to do nothing. Secretary of State Hillary Rodham Clinton implied as much when she put off the question of negotiating with Iran. In fact, the ball is in Tehran's court anyway. In April, the West presented Iran with an offer of talks that is serious and generous. Let Khamenei and Ahmadinejad figure out how to respond, as they keep claiming they will. The West faces constraints, but Iran's leaders face many more.

Some argue that this allows Iran to inch closer to a bomb. But the best way to blunt that threat — which is still not imminent — has always been deterrence and containment, a policy that worked against Stalin and Mao and works against North Korea, a far more unstable and bizarre regime. Again, Clinton correctly outlined such a policy last week. (On being offered a nuclear umbrella, Israel criticized the United States, which is a sign of the current Israeli government's poor relations with Washington.)

Time is not on the current Iranian regime's side. Amid all this confusion, we have a clear answer to a crucial puzzle. We always wondered, are there moderates in Iran? Yes, it turns out — millions of them.

Fareed Zakaria is Newsweek international editor. This column first appeared in The Washington Post.

Police officers aren't thugs or dolts – they're brave

BY JOHN M. CRISP
Scripps Howard News Service

As my students confront that most daunting of writing tasks — thinking of something to say — I discourage their easy reliance on recurrent but worn-out writing-class topics like abortion, gun control and TV violence. Instead I urge them to observe the world around them to see what they have to say about it.

When they do, surprisingly often they complain about having been harassed by police officers, for no apparent reason, as they drive around the city, minding their own business. Of course, they may have been cruising the city at 3 a.m. and, yes, perhaps they were going a little faster than the speed limit and, OK, maybe they'd had a little to drink.

But the level of their antipathy toward the cop on the beat is occasionally eye-opening, and often, as they tell their stories, the "victims" of harassment find solid encouragement from other class members.

I'm not sure why I'm surprised by this. After all, I came of age during a period — the '60s — when police officers didn't always enjoy the best of reputations or much public respect.

In those days, their public persona was often expressed in one of two ways: often they were pictured as the "the fuzz" and "the Man." Sometimes they were called "pigs," uniformed, tough-guy thugs, symbols of an oppressive state and corrupt politicians — for example, the police captain that Al Pacino blows away in "The Godfather."

And at other times the police were represented as doughnut-chomping buffoons: think Barney Fife, Leslie Nielsen's Lt. Frank Drebin, or Toody and Muldoon of "Car 54, Where Are You?"

These stereotypes are still in play today, and the average decent cop isn't left with much territory upon which to stake a claim between these two extremes.

Nevertheless, I take a more benevolent view of police officers, perhaps because in my limited contact with them they've always behaved with congenial professionalism. True, I'm a white guy who never speeds, the kind of guy police don't profile. And blacks and Hispanics unquestionably have much more reason to fear unprovoked harassment than I do.

Which brings us to the Henry Louis Gates Jr. episode. Gates' side of the equation is weighted with our nation's shameful racial heritage. But police Sgt. James Crowley has been burdened with extra baggage as well, including assumptions about his attitude toward blacks that are probably unjustified.

In some respects, Crowley is the object of our ambivalent way of thinking about the police. Few of us give cops the respect they deserve. We underpay them to do our society's most unsavory work and we ask them to take significant risks to keep the worst of us in line. We expect them to keep us safe, but when they stop us for speeding, for example, we resent it. And let's face it, when it comes to traffic safety, we are a nation of lawbreakers.

In fact, our basic instinct toward lawlessness lies much closer to the surface than we'd like to admit, and I suspect that it's restrained less by our innate decency than by our fear of the sanctions of the state, of which the police are a prominent symbol. The police aren't the only element of our culture that holds off chaos, but they are on the front line every day.

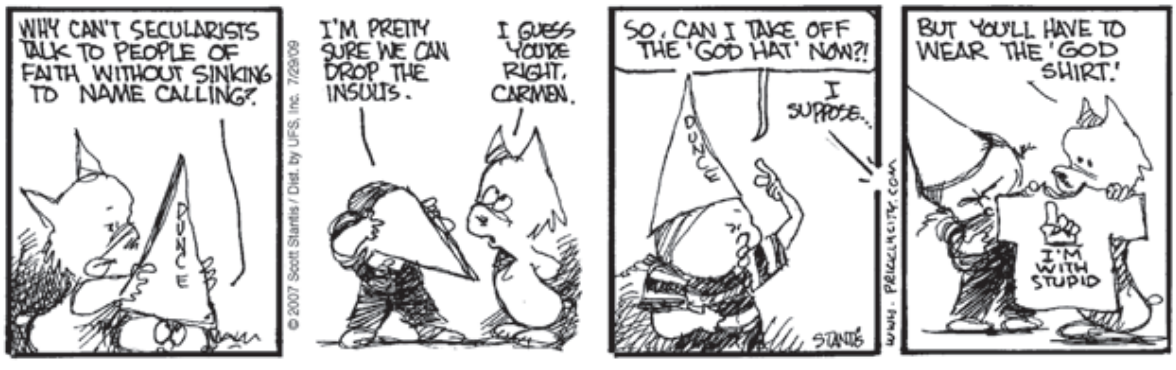
Precisely what occurred in the Gates incident isn't clear, and no doubt the missteps connected to it reach all the way to the White House. Enough has probably already been said on that subject.

But the context is worth noting: We regularly ask Crowley and his colleagues to carry out one of civilization's most chilling and daunting tasks, to approach an unknown, potentially dangerous bad guy who's been reported to be breaking into a house. Would you want to do that, even in broad daylight?

Scripps Howard columnist John M. Crisp teaches in the English Department at Del Mar College in Corpus Christi, Texas.

Prickly City

BY SCOTT STANTIS



AMERICAN ROUNDUP

Mystery substance makes officers ill

LA KENNER — A mystery substance found in a truck that authorities believe was hauling narcotics has sickened numerous law enforcement officers in Louisiana, and at least 18 have been quarantined as a precaution.

Roberto Bryan Jr., a spokesman for the Drug Enforcement Administration, said 18 DEA agents, Louisiana State Police troopers and Jefferson Parish Sheriff's deputies have been quarantined at East Jefferson General Hospital until the substance is identified.

State police Lt. Doug Cain said several officers were overcome with nausea and dizziness as they searched a suspicious 18-wheeler that had been taken to police headquarters. Officers found several bricks of white powder among the truck's cargo of limes.

Developer has faith gym will work out

OH BARBERTON — A developer has found new life for an old church in northeast Ohio by redesigning it as a workout center.

Developer and bodybuilder Al Horvath converted a Methodist church in Barberton into a training facility he calls Faith Gym.

Horvath kept the church's original 1892 stained-glass windows and added murals depicting such biblical characters as David and Goliath and Samson and Delilah.

He created a Superman theme for the church's sanctuary and replaced the pews with rows of workout equipment. He donated the pews to a Kentucky church gutted by fire.

Horvath bought the building in 2005 after the former Moore Memorial United Methodist Church merged with another Methodist church and moved out.

Residents cleaning up after tornado hits

NY CORFU — Residents and business owners in western New York are cleaning up after a tornado damaged buildings and trees and knocked out power.

The National Weather Service says a tornado with wind speeds as high as 110 mph touched down in Corfu, about 30 miles east of Buffalo, at 4:53 p.m. The tornado's path was four miles long and 100 yards wide, and spread from Corfu to Darien, around four miles to the southeast, the weather service reported.

It damaged several buildings and knocked down trees. No injuries were reported.

Famous name not easy to live with

OH CINCINNATI — Sharing a name with someone who lives in your area isn't usually a big deal — unless your name is Neil Armstrong.

Thirty-eight-year-old Neil Allen Armstrong, a financial services professional from Symmes Township in suburban Cincinnati, says he constantly gets calls and packages from autograph seekers, school kids and reporters. He tries to explain he's not the Neil Armstrong who was the first man to walk on the moon. But people don't always believe him.

Neil Alden Armstrong, the 78-year-old former astronaut, lives in nearby Indian Hills. He rarely appears in public but was back in the news recently with the 40th anniversary of the Apollo 11 mission.

Armstrong, the nonastronaut, says he has never met his namesake but would welcome the opportunity. For now, he'll continue telling people he's not that Neil — just an average Joe.

Authorities investigate string of fires

NY BUFFALO — Authorities are investigating a spate of weekend arson fires in Buffalo, including five set in vacant homes.

Six fires occurred on the city's east side, with the first reported about midnight in a home where four adults and a child escaped unharmed.

Over the next several hours, five other fires were reported at vacant structures that afterward had to be demolished.

Fire investigators say all six fires were deliberately set.

Two firefighters suffered minor injuries.

Fire officials say six fires in such a short period left firefighters struggling to keep up.

Buffalo's thousands of vacant homes and other structures are often the target of arsonists.

Powered by people

Eric Geedey makes a smoothie with the help of a stationary bike at Caffe Sportivo in Redwood City, Calif.

Neighbors snitch on water abusers

TX DALLAS — The nation's most drought-stricken state is deep-frying under relentless 100-degree days and waterways are drying up, especially in the hardest-hit area covering about 350 miles across south-central Texas. That's making folks worried about the water supply — and how long it might last.

Off-duty police officers are patrolling streets, looking for people illegally watering their lawns and gardens. Residents are encouraged to rat out water scofflaws on a 24-hour hot line.

There are 230 Texas public water systems under mandatory water restrictions

Swimmers win as daily fees drop at lakes

VA RICHMOND — The U.S. Army Corps of Engineers is giving vacationers a little break this summer.

Daily fees for swimmers and boaters at two lakes in Virginia and one in North Carolina will be waived between Aug. 1 and Aug. 9.

The fees at John H. Kerr and Philpott lakes in Virginia and at the W. Kerr Scott Lake in North Carolina are only a couple of dollars. But Corps spokeswoman Penny Schmitt says every little bit helps during this economic downturn.

Owners given a free pass to turn in illegal pets

CT BRIDGEPORT — Owners of exotic animals in Connecticut have been given a day of amnesty to turn in their illegally owned pets.

The state Department of Environmental Protection's hosted its first exotic amnesty day at the Bridgeport Zoo.

Deputy Commissioner Susan Frechette said owners turned over at least 135 animals, most of them exotic reptiles. The collection included 15 boa constrictors, 15 pythons, 7 alligators, a small monkey, a rattlesnake and an anaconda.

Officials asked about the animals' diets, medical history and temperament but didn't ask the owners their names.

FBI online wanted list expands to Midwest

IN INDIANAPOLIS — The FBI's Web-based effort to capture bank robbers, which debuted in Texas in 2007, has expanded to Illinois and Indiana since May, bringing to four the number of states participating in the program. FBI officials say they want to take the program nationwide.

The Web sites showcase surveillance photos of suspects who are often given memorable nicknames to generate media attention, such as Forth Worth's Smelly Bandit.

The sites allow visitors to e-mail tips that can help police solve crimes and even put reward money in tipsters' pockets.

Nature begets nature

A swallowtail butterfly visits a cornflower in a garden in Pittsburgh.

A Texas pastime

A Paris Saddlettes member carries a Texas flag in Paris, Texas, during the annual Paris Rodeo and Horse Club parade.

Lighting up the festivities

Fireworks launched from Ch

Bubbling over

Dakota Gaffney, 3, enjoys the bubble machines, as did many other children at Feast of Lanterns children's activities at Lovers Point in Pacific Grove, Calif.

A fair way to end the day

Children are silhouetted by the setting sun on a swing ride called the Yoyo during the first day of the Canyon County Fair in Caldwell, Idaho.

Lovely little lizards

Six-year-old Johnny Joe Bailey is covered with two Bearded Dragon lizards during Lizard Day at the Miami Science Museum.

icago's Navy Pier illuminate the Lake Michigan shoreline during the Venetian Night Festival.

Swimming, wading banned in part of bay

VA VIRGINIA BEACH — Virginia Beach health officials are prohibiting swimming in a section of the Chesapeake Bay because bacteria levels exceed state water quality standards.

The Virginia Beach Department of Public Health issued an advisory announcing the ban. It doesn't affect the oceanfront or resort area.

The department says the ban will be lifted when tests show the water quality meets state standards.

Cadillac driver fatally shot after chase

NY NEW YORK — Authorities say police fatally shot the driver of a Cadillac in upper Manhattan after a chase in which a pedestrian and motorcycle rider were hurt.

Police say the chase began after a pedestrian reported that the people in the car had robbed him.

The Cadillac then struck a motorcycle rider, and the motorcycle got stuck under the car and was dragged. The Cadillac reversed, trying to dislodge the motorcycle, and hit a pedestrian. Then police arrived.

Police say the officers identified themselves, and shots rang out shortly after, but it was unclear what prompted the officers to shoot. The driver was taken to Columbia-Presbyterian Hospital, where he died.

Relatives wants custody of kids kept at hotel

TX DALLAS — The aunt of three emaciated children forced to spend day and night in a hotel bathroom in Texas for at least nine months said that she and their grandmother want custody of the youngsters, who were placed in foster care together.

Sonia Santiago, the sister-in-law of the children's mother, said Abneris Santiago has been deceiving family members about her life in Texas since moving from Florida with her boyfriend in late 2006.

Abneris Santiago, 30, is charged with injury to a child, and her boyfriend, Alfred Santiago, 37, faces charges of aggravated sexual assault and continuous sexual abuse. Both were being held at the Dallas County Jail, unable to make bail. They have the same last name but are not married.

The children — ages 11, 10 and 5 — and their 1-year-old sibling, who is healthy, were placed with a foster family in Texas, said Marissa Gonzales, a spokeswoman for Child Protective Services.

"We are just as interested in getting them as Grandma, and what is in the best interest of the kids will be what we work out," said Sonia Santiago, of Lorain, Ohio. "The kids, that's all of our main focus."

Man trying to challenge Cuba travel ban still free

CA LOS ANGELES — A U.S. citizen trying to challenge the ban on travel to Cuba bemoaned his inability to get arrested or cited — even after having his passport stamped in Havana and bringing back Cuban memorabilia.

Mytchell Mora, 39, a freelance entertainment news producer, said he told U.S. customs officials he broke the law after flying through Costa Rica home to Los Angeles.

Officials punched some information about him into a computer and sent him home without punishment, Mora said.

Jaime Ruiz, a spokesman for U.S. Customs and Border Protection, said customs officers don't issue citations for violations of the U.S. Cuba policy, but rather refer cases to the Treasury Department's Office of Foreign Assets Control.

Mora wants to challenge the U.S. travel ban, which he says discriminates against anyone who isn't Cuban-American and punishes Cuba's people, not its government.

Suspect in Georgia double killing returned

GA COLUMBUS — A man charged with killing two college athletes was returned to Georgia from a Dutch island in the Caribbean, where authorities say he fled after the slayings.

Federal agents handed over Michael Jason Registe, 26, after his flight from the Caribbean island of St. Maarten landed at the Columbus Municipal Airport.

"It's been long. It's been complicated," said Columbus Police Chief Ricky Boren. "But it's come to a successful conclusion."

Registe eluded police for more than a year after he was charged in July 2007 with shooting two Columbus State University athletes in a truck outside an apartment complex. Authorities say Randy Newton Jr., 21, and Bryan Kilgore, 20, were shot in the backs of their heads.

Officials say Craigslist is still selling sex

IL CHICAGO — Two months after Craigslist promised to rid itself of advertisements placed by prostitutes, law enforcement officials say the classified ad site is still in the business of selling sex.

From a sheriff who has no intention of dropping his lawsuit to an attorney general who suggests that he and colleagues could further pressure the company to crack down on online prostitution, they say they are not through with Craigslist.

"It makes me wonder, do they really think I'm sort of stupid, some bobblehead who will think they changed it?" said Cook County Sheriff Tom Dart, who sued the San Francisco-based company earlier this year, calling it the nation's largest source of prostitution.

In an e-mail, Craigslist CEO Jim Buckmaster dismissed Dart's lawsuit as a publicity stunt.

Police say teacher had sex with minor

NY WEST ISLIP — A Long Island teacher is charged with having sex with a 15-year-old girl in the parking lot of an elementary school.

Suffolk County police say the Valley Stream teacher, Daniel Rothbard, 28, met the victim on MySpace. They're looking into whether he had sex with any other girls he met online.

Rothbard is charged with rape, criminal sexual act, sexual abuse and child endangerment.

Police say a patrol officer made the discovery outside Westbrook Elementary School in West Islip.

Stories and photos from wire services

Horoscope

Holiday Mathis

It's all about the art of love now. The sun traverses Leo, the sign that rules the heart, and Venus chimes in with her own romantic notions. The Scorpio moon highlights the more mysterious aspects of amore that can't be advised or studied and must be lived to be understood. Apply your individuality and creativity to elevate relationships.

TODAY'S BIRTHDAY (JULY 29). You see the future with hope and enthusiasm and will create your vision on a daily basis. A fun addition to your social life will make the summer sparkle. Through the fall, your life is enhanced by people who communicate well. Fascinating adventures begin with the respectful and non-defensive exchange of ideas. Scorpio and Libra adore you.

ARIES (March 21-April 19). It's apparent that people trust you. You'll be given work that requires you to be highly responsible, organized and alert. You handle it all and remain calm, cool and collected.

TAURUS (April 20-May 20). You're so able that people think they ought to rely on you for everything they need. Say "no" often. Take measures to protect yourself from stress. You'll have an awesome day if you do only what you really want to do.

GEMINI (May 21-June 21). Your powers of observation are even sharper than usual. You'll notice straight away what's wrong with a situation. But don't mention that — at least not until you've pointed out what's right with it.

CANCER (June 22-July 22). You might not agree with the way things are being done around you. The system may not allow for truly genuine interactions. But at least the artificial constraints keep everyone in line. For now, it's best to observe the rules.

LEO (July 23-Aug. 22). You don't need assertiveness training courses — in fact, you could probably teach them if you wanted to. And yet there's someone who makes you feel shy. You'll benefit from reaching out and being friendlier to this person.

VIRGO (Aug. 23-Sept. 22). You'll get the opportunity to sort out a messy part of an otherwise good relationship. As you approach this puzzle, try not to take any detail out of context. Stand back and look at the real issues.

LIBRA (Sept. 23-Oct. 23). You know what's next for you, but you don't want to tell anyone else. It's nice to have a secret. And you really don't want to open your life up for potential criticism by people who simply wouldn't understand.

SCORPIO (Oct. 24-Nov. 21). There's nothing that will make you feel better than bringing others up. Compliment the important people in your life and do something just to please them. And if you can make them laugh, you'll be in a heavenly mood all day.

SAGITTARIUS (Nov. 22-Dec. 21). Once you put your mind to it, you can do anything. But putting your mind to it requires certain steps, too. Somewhere in your schedule, plan for a quiet block of time for doing nothing but thinking.

CAPRICORN (Dec. 22-Jan. 19). You recognize a bad idea when it comes along, but that doesn't always stop you from pursuing it. Maybe you need proof that something won't work, or more likely you see the potential for some unbridled fun in the process.

AQUARIUS (Jan. 20-Feb. 18). You have the best attitude around for riding out this inspired, creative day. You're up for almost anything and you're willing to adjust your expectations as things unfold.

PISCES (Feb. 19-March 20). Your beliefs about money may be keeping you from taking action to make your wishes come true. What you dream about isn't going to be as expensive as you think. But not going for it will cost you a piece of your soul.

Creators Syndicate

SUDOKU

		3	5		7		9	
		6		3		4		
								1
8				1		2		
		2	4			7	8	
		9						3
		1		6		3	4	
7		5	1				2	
		4			5	6		

Difficulty: Medium

Fill in the boxes so that each row, column and 3-by-3 square includes the digits 1 through 9. For solution, tips and computer program, see www.sudoku.com

Yesterday's solution

8	6	5	3	7	9	1	2	4
9	3	4	1	2	6	5	8	7
2	7	1	5	8	4	3	6	9
5	4	3	8	1	7	2	9	6
6	1	2	9	4	5	7	3	8
7	9	8	6	3	2	4	1	5
4	8	7	2	9	1	6	5	3
1	5	9	4	6	3	8	7	2
3	2	6	7	5	8	9	4	1

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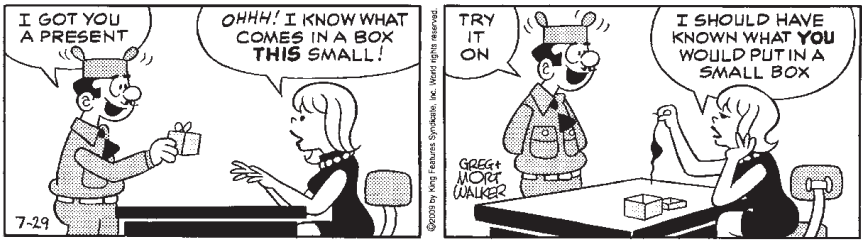
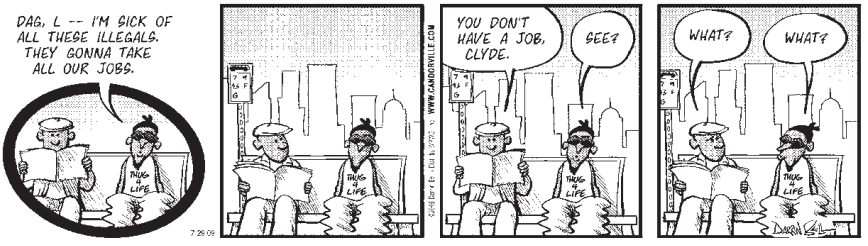
Beetle Bailey



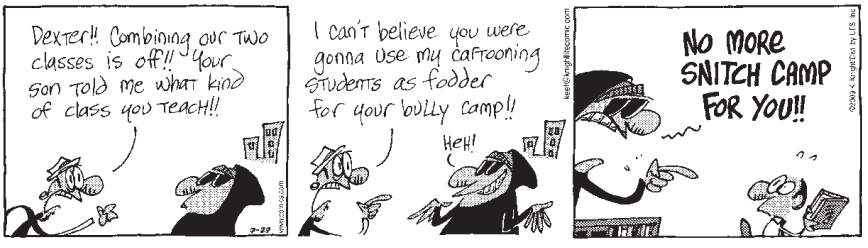
Get Fuzzy

Candorville

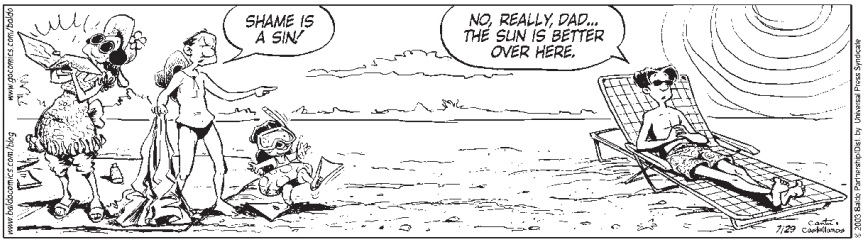


Meaning of Lila

Knight Life

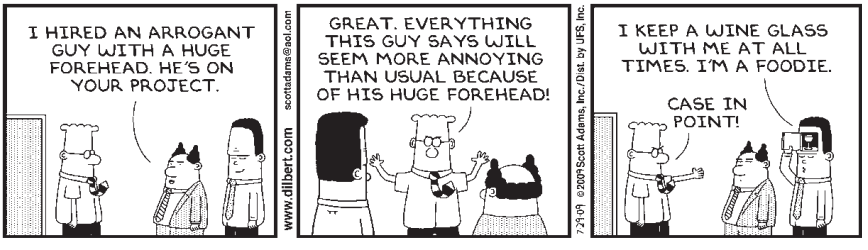


Baldo



Other Coast

Dilbert



Frazz

Garfield

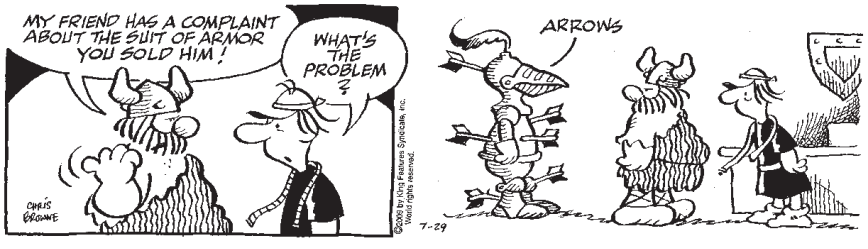
Baby Blues

Jump Start

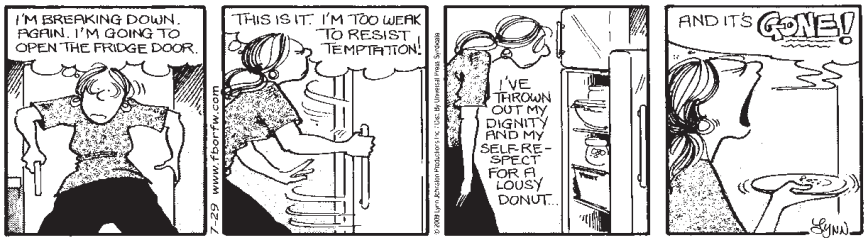
Zits

Red & Rover

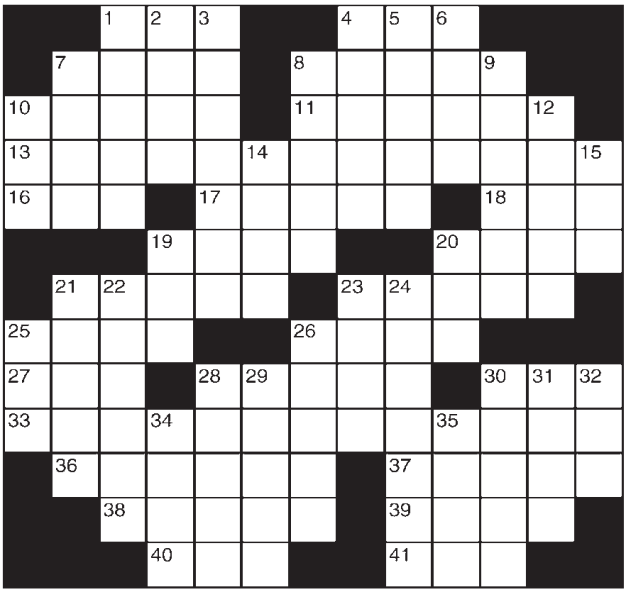
Hagar



Better or Worse



Eugene Sheffer Crossword



ACROSS

1 Shell-game need
4 Whale group
7 Family
8 Less believable, as an excuse
10 With eyes wide open
11 Islands near Portugal
13 Government official
16 Links prop
17 Search
18 Cattle call?
19 Perry Mason portrayer
20 Ponce de —
21 Enticed
23 Clever
25 Spanish appetizer
26 De-bag the cat?
27 Perch
28 Baby's ailment
30 Commotion
33 Tina Turner hit
36 Injure
37 Doha's country
38 Knock- —
39 Fairy tale preposition
40 Screw up
41 Always, in verse

DOWN

1 West Point freshman
2 "My Name Is —"
3 It's nothing new
4 Stares
5 Lifeless, old-style
6 TV mogul Griffin
7 Fingerprint, often
8 "Star Wars" weapon
9 Hole-shaping tool
10 Suitable
12 Beezer
14 It gets in the whey
15 Heavy weight
19 Underwear with underwire
20 Science workshop
21 Dens
22 Increase
23 Lost traction
24 Rhesus monkey
25 1/6 fl. oz.
26 Run, as colors
28 Supply the food
29 Different
30 Thespian
31 Campus bigwig
32 Bobby of hockey
34 Barn-roof attachment
35 Scruff

Answer to Previous Puzzle

T	B	S	P		U	T	E		S	I	G	H
R	E	A	R		N	R	A		U	L	N	A
A	L	G	A		W	O	R	D	P	L	A	Y
P	L	A	Y	B	O	Y		R	E	S	T	S
			E	O	N		M	A	R			
R	E	T	R	O		B	O	Y	B	A	N	D
O	R	E			D	I	P			N	E	O
B	A	N	D	B	O	X		F	A	I	T	H
			A	L	E		M	O	B			
U	L	T	R	A		B	O	X	S	E	A	T
S	E	A	T	B	E	L	T		O	L	I	O
P	A	L	E		G	E	E		R	U	D	E
S	P	E	D		O	W	L		B	L	E	D

7-29 CRYPTOQUIP

S I L N Q F T Q H J S H X ' L I S A N S V H R B F B G Z V Y N T K Q W Q B S J Q H Q K , G V Y Z S X T N A R B B S N F W S L N S H Q A T W S L N S H Q .

Yesterday's Cryptoquip: WHEN ACTRESS DEBORAH DROPPED A ROCK IN THE WATER, I'D SAY IT WOULD PROBABLY LAND "KERR-PLUNK!"

Today's Cryptoquip Clue: G equals Y

Sister's secret mars generosity

Dear Abby: Two years ago my younger sister, "Cilla," generously set up college funds for my three children. Each of the accounts has more than $25,000. My husband and I were stunned, but Cilla insisted she is making good money in the film industry and wanted to do this for my family.

Three months ago, she came to visit, and through a bizarre turn of events, I discovered that she makes her living starring in adult films. Now that I know how Cilla earns her living, I am no longer comfortable accepting her gifts — especially the college funds for the children.

This has caused problems between my husband and me. He thinks we should keep the money because we may not be able to afford three college tuitions on our own.

Should we return the money? And if we do, is it possible to do it without causing a rift between my sister and me?

— G-rated Sister in San Diego

Dear Sister: I doubt it. If you refuse her generosity, it will appear that you are rejecting her. Nor do I think your children should be penalized because you don't approve of Cilla's lifestyle. Your husband is being pragmatic; you are being emotional. That money has already been earned. You're not going to change your sister. You may not approve, but love her for the generous and caring aunt she is trying to be and let the money be used for something positive.

Dear Abby

Dear Abby: My letter to you is the first time I have shared my problem with anyone. When I met and married my husband of 30 years, we each had been divorced for more than 10 years. He had adult children with families of their own; I had none.

For several years I acknowledged their special occasions with cards and small gifts, never receiving any notice or thank you unless I had my husband ask if they had been received. I finally stopped.

I recognize I cannot change the situation, but my question is how do I manage my growing resentment toward not only his family but my husband as well? I don't want to spend my last years feeling this bitterness.

— Wants Peace Of Mind

Dear Wants: Obviously your husband's children never really accepted you as part of their father's life — and he didn't rock the boat. It's a shame that you waited 30 years to say what's on your mind. If you hadn't, your husband might have stood up and insisted that "the kids" show you some respect and courtesy.

Bitterness is a waste of time. If your marriage has been a happy one, dwell on that instead of nursing resentment.

Letters for this column — with your name and phone number — should be addressed to Dear Abby, P.O. Box 69440, Los Angeles CA 90069. Readers can write to Abby on the Internet at **http://www.uexpress.com/dearabby**

Universal Press Syndicate

JUMBLE

THAT SCRAMBLED WORD GAME
by Mike Argirion and Jeff Knurek

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

PRUNS

MEVON

FLIECK

SIMYAD

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NEW Jumble iPhone App go to: www.bit.ly/15QkRq

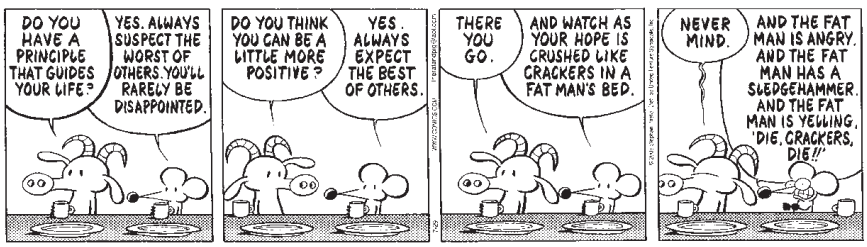
Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Answer:

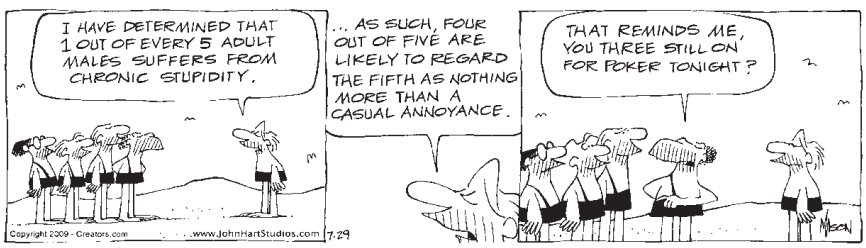
(Answers tomorrow)

Yesterday's Jumbles: BAGGY OUTDO SCRIBE HERALD
Answer: Why the spy talked funny — HE HAD A "CODE"

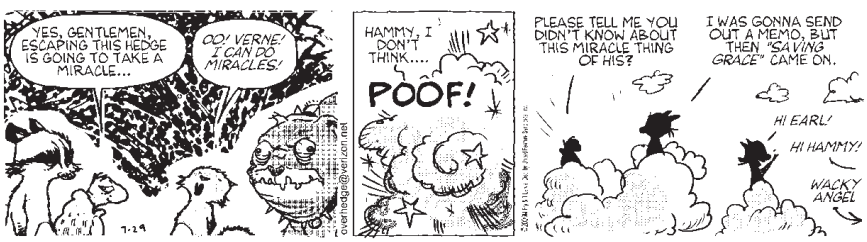
Pearls Before Swine



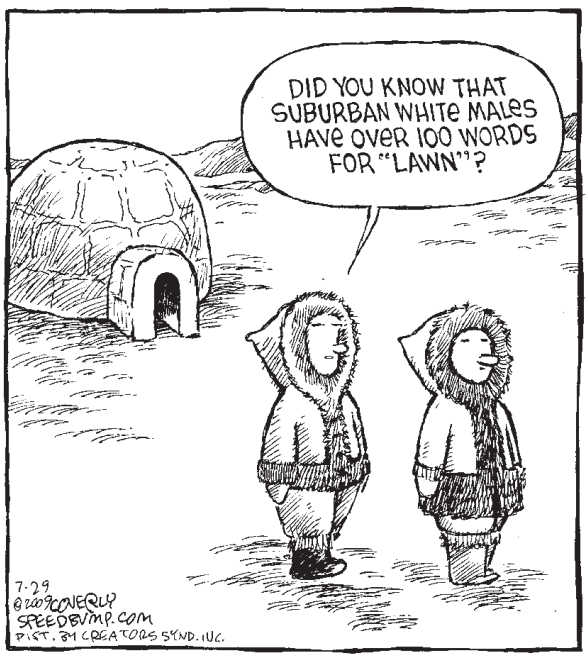
B.C.



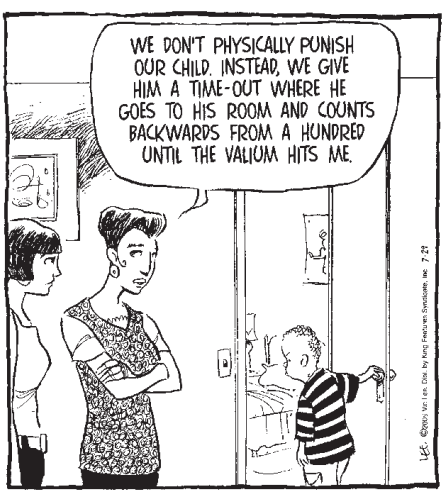
Over The Hedge



Speed Bump

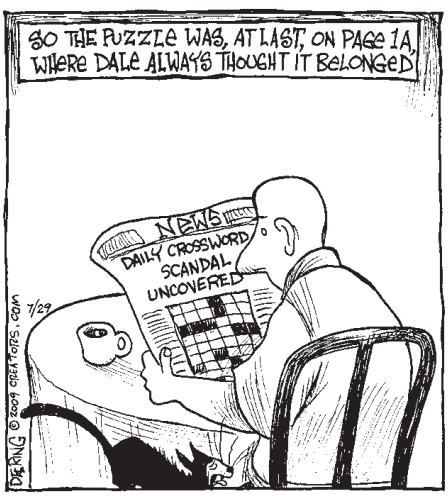


Pardon My Planet



Non Sequitur

Strange Brew



AFRTS Television Schedule

Updated sports listings are available on AFN's Web site at http://myafn.dodmedia.osd.mil/

TUESDAY, JULY 28, 2009

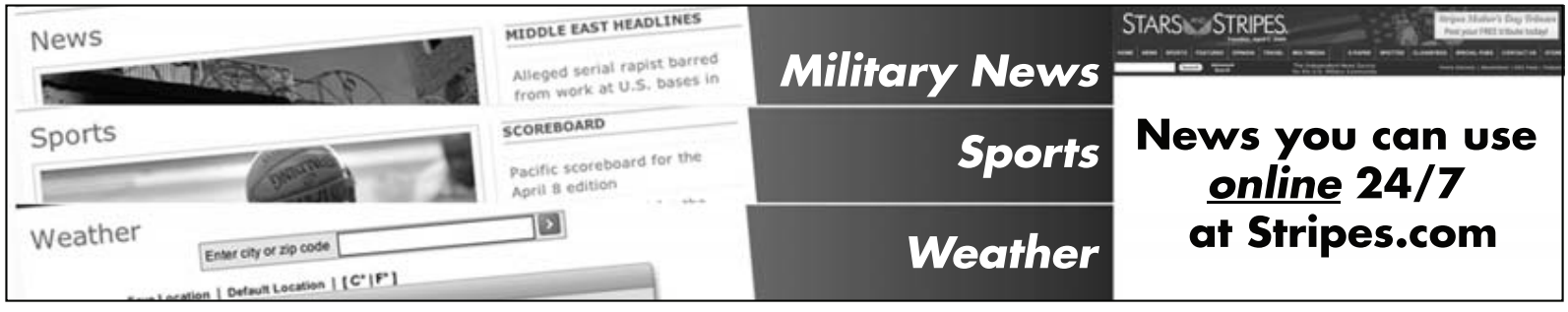
	(AFN-ATLANTIC)	(AFN-FAMILY)	(AFN-MOVIE)	(AFN-NEWS)	(AFN-PACIFIC)	(PENTAGON)	(SPECTRUM)	(AFN-SPORTS)	(XTRA)
15:00	Sesame Street	The Brady Bunch	(2:45) Movie "The X-Files" (1998, Science Fiction) David Duchovny, Gillian Anderson, Martin Landau.	The Rachel Maddow Show	Days of our Lives	Fit For Duty	Design Remix	SportsCenter	(2:00) Sports
15:30		The Brady Bunch				Battleground	Curb Appeal		
16:00	The View	Movie "Scooby-Doo on Zombie Island" (1998, Comedy) Scott Innes, Billy West.		Around the Services	Oprah Winfrey	Today's Air Force	Lost Worlds Karnak; Abu Simbel.	MLB Baseball New York Yankees at Tampa Bay Rays. From Tropicana Field in St. Petersburg, Fla. (Same-day Tape Subject to Blackout)	MTV Hits Playlist
16:30				Tavis Smiley		Recon			
17:00	Dr. Phil		Movie Mob	Nightly Business Report	Wheel of Fortune	Around the Services	King of the Hill		X Play
17:30		SpongeBob SquarePants	Maltin's Secret's Out	Nightline	Jeopardy!	Downrange	That '70s Show		Punk'd
18:00	Judge Alex	Robot Boy	What It Takes	The O'Reilly Factor	World News-Gibson	Week-Pentagon	Daily Show-Jon Stewart		The Simpsons
18:30	The King of Queens	Kim Possible	Entertainment Tonight		Around the Services	All Hands TV	The Colbert Report		Family Guy
19:00	Access Hollywood	The Fairly OddParents	Movie "John Q" (2002, Drama) Denzel Washington. A father resorts to violence to obtain a heart for his son.	Countdown With Keith Olbermann	NUMB3RS "High Exposure"	Briefing Encore	Deal or No Deal	SportsCenter	WWE Night of Champions From Dallas.
19:30	Judge Judy	6TEEN				Fit For Duty			
20:00	The Young and the Restless	Hannah Montana		Today	Everybody Hates Chris	Battleground	The Biggest Loser: Families	Quick Pitch	
20:30		True Jackson, VP			The Office "Cafe Disco"	Recon Revisited			
21:00	General Hospital	Summerland "Yummy Mummy"	(:10) Movie "Maid in Manhattan" (2002, Romance-Comedy) Jennifer Lopez, Ralph Fiennes.	Today	Bones "The Double Death of the Dearly Departed"	Around the Services	The Biggest Loser: Families	SportsCenter	
21:30						Pacific Report			
22:00	Days of our Lives	Beverly Hills, 90210 "Anaconda"		America's Newsroom	Pacific Report	Briefing Encore	Seinfeld "The Big Salad"	Baseball Tonight	The Best Damn Sports Show Period
22:30					The Tonight Show With Conan O'Brien	USARJ This Week	Friends	NFL Live	
23:00	Oprah Winfrey	7th Heaven "It Takes a Village"	(:10) Movie "Rushmore" (1998) Jason Schwartzman.	Newsroom		The Grill Sergeants	Daily Show-Jon Stewart	MLB Baseball: Dodgers at Cardinals	Attack of the Show!
23:30					Late Show-Letterman	Downrange	The Colbert Report		

WEDNESDAY, JULY 29, 2009

00:00	Wheel of Fortune	The Fairly OddParents	(11:10) Movie "Rushmore" (1998) Jason Schwartzman.	MSNBC Live	Late Show-Letterman	This Week in the Pentagon	Late Night With Jimmy Fallon	(11:00) MLB Baseball Los Angeles Dodgers at St. Louis Cardinals. From Busch Stadium in St. Louis.	X Play
00:30	Jeopardy!	6TEEN			The Late Late Show With Craig Ferguson	Fit For Duty			Punk'd
1:00	Headline News	Hannah Montana	(12:55) Movie "Crocodile Dundee" (1986) Paul Hogan. An Australian hunting legend braves the wilds of Manhattan.	Happening Now		Recon	Battlestar Galactica Enemy target.		The Simpsons
1:30	ATS/AFN Report	True Jackson, VP			Judge Judy	Around the Services			Family Guy
2:00	NUMB3RS "High Exposure"	Summerland "Yummy Mummy"		Newsroom	CSI: NY "Recycling"	Downrange	Las Vegas "Win, Place, Bingo"	SportsCenter	WWE Night of Champions From Dallas.
2:30						Today's Air Force			
3:00	Everybody Hates Chris	Beverly Hills, 90210 "Anaconda"	(2:50) Movie "John Q" (2002) Denzel Washington, Robert Duvall. A father resorts to violence to obtain a heart for his son.	MSNBC Live	Oprah Winfrey	Recon Revisited	The Unit "Inside Out"	SportsCenter	
3:30	The Office "Cafe Disco"					State Dept Briefing			
4:00	Bones "The Double Death of the Dearly Departed"	7th Heaven "It Takes a Village"		Studio B With Shepard Smith	Dr. Phil	Battleground	Seinfeld "The Big Salad"	Outside the Lines	
4:30						Around the Services	Friends	College Football Live	
5:00	Headline News	Teletubbies	Movie "Maid in Manhattan" (2002) Jennifer Lopez, Ralph Fiennes. A politician mistakes a hotel maid for a wealthy woman.	The Situation Room With Wolf Blitzer	Final Score	Army Newswatch	Kiana's Flex Appeal	NFL Live	The Best Damn Sports Show Period
5:30	The Tonight Show With Conan O'Brien	Bear in the Big Blue House			Headline News	This Week in the Pentagon	Denise Austin's Getting Fit	Jim Rome Is Burning	
6:00		Sesame Street		Glenn Beck	Good Morning America	Downrange	Take Home Chef	Around the Horn	Attack of the Show!
6:30	Late Show With David Letterman					Around the Services	Cooking-Sandra Lee	Pardon the Interruption	
7:00		Peep-Big World	Movie Mob	Around the Services	Good Morning America	Briefing Encore	FitTV's Diet Doctor	SportsCenter	MTV Hits Playlist
7:30	The Late Late Show With Craig Ferguson	Curious George	Maltin's Secret's Out	NBC Nightly News		The Grill Sergeants			
8:00		Dora the Explorer	What It Takes	World News-Gibson	Sesame Street	Fit For Duty	The Morning Show With Mike & Juliet	MLB Baseball Colorado Rockies at New York Mets. From Citi Field in Flushing, N.Y. (Subject to Blackout) (Live)	Sports
8:30	Judge Judy	The Wonder Pets!	Entertainment Tonight	CBS Evening News		Around the Services			
9:00	CSI: NY "Recycling"	Raggs	Movie "Odd Girl Out" (2005) Alexa Vega, Lisa Vidal. An ostracized teen sinks into despair.	The NewsHour With Jim Lehrer	The View	Recon Revisited	Mad About You		
9:30		Aladdin				State Dept Briefing	Living Single		
10:00	Oprah Winfrey	Bratz		Hannity	Dr. Phil	Fit For Duty	Guiding Light		
10:30		Animaniacs	(:45) Movie "Frantic" (1988, Suspense) Harrison Ford, Emmanuelle Seigner, Betty Buckley. An American doctor's wife abruptly disappears in Paris.			AFN Europe Report			
11:00	Dr. Phil	Scooby-Doo, Where Are You!		Anderson Cooper 360	Judge Alex	Recon	E! News	Baseball Tonight	Sports
11:30		Scooby-Doo, Where Are You!			The King of Queens	Fit For Duty	The Daily 10		
12:00	CBS Evening News	SpongeBob SquarePants		Special Report With Bret Baier	Access Hollywood	Battleground	Star Trek "The Paradise Syndrome"	SportsCenter	
12:30	ESPNews	SpongeBob SquarePants			Judge Judy	Around the Services			
13:00	Prime News Tonight	The Weekenders	Movie "Not Without My Daughter" (1991, Docudrama) Sally Field, Alfred Molina.	Campbell Brown	The Young and the Restless	Briefing Encore	Roseanne "Like a Virgin"	Baseball Tonight	
13:30		WordGirl				Downrange	Girlfriends	NFL Live	
14:00	NBC Nightly News	Play With Me Sesame		Your World With Neil Cavuto	General Hospital	AFN Europe Report	Emeril Live	SportsCenter	Sports
14:30	World News-Gibson	Doodlebops	(:45) Movie "Shakespeare in Love" (1998) Joseph Fiennes, Gwyneth Paltrow, Geoffrey Rush. A lovely muse helps break the playwright's writer's block.			Recon			
15:00	Sesame Street	The Brady Bunch		The Rachel Maddow Show	Days of our Lives	Fit For Duty	Landscape Smart	SportsCenter	
15:30		The Brady Bunch				Battleground	Color Splash		
16:00	The View	Movie "Babe" (1995, Drama) James Cromwell, Magda Szubanski, Paul Goddard.		Around the Services	Oprah Winfrey	The American Veteran	Lost Worlds Athens; senate house.	MLB Baseball Atlanta Braves at Florida Marlins. From Land Shark Stadium in Miami. (Same-day Tape Subject to Blackout)	MTV Hits Playlist
16:30				Tavis Smiley		Recon Revisited			
17:00	Dr. Phil		At the Movies	Nightly Business Report	Wheel of Fortune	Around the Services	King of the Hill		X Play
17:30		SpongeBob SquarePants	Entertainment Studios.com	Nightline	Jeopardy!	Downrange	That '70s Show		Punk'd
18:00	Judge Alex	Robot Boy	What It Takes	The O'Reilly Factor	World News-Gibson	Ft. Hood on Track	Daily Show-Jon Stewart		The Simpsons
18:30	The King of Queens	Kim Possible	Entertainment Tonight		Around the Services	Today's Air Force	The Colbert Report		Family Guy
19:00	Access Hollywood	The Fairly OddParents	Movie "The Benchwarmers" (2006, Comedy) David Spade, Rob Schneider, Jon Heder.	Countdown With Keith Olbermann	America's Got Talent	Briefing Encore	One Tree Hill Lucas investigates Dan's heart condition.	SportsCenter	UFC Unleashed
19:30	Judge Judy	Mucha Lucha				Fit For Duty			
20:00	The Young and the Restless	Hannah Montana		Today	CSI: Crime Scene Investigation "The Descent of Man"	Battleground	Ugly Betty Daniel Meade is invited to appear on "The View."	Quick Pitch	WWE Monday Night Raw
20:30		Sonny With a Chance	(:40) Movie "Van Helsing" (2004, Fantasy) Hugh Jackman, Kate Beckinsale, Richard Roxburgh. A monster hunter battles creatures in Transylvania.			Recon			
21:00	General Hospital	American Dreams "Heartache"		Today	Big Brother 11	Around the Services	Desperate Housewives "A Vision's Just a Vision"	SportsCenter	
21:30						Pacific Report			
22:00	Days of our Lives	Beverly Hills, 90210 "Play It Again, David"		America's Newsroom	Pacific Report	Briefing Encore	Seinfeld "The Pledge Drive"	MLB Baseball Pittsburgh Pirates at San Francisco Giants. From AT&T Park in San Francisco. (Subject to Blackout Taped)	The Best Damn Sports Show Period
22:30					The Tonight Show With Conan O'Brien	This Week in the Pentagon	Friends		
23:00	Oprah Winfrey	7th Heaven "Nothing Endures but Change"	Movie "Stand and Deliver" (1988) Edward James Olmos.	Newsroom		Tour of Duty	Daily Show-Jon Stewart		Attack of the Show!
23:30					Late Show-Letterman	Downrange	The Colbert Report		

THURSDAY, JULY 30, 2009

00:00	Wheel of Fortune	The Fairly OddParents	(11:00) Movie "Stand and Deliver" (1988, Drama)	MSNBC Live	Late Show-Letterman	EXchange on Air	Late Night With Jimmy Fallon	MLB Baseball Pittsburgh Pirates at San Francisco Giants.	X Play
00:30	Jeopardy!	Mucha Lucha			The Late Late Show With Craig Ferguson	Fit For Duty			Punk'd
1:00	Headline News	Hannah Montana	(12:55) Movie "The Fan" (1996, Suspense) Robert De Niro. A slumping baseball star is stalked by a psychotic admirer.	Happening Now		Today's Air Force	Starter Wife "Hour 1" (Part 1 of 6)	SportsCenter	The Simpsons
1:30	ATS/AFN Report	Sonny With a Chance			Judge Judy	Around the Services			Family Guy
2:00	America's Got Talent	American Dreams "Heartache"		Newsroom	CSI: NY "Tanglewood"	Downrange	Ghost Whisperer "Bad Blood"	SportsCenter	UFC Unleashed
2:30						This Week in the Pentagon			
3:00	CSI: Crime Scene Investigation "The Descent of Man"	Beverly Hills, 90210 "Play It Again, David"	Movie "The Benchwarmers" (2006, Comedy) David Spade, Rob Schneider, Jon Heder.	MSNBC Live	Oprah Winfrey	The Grill Sergeants	Psych "Game, Set ... Muuurder?" A tennis star disappears.	MLB Baseball Houston Astros at Chicago Cubs. From Wrigley Field in Chicago. (Subject to Blackout) (Live)	WWE Monday Night Raw
3:30						State Dept Briefing			
4:00	Big Brother 11	7th Heaven "Nothing Endures but Change"		Studio B With Shepard Smith	Dr. Phil	Battleground	Seinfeld "The Pledge Drive"		
4:30			(:40) Movie "Van Helsing" (2004, Fantasy) Hugh Jackman, Kate Beckinsale.			Around the Services	Friends		
5:00	Headline News	Teletubbies		The Situation Room With Wolf Blitzer	Final Score	All Hands TV	Kiana's Flex Appeal		The Best Damn Sports Show Period
5:30	Tonight Show-Conan O'Brien	Bear in the Big Blue House			Headline News	Recon	Denise Austin's Getting Fit		



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Announcements 040

Autos for Sale 141

Atsugi - 1996 Nissan Skyline 4Door non-turbo, 300 plate, JCI due9/30/2010. insp due 7/31/2010. 100,557km $1500obo. Call 0467637278 or 2647278.

Sagami Deptot - 4-Wheel Drive Nissan Terrano; GPS (English), ETC machine, excellent condition; JCI good until August 2011, sunroof, Kenwood Stereo with USB connection, Amp and Subwoofer, trailer hitch, electro-hydraulic shocks: $2500/OBO Larry 090-8053-3919.

Yokosuka - 1994 Toyota Estima Van-JCI & Base Insp. 'til 2011, mini fridge/hot box, ceiling mounted fold out color TV w/Remote, sun & moon roof, great A/C & heat, parking sensor, excellent condition. Must transfer by 7-31-09. Call 080-6684-4170 or 315-246-8655. $2500 Neg.

Yokosuka - 1997 Nissan Bluebird. JCI good until Oct. 2010. 20R engine, 52K (3.3K Miles), brakes, struts replaced. $1850 OBO. Contact Woody 090-4173-3973/ 243-6106.

Yokosuka - 94 Toyota Estima - JCI until Nov. 2009. Oil changed, realignment is done A/C works asking $900 OBO. Please contact Anita 246-8834 / 090-4221-5918 or Geri 246-5938 / 080-3340-8214

Yokota - $1,000 buys a 1996 Toyota Ipsum. Awesome dual AC, Ipod ready with great stereo, seats 6, fabulous "Vegas-like" interior that absorbs child droppings. JCI till next year. Call Tim at 09093664615 (Yokota). Available July 25th.

Autos for Sale 141

Yokosuka, Japan - 1994 Honda Rafaga Sedan 4dr car up for sale is a dark blue automatic it has about 91,000 km, cold ac, pw, power lock, CD player, dual airbags, seats 5, abs, and comes with 2 extra tires. $1000 OBO vehicle is located on Yokosuka base great reliable car with no problems. Good gas saver. JCI until sep. 09 asking $1000 please call 0468-07-3743 or email snowboyguy21@yahoo.com

Yokota, Japan - 1990 Mazda Miata Roadster (convertible) Runs and drives great. Nothing wrong mechanically, small tear in the back of the top, five speed and lots of fun. My daughter has left for college no longer needed. JCI until Oct. 09 asking $1650 OBO Please call 210-547-9936 or email samuelengler@hotmail.com

Yokota, Japan - 1990 Skyline GTS-t price lowered. Red, 5 speed, 170XXX km, JCI renewed. a/c needs recharge.-moon roof is broken. Some scratches and dents.-aftermarket front pipe. Aftermarket cat-back exhaust, aftermarket intake. Call or email me for more information or a test drive. JCI until June 2011, asking $1650 OBO. Please call 858-368-6861 or email j1d9m@yahoo.com

Yokota, Japan - 1993 Toyota Camry, color dark gray/blue; 4-door; good condition. Selling for a friend who is PCS'ing. JCI expires Feb. 2010 asking $1000 obo please call Jim at 1-323-338-7588

Autos for Sale 141

Yokota, Japan - 1991 Toyota Estima (4-Wheel Drive) PCS 1 Aug PCS'ing 1 Aug 09 (Very Negotiable) Need to sell as soon as possible Dropped the price from $2100 & will drop further, just call me! Mechanically sound! Seats 7 Sonar sensors on 4 corners of vehicle Good Tires Air Conditioner compressor replaced 7 months ago (Air is very cold in this hot WX! Console cooler/ice maker Sun Roof x2 the van has been a great runner! You will be very happy with the value! JCI until Feb. 2010 asking $1400 negotiable Please call 1-763-354-3512 or email tom_n_ana@hotmail.com

Yokota, Japan - 1991 Toyota Estima (4-Wheel Drive) The larger Toyota van. Red with only 121K Km (75.2K Miles) Seats 7 comfortably, two middle bucket seats that turn all the way around or flatten out to load larger cargo. Smooth ride with sonar sensors on all 4 corners of vehicle. Excellent tires, New Air Conditioner compressor 7 months ago. Cold air works great! Includes a cooler/ice maker in center console for long trips, Sun Roof, JCI until Feb 2010 Asking 2100 OBO Call 1-763-354-3512 or email tom_n_ana@hotmail.com

Yokota, Japan - 1994 Toyota Exiv. Road Tax Paid. JCI expires Feb 11, asking $800. Car runs outstanding, some minor blemishes. Drove this all over Japan and back and forth to Narita without any problems very dependable, Seats 5, Car is ready to be sold immediately. Call 1-313-347-0276 for more info

Autos for Sale 141

Yokota, Japan - 1992 Subaru Legacy Wagon, runs fine, JCI to Sept. 29th Best use as a temporary short term vehicle. runs fine, A/C, music, etc. seats 5, rear seat folds down. Why so cheap? Just had JCI inspection and will need $400-$800 of work to pass next JCI (on-base price, maybe half that off-base). Recycle tax already paid. Road tax paid. Can use for a temporary car, then junk. At junking, you can get back the remaining Road tax, which should be over $100. Could fix up, but wouldn't recommend it, won't pass due to oil leaks, tires at minimum, etc. We are about to travel and want to take care of this in the next few days. If no response, we'll junk it ourselves shortly; just thought someone could use it for temporary transportation. Please email yokotajoe88@yahoo.com Thanks for viewing!

Yokota, Japan - 1995 Mazda Familia - $600, silver/gray in color. 4door, new tires, runs good, A/C works, just needs to be recharged. Road tax and recycling tax, paid. JCI good till Aug 2010. Miles 67784+km. Available July 28. Give deposit we will hold for you. Contact Jennifer 240-845-5319

Yokota, Japan - 1995' Nissan skyline turbo w/ JCI and road tax Only 1 previous owner before me (Japanese Owner), automatic, less than 70k miles, Black with gray interior, tires changed, Road Tax paid and JCI covered until December 2010. Greddy Turbo Timer installed asking $2500. Only serious buyers please. Please call frederick.roberts@yokota.af.mil or macmoro@rocketmail.com for inquiries

Yokota, Japan - 1996 Honda Accord Wagon - Power Locks, brand new, Break pads/ Power Windows / Air Conditioner / Anti-Lock Brakes / Driver Airbag / Passenger Airbag / A/C / Power Steering / Alloy Wheels / Power Mirrors / ETC Card Reader Pre-installed. Very roomy, Looks great. Drives great, everything runs. Great No accidents, JCI until Aug. 2011 asking $3500 please call 090-1452-9348

Yokota, Japan - 1996 Honda odyssey-low km-JCI good until Feb. 2011 asking $1600 please call 773-634-7782 or email usaf_firefighters_wife@ymail.com

Yokota, Japan - 1996 Mitsubishi Lancer MX Great investment. Smoke free. Power locks and windows. Automatic 4 doors. Very standard. Big trunk. JCI is good for 2 years exp. Date March 2011. Road tax is paid. Asking $2000.00 or best offer Please call David or Jennifer 7134900555

Yokota, Japan - 1997 Honda Integra 84,700 km Air Conditioning Power Locks Power Windows JCI until April 20100 Asking $2300 Please call Jayson Hedrick 090-6116-7079 or email jaymel72@msn.com

Autos for Sale 141

Yokota, Japan - 1997 Honda Odyssey JCI July 2011 $1800.00 obo low miles /power sunroof / 7 passenger /front + back ac & heat all seats fold away for a--flat/open cargo area new tires (4 months old) front wheel drive / tilt steering abs / power everything sunshine roof (tinted see through roof) great shape /well maintained call 614-358-4908

Yokota, Japan - 1998 Honda Life (Mini Car) Under 35K Miles Great Condition Excellent Gas Mileage Power Everything Tinted Windows Low Road Tax Low JCI Cost Purchased at Tokyo Honda Dealership. JCI until Jul 2011 Asking 2200 OBO Call 773-634-7775

Yokota, Japan - 1998 Toyota Gaia (Crossover - Seats 7) Under 35K Miles - great condition Television GPS Navigation Capable Rear Parking Camera 360 Degree Sonar Warning Two Moon Roofs Front + Rear A/C & Heat Power Everything Purchased at Tokyo Toyota Dealership. JCI until July 2011 Asking $3750 OBO Call 773-634-7775

Yokota, Japan - 1998 White Subaru Legacy Sedan RS Twin Turbo Manual/5-Speed (Fun to drive) Twin Turbo cold A/C and Hot Heat 17" Aluminum Wheels BRAND NEW Starter built February '09 Blitz Blow-Off Valve HKS Intake Blitz Dual Turbo Timer New Windshield Wipers 4-Wheel Drive Blue LED Interior Lights New JVC Stereo w/ IPOD hook-up JCI until July 2011 asking $3400 Please call Stephanie 080-6649-5345

Yokota, Japan - 1999 Nissan Silvia S-15 Spec S in great condition! Non-turbo, automatic, PW, PL, 62K Km, tint, pop up in-dash screen, TV, Navi, CD, MD, AM/FM, Tein lowering springs, JCI until March 2010. All fees and road tax paid: $4,500 OBO. Blacked out altezza tail lights and 17x7.5 DT-05R gunmetal rims available with car for $4,900 OBO. Contact Gabe or CeCe, (214)261.6420. 090.9819.9187 or cemacas@yahoo.com

Yokota, Japan - 2000 US SPEC Subaru Impreza STI, it is an "E" plate so you can ship it back to the states with no problem. This car is nicely moded and is in Beautiful shape. JCI until Sep. 2010 asking $14500 OBO Please check out this site for pictures and Modification list http://www.cardomain.com/ride/3307436 if any questions please email me caree1907@yahoo.com or call 510-619-5651 Trades welcome.

Yokota, Japan - 95 Toyota Mark II Silver, 90K km runs great. Serious offers only call Eric 717-265-2635. JCI until July 2011 asking $1750 Please call 7172652635 or email esndrs49@yahoo.com

Autos for Sale 141

Yokota, Japan - 2001 Subaru Legacy B4 5 speed manual transmission. Twin turbo all wheel drive. Black and Blue leather interior. 6 disk CD changer. Navigation system Aftermarket MOMO steering wheel HKS cold air intake HKS Super Sequential blow off valve HKS turbo timer. Cusco front strut bar Aftermarket exhaust. HID headlights Adjustable suspension LED instrument panel. Power everything. Interior in excellent condition Exterior in good condition Factory 17" bronze rims (almost no curb rash). New tires (about 2 months old) Keyless entry just changed the oil. Road tax paid. JCI until April 2011 asking $4700 I still have most of the stock parts. All reasonable offers will be considered. You can also contact me at 080-4053-9239 or johnathan.mckee@yokota.af.mil

Yokota, Japan - 95 Toyota Windom - In good shape! Only 111,360 km on it Good for a family, lots of space, huge trunk. CD player, power windows, power locks, awesome A/C for hot summer. JCI until Apr 2010. Please call 090-4227-5269 or email me at brandon.chamberlain@yokota.af.mil if interested. JCI until Apr. Asking $1900 Please call 090-4227-5269 or email broolio@hotmail.com

Yokota, Japan - 96 Acura Inspire 63k miles new JCI-price cut Clean and reliable car! New Tires, 6 Disc CD changer, 4 door, Power Sunroof, Road Tax Paid, New JCI, 17inch alloy wheels, low profile tires, cold AC, bought from dealer off base, well kept, clean interior, clean title, power windows and locks, low miles, serviced on schedule. Good gas mileage. Ready to be driven around Japan JCI until June 2011 asking $2500 Call 305-520-0368 or email j_swans7@msn.com

Yokota, Japan - 96' Acura Inspire 63k-JCI June 2011 Immaculate car! Metallic Forest Green, New Tires, 6 Disc CD changer, 4 door, Power Sunroof, Road Tax Paid, New JCI, 17inch alloy wheels, low profile tires, COLD AC, originally bought from dealer off-base, well kept, clean interior, clean title, power windows and locks, low miles, serviced on schedule. Good gas mileage. JCI until June 2011. Asking $2450 Ready to be driven around Japan Make me an offer!! Call 305-520-0368.

Yokota, Japan - Priced to sell 1994 Toyota Carina This is a great 1st or 2nd car. It's in excellent condition. Brand new brakes and a full size spare tire. Low mileage: 69km Automatic transmission Power windows Air condition. JCI until May 2011 asking $1500 OBO Please call 090-2271-9082

Autos for Sale 141

Yokota, Japan - Toyota Mark II - Fixed Price & JCI Exp. Date Automatic Runs, Great CD Player, Air Purifier Built into Car, Fairly New Tires, Replaced Radiator 2 weeks ago old one had a small crack Large Gas Tank & Good on Gas, Easy To Drive and Park, Great A/C to keep you cool in this hot summer weather please feel To call me Any Time! I'm free on Friday & Saturdays but I get off of work at 1400 Pm everyday I will be more than happy to let you test drive it sorry I messed up old add. JCI until April 2010 asking $1200 OBO Please call 080-3726-3269 or email aaronleelewis@hotmail.com

Motorcycles 164

Atsugi- 93 Harley Davidson Dyna wide glide 1340cc has big bore kit, drag. Pipes, Mikuni racing carb, forks have been raked out, custom paint, fwrd. Controls asking $9500 obo. Call 08058695453 Spicer.

Yokota - Harley Davidson 2006 Sportster, Custom XL1200C. Check it. Chromed 1200cc Evolution engine, gloss black 4.5 gal tank, Le Para solo "Silhouette" seat (very sexy), Vance & Hines "Sideshots" chrome half pipes (it's kinda loud), OEM security system, chrome pull-back riser. For extra pump... DynoJet "Thunderslide" modified carburetor and "Screamin' Eagle High-Flow" modified air intake installed. Odometer: 2,500 miles, fresh tires, meticulously maintained, super fun to ride... awesome to cruise on! Trust me, this bike screams. Call me any time: 080-6683-7306, let's talk. I'm at Yokota. Note: both original HD duel seat and duel factory pipes come with purchase.

Yokota, Japan - 1998 Suzuki TL1000R (Red) Flush mounted turn signals, "NEW rear tire and under tail". JCI until Nov. 09, asking $4500 Call Mike for details: 080-5465-9444 macatak33@yahoo.com

Yokota, Japan - 2000 Honda X-11 Nice motorcycle 1100 cc, new battery plenty of power. Need to sell. JCI until Oct. 2010 asking $3900 OBO Please call 210-547-9936 or email samuelengler@hotmail.com

Yokota, Japan - 2003 Aprilia RSV 1000 Great Italian street bike. Bought brand new in 2007. Less than 2000KM! Six Speed Gear Box, 1000cc Rotax V-Twin engine, On-board computer with lap timer, averageg speed, max speed, battery indicator, 2 trip odometers, etc. All original manuals and paperwork included. Bike Barn is available to buyer. JCI until May 2010 Asking $ 7500 Call or email for more info 080-3522-3020

Motorcycles 164

Yokota, Japan - Honda CBR 600 RR- 2003- Excellent Condition!-Oil, Oil Filter, Air Filter, Spark Plugs all changed on 20 Jun 09! -Tires Pilot Power 2CT-New Tires on 2-Jun-09 -Custom Painted Black Swing arm/Tail Moriake Rear sets (chrome) -Stock passenger sets (Chrome dipped) -Stock Clutch lever/Brake Lever (Chrome Dipped) -Yoshimura Exhaust - Chrome Wind Screen -Corbin Main Seat -Custom Graphics. JCI until Jan. 09 asking $7000 Call 080-3739-9126 or email nota824682@yahoo.com

Yokota, Japan - Suzuki GSX-R 750 Bike has low miles on it. Bunch of upgrades. Can be taken back to the states. Call 0805-0800-412 if interested. JCI until Jan. 2011 asking $5500 Call 973-474-2603 or email s_cenov@yahoo.com

Auto Parts 180

Yokosuka - RB25DET for sale. 53,000 kms comes with ecu and wiring. Sold my skyline so don`t need the spare motor anymore. $600. Will come with a 5 speed r33 transmission for $800. Call Chuck at 090 3692 4470.

Yokosuka- RB25DET for sale. 53000kms. Metal head gasket. Was going into a project car but have since sold car so no longer need engine. $600, includes ecu and wiring harness. $800 comes with 5 speed transmission gearbox, which is available separately for $400 obo. Also Garrett journal bearing turbocharger for skyline. Hi flowed, metal compressor wheel. Bought it but never got a chance to install. $350, GTR 444cc injectors x6. $100, Oil cooler for rb/sr-possibly greddy. $300 obo. Contact Chuck @ 090 3692 4470

Yokota, Japan - New 7" Touch screen DVD radio Double Din radio that can play DVD/CD/VCD/MP3/MP4/DIVX. Radio accepts USB/Bluetooth/SDHC cards/IPod. There are video out cables for extra monitors, Comes with remote. More info in the picture asking $215 please call 301-638-9933

Baby Items 200

Coach Diaper/Laptop Messenger Bag - New, with tags, Signature C's design, brown canvas / tan leather, comes with changing pad too. Asking $200.00/OBO. Contact: aaronandkristen@gmail.com

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STRIPES CLASSIFIED

Baby Items 200

Atsugi - Delta 5 in 1 crib. Light wood color. Casters, adjustable base and side bars which lock into place. Excellent condition, $55. Matching dresser available if needed, $55. Lightning McQueen toddler bed. Excellent condition, $50. Rocking horse. Fur covered. Makes horse sounds. Excellent condition, $40. Radio flyer trike with sun canopy. Allows adult to steer but handle can be removed also. Bought for $99 selling for $40. Call 264-7973 or email ukandusa@hotmail.com.

Bicycles 220

Yokota, Japan - Giant Mountain Bike Giant Rock 3 mountain bike. Please see the photo. Frame size is medium. This bike has only been used one time and has been kept inside when not in use. The only reason I'm selling is because I realized I need a bigger frame. If you are 5'10" or less this bike is for you. It's an amazing bike. I just didn't do my homework before I bought it. Asking $400 Please call 646-381-0021 or email nick_rocco@hotmail.com

Clothing 320

Misawa, Japan - 2 Fur Coats For Sale: 2 Ladies Medium Sized Fur Coats. One is a Black Belgium Long Haired Mink length hangs to mid thigh. One is a White Arctic Fox length hangs to waist. Both are 100% fur paid over $2400.00. Asking $800.00 for both. Please email christopher.barnett.ctr@misawa.af.mil

Yokota, Japan - Huge bag w/ older boy clothes & shoes my son just filled a huge bag w/ clothes & shoes. Clothes are mainly sizes 12/14 & a few 14/16 (S, M, L, and XL). There are a few pairs of Jeans that are brand new. There are Nike Sets, P.J's, shirts, shorts, and more. The shoes are Youth size 6-There are Nike's, Van's, and more (these shoes are for a "boy", however, my daughter also wore some of them). This whole bag is priced to sell now. $25 for ALL (I also have an ad on Yokota Ads for huge, heavy bags of girl clothes & woman's clothes). Please call if you have any questions. We have to downsize now! Please Call 916-473-4488

Yokota, Japan - Large shirts I have 5 shirts that I ordered from Pac sun. I ordered the wrong size. There is 1 billabong, 1 famous Stars and straps, 1 Hurley, and 2 Zoo York. They have never been worn and still have the tags on them. Asking $15 each you can call me at home 858-368-6861 or my cell 080-4053-9239. Thanks.

Computers 360

Yokota, Japan - 13" apple mac book cover must sell--absolutely nothing wrong w/ it--my son just changed the color & no longer needs this one. Very simple to keep clean--great way to protect your 13" mac book from scratches, etc, while adding color. This is a 13" mac book hard shell see-thru cover--red in color--by speck. We paid $50 for this. My son is only asking $10. Please call 916-473-4488

Computers 360

Yokota, Japan - Brand New -HP Slim line S3750T "Mini-Desktop" PC Complete Home Entertainment PC in a Small Footprint "Still Factory Sealed - Dimensions (13.89"(L) x 4.21"(W) x 10.87"(H) or 105 x 340 x 275 mm)". Intel Core 2 Duo Proc (E7400-2.8GHz), 4 GB DDR2-800 MHz SDRAM (2 DIMMs), 256MB NVIDIA GE-FORCE 9300 & "Dual TV Tuner", 640GB 7200RPM SATA 3GB/S Hard Drive, "BLU-RAY WRITER & Light Scribe Super Multi-DVD Drive, Wireless G LAN Card, 15-in-1 Memory Card Reader, POCKET MEDIA BAY, 2 USB, Head Phone Port, Integrated 5.1 Channel Out with Front Audio Ports, HP Keyboard & HP Optical Mouse, Genuine Microsoft Windows VISTA Home Premium 64-Bit Operating System, Microsoft Works 9.0. Asking $850 OBO Please call 225-9454 or email russell.zimmer@yokota.af.mil

Yokota, Japan - Custom computer selling as whole for parts or whatever, not built for a gaming computer but still fast. Complete minus hard drives asking $100 Please email meangreenparts@yahoo.com

Yokota, Japan - Japan GPS JR Road Portable Navigation System Windows powered, English GPS Navigation System for use in Japan. Searches by Address, Station, Markin Points, Points of Interest, Phone Number, & Map Code (English, Japanese, Chinese Capability) 4" LCD Screen with touch panel & speaker Paid $500 asking $450 Please call 210-547-9918 or email thepamperedstamper4u@yahoo.com

Yokota, Japan - Sony Vaio Desk Top 1 year old Desk top. Wireless Modem built into screen. Comes with brand new keyboard and mouse 22inch screen with built in web cam. Processor: Genuine Intel CPU T2080@1.73GHZ 1.73GHZ Memory: 3.00 GB RAM System type: 32-bit Operating System Asking $1000 Please call Cynthia 1-773-634-7758 or email cmfrith28@yahoo.com

Yokota, Japan - The Sims 2 I have the Sims 2 and 9 expansions packs. I don't play anymore. Asking $10 each Call 858-368-6861 or email j1d9m@yahoo.com

Yokota, Japan - x1185 all in one center complete with install CD. Works with XP, Asking $100 Please email meangreenparts@yahoo.com

Furniture 510

Atsugi - Black leather like recliner with ottoman. Excellent condition, $50. Call 264-7973 or email ukandusa@hotmail.com.

Atsugi - Sandy/cream leather Loveseat and two matching chairs from Italy. In good condition. Asking: 300.00 USD or best offer. Contact: Emanuela at 264-7802 or 08036018265.

Yokota, Japan - Desk for Sale Just PCS'd in and got my TMO so my desk is apart. Asking $50 email unevolvd08@live.com home or call 646-3810-011 cell phone: 080-3414-6251

Furniture 510

Yokota, Japan - Leather sectional couch must go! Leather Couch needs to go before move. Asking price is flexible as long as you can transport it out of tower unit. Each piece can fit in the back of an empty van. Three pieces, great quality. Asking $150 OBO Call 323-786-7989 or email acerainey@yahoo.com for more information

Yokota, Japan - Sofa and love seat warning: You could become very lazy. Clean and in good shape I'm going on another PCS'ing soon, so decided to try and sell them before I leave. If not I'll put in storage. 080-3720-0665-ask for F. Call 080-3720-0665 or email fhwampner@hotmail.com

Furniture/Appliances 511

Yokota, Japan - 2 practically new Gibson Air conditioners only used for a few days. Bought from BXtra for $88.00 asking $65 OBO, selling because they are no longer needed willing to deliver free! Thanks a lot. Please call 9164734539 or email theunstated@gmail.com

Yokota, Japan - Honeywell Quiet Care 17000 Air Cleaner this is for the unit only. It needs the refill filter $49.95 sold at the BX and carbon filter. Asking 20 OBO Call (323)338-7553 or email mdfisherman@hotmail.com

Yokota, Japan - Kenmore Freezer Due to PCS'ing, I am selling our chest freezer. This is great for a family. Works great, we use it every day. Asking $75 OBO email or call Jane at 225-7522

Yokota - Kenmore Washer and Dryer for $325! PCS'ing back to the states? Buy a washer and dryer here and have TMO ship it for you. Both are in awesome shape. I did short tour before here and I forgot I had them in my HHGs. My apartment has a Japanese Washer/Dryer already installed. Call me at 090-4227-5269 or email me at brandon.chamberlain@yokota.af.mil

Household Items 560

Atsugi - Framed art: Medium size Oil painting from Europe "Sea view with window," 200.00 USD. Contact: Emanuela at 264-7802 or 08036018265

Yokota, Japan - Lots of different kitchen items--must go now brand new-Blue color-hard plastic SET OF 6 plates, 6 hand cups, 6-forks, 6-spoons, 6-knives, Pour-All Pitcher, 4-cups.-$15 brand new-Le Creset Enameled Stoneware Lasagna sized Baking Pan- bed, bath,& beyond bought on. Kiwi color Paid $65.Asking $25 OXO set Includes: Large Fruit/Salad Spinner, Soft Handled set of 7 measuring cups w/ egg yolk separate, set of 6 measuring spoons all matching. Paid over $45.Asking$12.50 Tupperware Beverage Dispensers w/ Spout in front-$8.50 each (HAVE 2) - Small Storage Container-$2.50 Please call 916-473-4488

Yokota, Japan - Toy box has a blue lid and tan/white. Like 3ftx2ft asking $20. Please email meangreenparts@yahoo.com

Household Items 560

Yokota, Japan - 4th of July items /Kitchen items /more downsizing now must sell. Absolutely nothing wrong w/ anything. Most of the items I forgot I had, & never used. My loss, your gain these items are all perfect if you plan on having company over for 4th of July celebrations, or any gatherings/BBQ's in the future. 1) Large bag filled w/ misc. 4th of July items (one is a Flag that waves & plays diff. music), flickering candle-can be used as nightlight too, Hallmark ornaments, Halloween decor (not scary). Window clings that say "happy birthday", & much, much more. Whole bag-$10.00 2) huge, heavy bag filled w/ misc. kitchen items-most are still brand new-this would be perfect for this weekend-to many items to list-name brands too. Huge bag - $35 please call Angela 916-473-4488

Yokota, Japan - Really nice full/Queen bedding set must sell now! No reasonable offer refused. This set is really nice, no bold/wild prints or anything. It has soft, natural, neutral colors (browns, light browns, accent light blue). Can match just about any decor I took everything to the cleaners!! Everything you need for bedding set, & plenty of extras. I paid about $600 for this set. I was hoping to get $160 (willing to accept payments if need be), or best offer. It's all sitting here, in org. bags, ready to go. Please call if you'd like to see it all in person. There is a lot! So sorry, I do not have pictures as everything is in the bags now, ready to go. This really is a nice set. Must go now please call 916-473-4488

Yokota, Japan - Small / Medium size Sewing Box & MORE Small to Medium Size Sewing Box. The base is purple in color w/ a clear lid. Inside, there is a magnetic place to hold needles, storage on side. You can lift that area up for more storage underneath. There's also an area to hold plenty of thread-this also lifts up for tons of storage underneath. Asking $5.00 if not home, please leave a message. Thank you. p.s. if you do other craft products, I have a craft cutter as well, exc. shape-$10 (this is also great for scrapbooking, cutting paper/pictures, ETC.) Price to go now please Angela 916-473-4488

Yokota, Japan - Toy box 3 1/2ft by 3ft plastic toy chest. Tan with blue top (removable) $30. Also I have PS1 Wii games and stuff I have a good old fashion PS1 with all kind as games controllers n such. Asking $100 Please email Ben meangreenparts@yahoo.com

Yokota, Japan - Wanted Tower Curtains Please I want to get some curtains for the sliding doors in a tower apartment, without paying so much. If you have any you would like to get rid of, PLEASE call or email. Thanks! Please call 801-983-0672

Home Electronics 570

Yokota, Japan - Like New AVOL 21" TV (ACT2100HN) TV has NTSC and ATSC tuners and is dual voltage. Has rear A/V and coaxial inputs. Comes with remote. More info on the picture, asking $120 Please call 301-638-9933

Home Electronics 570

Yokota, Japan - 37" LCD TV & Bose System Package First off this is a great deal, were selling for about half off of what we paid. 37" RCA LCD TV SRS, sound Great condition about a year old. We bought in the states for $800 Bose 2 speaker & Subwoofer Bought at the BX for $500. 720-257-6786 or skip592@hotmail.com $700 OBO for both or $350 a piece

Yokota, Japan - Looking for 42" or bigger LCD/Plasma TV: Looking for a second hand LCD/Plasma TV 42" or bigger, if you have one for sale please let me know. Please call 080-5098-8728

Yokota, Japan - Nintendo Wii, NIB Signed by Jared - The Subway Guy Nintendo Wii, brand new in box. Box autographed by Jared Fogel (aka "The Subway Guy"). Items in box have been inventoried. Comes with Wii Sports $225 OBO Also for sale! Nintendo Wii Fit - New in Box $75 will sell both together for $290 you can also call 229-375-5570

Yokota, Japan - Nintendo Wii Package - Like New - Includes Games! Like NEW - Includes Wii Sports. Love the Wii, but I do not have nearly enough time to enjoy it! Includes original packaging and Wii Sports $175 and it's all yours! Please call 813-200-9377 or email juddbean@gmail.com. Thank you and make it a great day!

Yokota, Japan - Play station 2. It comes with everything and it works great. Asking $50 if you are interested in buying it, please give me a call 080-3730-8811 Ask for Star or email hewianavywife80@gmail.com

Jewelry 610

Yokota, Japan - Sterling - Twisted Sterling Sliver bracelet and earrings with sky blue Cats Eye beads. Bracelet is designed with Sterling memory threads so it contours to the shape of your wrist. Originally bought for $49.99 but I outgrew the dress I use to wear it with. Asking $25 Please call Sarah 903-386-0550

Outdoor Living 775

Yokota, Japan - Fence for Sale - Must Sell! 2-yr-old cedar fence -55 linear feet including Tori Gate excellent condition! Asking $300 Contact me at eacd@mac.com or 090-3961-9777 or 1-407-373-1352

Yokota, Japan - Lawnmower for Sale Murray 22" 4.5 hp Quantum, Mulches, Self-propelled throttle-free design. Lawnmower is 3 years old. Orig. price $349 asking $75. Please call 214-261-6361 or email mneeley@armed-svc.com

Yokota, Japan - MUST SELL NOW! $1000 Fence for $150-must PCS! 2-yr-old cedar fence -- 55 linear feet including Tori Gate. Excellent condition! 2-yr-old cedar fence -- 55 linear feet including Tori Gate. Excellent condition! Contact me at eacd@mac.com or 090-3961-9777 or 1-407-373-1352

PCS Sale 780

Yokota, Japan - PCS SALE - Multiple house items for sale curtains - fit off base windows, 2 panels per set, 12 different sets, 85cm long X 110cm wide per panel up to 254 cm long X 100cm wide per panel, neutral colors-outstanding condition! Set of 3 recycle bins, handles, lids, 33 liters each. Full size sateen sheet set, 100% cotton, 300 thread count, in package--never opened, color sage. Vicks brand humidifier Adjustable shelves, holds 30kg, 63cm X up to 93 cm over washer/utility adjustable shelving unit. Outdoor water hose, on reel 30 meters have more pictures upon request. Please email mail4merlot@yahoo.com

Pets 820

Misawa, Japan - Free dog (Shiba): I'm looking for a good home for my dog, Sam. he is Shiba, loving, cuddly, and cute. He is great with kids and other pets. Please email sarah.golloway@misawa.af.mil

Yokota, Japan - 2 Ferrets brother and sister they have their shot records. They come with cage food litter and lots of other stuff. They are fixed and dissented. They range from 180-300 each off post. We need to get rid of them due to friends kids are allergic. Call Jon or Deb at 267-6601 or 090-6560-0442 asking $200

Yokota, Japan - A cute/well behaved dog for FREE I have a poodle mix puppy (about 10 months old) for free to a good home. He is energetic and fun, but he is well trained so he knows his limits. At the moment he is puppy pad trained, but he would be easy to train to go outside. He comes with everything we have for him, lots of toys, a kennel, 2 bags of food, clothes, bowls etc. He has all of his shots and he is fixed. We love him very much and he is very smart. We are only getting rid of him because we're not supposed to have a dog and we shouldn't have bought him in the first place. That is the only reason. Call me anytime and we can meet so you can meet him. If we're not home leave a message. Please call 407-373-1380

Yokota, Japan - Diamond watchman goby 2inch saltwater fish $10, Maroon yellow stripe clown fish 1.5 inch saltwater fish $15 Call (323)338-7553 or email mdfisherman@hotmail.com

Yokota, Japan - FREE ferrets and all their stuff we are at Camp Zama and we have brother and sister ferrets. Very fun pets to have. They love to play but sleep a lot. The male is very loving and lazy. The female is smart and fun to watch play. They are very easy to care for and only need baths once a month or so. They have birth certificates and shot records are up to date. They have been neutered and musk glands removed. They come with cage, food, litter, toys and lots of other stuff. They range from 180-500 each off post now. We need to get rid of them ASAP . One of the kids I watch is allergic and so is the wife of the couple that just took them yesterday. PLEASE call Jon or Deb at SHA home phone 267-6601 or 09065600442 or 09091026148

Religious Activities 871

BISHOP PHIL Ordained Christian Reader and Advisor
READINGS by phone – Past, Present and Future

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+1-561-951-3200
Bishopphil01@hotmail.com
PUJA AND KARMA OFFERINGS

Pets 820

Yokota, Japan - Male Blue Min pin for sale great with kids. We just don't have time for him. A year old very good family dog Asking $700 OBO Call 813-200-9345 or email little_meany_babe@yahoo.com

Zama - Long Haired Chihuahua puppy. Cream and white female. Born on June 25th, she'll be ready to go to her new home at 8 weeks old on August 13th. Email 458winmag@gmail.com for pictures. Call 080-3540-6107. $500/obo. She's on Zama, but delivery can be arranged to Atsugi, Yokota, Yokosuka.

Zama - Shiba Inu puppy for sale! He is 7 weeks old and comes with everything, Kennel, Leash, Food bowl, Shampoo, Brush and Food. He is very sweet, we have to give him away due to allergies. Asking $ 350 OBO Call Stephen DSN# 267-6101, CELL 08058798314 or by email: palmer_mia@yahoo.com

Pet Accessories 822

Yokota - For Sale - Large Dog Kennel 39x30x22. $35. If interested please call 763-354-3551 and ask for Mike.

Photography 830

Yokota, Japan - Casio Exilim 8.1 MP Digital Camera Features of Casio EXS880RD: 8.1 Mega Pixels, 2.8 In. LCD Display, EXILIM Engine 2.0 image processing module, Anti-Shake DSP Direct Print Capable, Rapid Flash function, 190 shots on a full charge, Face Recognition Technology, 1.0 Second Enhanced Quick Responsiveness, Data Storage Function, 10.8MB Built-in and SD/SDHC/MMC Expandable Memory, Ultra Flat Design Constructed from Stainless Steel, Innovative H.264 Movies, YouTube Capture Mode, 3 x Optical Zoom / 4 x Digital Zoom, Weight: 4.5 Oz Asking $100 Please Call 1-214-261-6424 or email sbriggs1985@yahoo.comph

Yokota, Japan - Light blue Canon Camera-Easy 2 use-10m.p. My daughter is selling her light blue canon camera. There's absolutely nothing wrong w/ it. We kept the orig. box, paperwork, etc. the SD card that came w/ the camera is still sealed up-brand new w/ case. Plus, we are also going to include another SD card1 GB. Very simple to use! 10 mega pixels, 4x optical zoom, optical image stabilizer, large LCD screen, face detection, digital III, red eye correction, movie features, easy mode, and many more great features. She is only asking $100 for this. if not home, please leave message 916-473-4488 thank you. Must Go Now!

Homes/Apts for Rent - US 866

Cherry Point 3 BR/2 BA newer Home for Rent. 1/2 acre lot on quiet cul-de-sac, $1250/Month in New Bern, NC (20 min to MCAS). Contact karipearson@juno.com for pix and info.

House for RENT Ft Meade area-4bdrm,3bthrm,3car grg,fenced yrd,gardner included. call 410-627-4013.

Sporting Goods 980

Atsugi - Rossi axiom skis with bindings. Size 150. Red and white in color. Like new $70. Technica ladies ski boots. Size 24 fits a size 6-8. Silver/gray in color. Like new $50. Red K2 5 speed ski poles. $20. Volant ski bag. Great condition $25. Call 264-7973 or email ukandusa@hotmail.com.

Yokota, Japan - GAZELLE EDGE With your Gazelle Edge, you'll use the muscles of both your upper and lower body in an easy gliding motion to burn calories, firm muscles and improve your cardiovascular endurance. Ideal for all fitness levels, the Gazelle's unsurpassed range of motions lets you go from a slow walk to a full run with no sudden stops. You can achieve a challenging aerobic workout without sacrificing your knees due to its low impact nature. Asking $20 Call 1-904-229-0534

Miscellaneous 1040

Yokota, Japan - Jon & Kate plus Eight - DVD - Seasons 1, 2, un Like new Jon & Kate plus 8 Seasons 1 & 2, and Season 3 DVD packages! These cost about $25/each new. Get it here for half-price! Asking $25 for all 3 seasons! Please call 813-200-9377 or email juddbean@gmail.com. Thanks and make it a great day!

Yokota, Japan - MUST GO NOW-DVD movies & Music CD's DVD movies--$3.50 each Fantastic 4-PART 1 Fantastic 4--Rise of the Silver Surfer-PART 2, Barbie and the Nutcracker, Iron Man, We Were Soldiers, No Reservations, First Daughter, Akeelah and the Bee, Ladder 49, The Patriot, Extended Cut, new release-Storm Cell Please call 916-473-4488

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SCOREBOARD

Sports on AFN

Tuesday

AFN-Sports, 8 a.m.—MLB: L.A. Dodgers at St. Louis.
AFN-Xtra, 8 a.m.—MLB: Kansas City at Baltimore.
AFN-Xtra, 11 a.m.—MLB: Cleveland at L.A. Angels.
AFN-Sports, 4 p.m.—MLB: N.Y. Yankees at Tampa Bay (dld).
AFN-Sports, 11 p.m.—MLB: L.A. Dodgers at St. Louis (dld).

Wednesday

AFN-Sports, 8 a.m.—MLB: Colorado at N.Y. Mets.
AFN-Xtra, 8:30 a.m.—WNBA: Phoenix at Connecticut.
AFN-Xtra, 11 a.m.—MLB: Toronto at Seattle.
AFN-Sports, 4 p.m.—MLB: Atlanta at Florida (dld).
AFN-Sports, 10 p.m.—MLB: Pittsburgh at San Francisco (dld).

Thursday

AFN-Sports, 3 a.m.—MLB: Houston at Chicago Cubs.
AFN-Sports, 8 a.m.—MLB: N.Y. Yankees at Tampa Bay.
AFN-Xtra, 10:30 a.m.—MLS: All-Star Game, Everton vs. MLS All-Stars.
AFN-Sports, 4 p.m.—MLB: Oakland at Boston (dld).
AFN-Sports, 9 p.m.—MLB: Chicago White Sox at Minnesota (dld).

All times are Japan and Korea Standard; (dld) indicates delayed broadcast. All listings are subject to change. Visit www.myafn.net for more information.

Deals

Sunday's transactions

BASEBALL
American League
CLEVELAND INDIANS—Acquired RHP Jess Todd from St. Louis to complete an earlier trade and assigned him to Columbus (IL).
NEW YORK YANKEES—Placed OF Brett Gardner on the 15-day DL. Recalled RHP Jonathan Albaladejo from Scranton/Wilkes-Barre (IL).
SEATTLE MARINERS—Placed LHP Erik Bedard on the 15-day DL. Recalled LHP Jason Vargas from Tacoma (PCL).
National League
CINCINNATI REDS—Placed RHP Jared Burton on the 15-day DL, retroactive to July 25. Recalled RHP Josh Roenicke from Louisville (IL).
FLORIDA MARLINS—Activated RHP Chris LeRoux from the 15-day DL and optioned him to Jacksonville (SL).
ST. LOUIS CARDINALS—Recalled RHP Blake Hawksworth from Memphis (PCL). Optioned RHP Josh Kinney to Memphis.
FOOTBALL
National Football League
BALTIMORE RAVENS—WR Drew Bennett announced his retirement.
BUFFALO BILLS—Signed G Andy Levitre to a four-year contract.
CLEVELAND BROWNS—Signed LB David Veikune. Waived WR Devale Ellis.
DENVER BRONCOS—Signed DB Alphonso Smith, S Darcel McBath, S David Bruton and QB Tom Brandstater.
HOCKEY
National Hockey League
TAMPA BAY LIGHTNING—Signed D Matt Smaby to a two-year contract.
COLLEGE
WASHINGTON—Named Lindsay Meggs baseball coach.

Boxing

Fight schedule

July 31
At Johannesburg, South Africa, Mzonke Fana, South Africa, vs. Jasper Seroka, South Africa, 12, IBF junior lightweight eliminator.
At Seminole Hard Rock Hotel and Casino, Hollywood, Fla., Julio Diaz, Coachella, Calif., vs. Victor Manuel Cayo, Dominican Republic, 10, lightweights; Chazz Witherspoon, Paulsboro, N.J., vs. Carl Davis Drumond, Costa Rica, 10, heavyweights.
At Temecula, Calif., Marvin Quintero, Mexico, vs. Tyrone Harris, Lansing, Mich., 10, junior lightweights.
Aug. 1
At Agua Caliente Casino, Rancho Mirage, Calif., Timothy Bradley, Palm Springs, Calif., vs. Nate Campbell, Jacksonville, Fla., 12, for Bradley's WBO super lightweight title; Devon Alexander, St. Louis, vs. Junior Witter, England, 12, for the vacant WBC super lightweight title.
Aug. 7
At Buffalo Bill's Star Arena, Primm, Nev., Alfredo Angulo, Coachella, Calif., vs. Gabriel Rosado, Philadelphia, 10, junior middleweights.
Aug. 8
At Cordoba, Argentina, Jorge Rodrigo Barrios, Argentina, vs. Moises Castro, Nicaragua, 10, lightweights; Marcos Hector Vergara, Argentina, vs. Luis Alberto Arrieta, Argentina, 10, light middleweights; Israel Hector Enrique Perez, Argentina, vs. Jhonny Antequera, Venezuela, 10, super featherweights.
Sept. 5
At Nuevo Vallarta, Mexico, Julio Cesar Chavez Jr., Mexico, vs. Jason LeHoullier, Portland, Me., 10, super welterweights.

Auto racing

All-State 400 at The Brickyard

NASCAR Sprint Cup Series
Sunday
At Indianapolis Motor Speedway
Indianapolis
Lap length: 2.5 miles
(Start position in parentheses)

1. (16) Jimmie Johnson, Chevrolet, 160 laps, 128 rating, 190 points, $448,001.
2. (1) Mark Martin, Chevrolet, 160, 128.9, 175, $336,350.
3. (7) Tony Stewart, Chevrolet, 160, 114, 170, $314,573.
4. (12) Greg Biffle, Ford, 160, 108.4, 160, $282,000.
5. (6) Brian Vickers, Toyota, 160, 114.4, 160, $256,548.
6. (19) Kevin Harvick, Chevrolet, 160, 94.3, 150, $246,253.
7. (8) Kasey Kahne, Dodge, 160, 98.6, 146, $234,548.
8. (5) David Reutimann, Toyota, 160, 98.8, 142, $220,848.
9. (22) Jeff Gordon, Chevrolet, 160, 91.1, 138, $222,376.
10. (25) Matt Kenseth, Ford, 160, 80.8, 134, $225,065.
11. (2) Juan Pablo Montoya, Chevrolet, 160, 131.7, 140, $224,048.
12. (18) Joey Logano, Toyota, 160, 79, 127, $216,101.
13. (9) Reed Sorenson, Dodge, 160, 85.1, 124, $202,851.
14. (17) Ryan Newman, Chevrolet, 160, 80.4, 121, $190,979.
15. (41) Carl Edwards, Ford, 160, 70.7, 118, $209,406.
16. (21) David Stremme, Dodge, 160, 70.6, 115, $194,290.
17. (13) Martin Truex Jr., Chevrolet, 160, 69.8, 112, $195,115.
18. (10) Clint Bowyer, Chevrolet, 160, 81.1, 109, $167,025.
19. (27) Casey Mears, Chevrolet, 160, 63.8, 111, $177,525.
20. (33) AJ Allmendinger, Dodge, 160, 61.9, 103, $158,675.
21. (24) Jamie McMurray, Ford, 160, 57, 100, $164,125.
22. (11) Marcos Ambrose, Toyota, 160, 67.7, 97, $169,248.
23. (31) Bobby Labonte, Ford, 160, 53.3, 94, $182,454.
24. (29) David Ragan, Ford, 160, 56.2, 91, $160,425.
25. (38) Jeff Burton, Chevrolet, 159, 63.5, 88, $195,731.
26. (4) Bill Elliott, Ford, 159, 79.7, 85, $148,625.
27. (40) Kurt Busch, Dodge, 159, 51.7, 82, $164,375.
28. (32) Robby Gordon, Toyota, 159, 48.4, 79, $167,135.
29. (28) Paul Menard, Ford, 158, 41.2, 76, $177,781.
30. (37) David Gilliland, Chevrolet, 158, 41.9, 78, $144,850.
31. (26) Scott Speed, Toyota, 157, 42.1, 70, $155,898.
32. (35) John Andretti, Chevrolet, 156, 38.1, 67, $152,325.
33. (43) Terry Labonte, Toyota, 154, 33.5, 64, $144,025.
34. (14) Denny Hamlin, Toyota, 144, 69.6, 61, $160,775.
35. (23) Michael Waltrip, Toyota, engine, 139, 47, 58, $150,525.
36. (3) Dale Earnhardt Jr., Chevrolet, engine, 127, 85.5, 55, $162,925.
37. (15) Sam Hornish Jr., Dodge, 118, 62.4, 52, $161,110.
38. (20) Kyle Busch, Toyota, 112, 68.5, 49, $190,048.
39. (36) Regan Smith, Chevrolet, 108, 27.1, 46, $142,125.
40. (42) Elliott Sadler, Dodge, 45, 27, 43, $150,050.
41. (39) Mike Skinner, Toyota, transmission, 35, 27.9, 40, $141,925.
42. (34) Dave Blaney, Toyota, brakes, 23, 30.8, 37, $141,825.
43. (30) Joe Nemechek, Toyota, brakes, 21, 30.4, 34, $142,216.

Race Statistics
Average Speed of Race Winner: 145.882 mph.
Time of Race: 2 hours, 44 minutes, 31 seconds.
Margin of Victory: 0.400 seconds.
Caution Flags: 3 for 14 laps.
Lead Changes: 9 among 7 drivers.
Lap Leaders: M.Martin 1-4; J.Montoya 5-30; T.Stewart 31-32; D.Gilliland 33; J.Montoya 34-92; C.Mears 93; J.Montoya 94-124; B.Vickers 125-126; M.Martin 127-136; J.Johnson 137-160.
Leaders Summary (Driver, Times Led, Laps Led): J.Montoya, 3 times for 116 laps; J.Johnson, 1 time for 24 laps; M.Martin, 2 times for 14 laps; T.Stewart, 1 time for 2 laps; B.Vickers, 1 time for 2 laps; C.Mears, 1 time for 1 lap; D.Gilliland, 1 time for 1 lap.
Top 12 in Points: 1. T.Stewart, 3,054; 2. J.Johnson, 2,862; 3. J.Gordon, 2,847; 4. Ku.Busch, 2,608; 5. C.Edwards, 2,556; 6. D.Hamlin, 2,518; 7. R.Newman, 2,506; 8. K.Kahne, 2,482; 9. M.Martin, 2,471; 10. J.Montoya, 2,461; 11. G.Biffle, 2,445; 12. M.Kenseth, 2,429.
NASCAR Driver Rating Formula
A maximum of 150 points can be attained in a race.
The formula combines the following categories: Wins, Finishes, Top-15 Finishes, Average Running Position While on Lead Lap, Average Speed Under Green, Fastest Lap, Led Most Laps, Lead-Lap Finish.

Edmonton IndyCar

IRL IndyCar Series
Sunday
At Edmonton City Centre Airport
Edmonton, Alberta
Lap length: 1.97 miles
(Start position in parentheses)

1. (1) Will Power, Dallara-Honda, 95, running.
2. (3) Helio Castroneves, Dallara-Honda, 95, running.
3. (4) Scott Dixon, Dallara-Honda, 95, running.
4. (2) Ryan Briscoe, Dallara-Honda, 95, running.
5. (6) Dario Franchitti, Dallara-Honda, 95, running.
6. (9) Paul Tracy, Dallara-Honda, 95, running.
7. (5) Graham Rahal, Dallara-Honda, 95, running.
8. (15) Justin Wilson, Dallara-Honda, 95, running.
9. (10) Robert Doornbos, Dallara-Honda, 94, running.
10. (18) Marco Andretti, Dallara-Honda, 94, running.
11. (20) Danica Patrick, Dallara-Honda, 94, running.
12. (14) E.J. Viso, Dallara-Honda, 94, running.
13. (17) Alex Tagliani, Dallara-Honda, 94, running.
14. (12) Hideki Mutoh, Dallara-Honda, 94, running.
15. (22) Dan Wheldon, Dallara-Honda, 94, running.
16. (23) Ed Carpenter, Dallara-Honda, 93, running.
17. (21) Ryan Hunter-Reay, Dallara-Honda, 87, running.
18. (8) Raphael Matos, Dallara-Honda, 85, running.
19. (16) Tomas Scheckter, Dallara-Honda, 73, contact.
20. (11) Mike Conway, Dallara-Honda, 63, running.
21. (13) Tony Kanaan, Dallara-Honda, 34, pit fire.
22. (19) Richard Antinucci, Dallara-Honda, 20, mechanical.
23. (7) Mario Moraes, Dallara-Honda, 0, contact.

Race Statistics
Winner's average speed: 109.497 mph.
Time of race: 1:42:42.3773.
Margin of victory: Under caution.
Cautions: 1 flag for 2 laps.
Lead changes: 5 among 4 drivers.
Lap leaders: Power 1-32, Castroneves 33-34, Power 35-62, Briscoe 63, Dixon 64-65, Power 66-95.
Point Standings
1. Dixon 380. 2. Franchitti 377. 3. Briscoe 366. 4. Castroneves 309. 5. Patrick 285. 6. Andretti 259. 7. Wheldon 255. 8. Wilson 241. 9. Kanaan 239. 10. Rahal 235.

AP sportlight

July 29
1956 — Cathy Cornelius wins a playoff over Barbara McIntyre to win the U.S. Women's Open.
1996 — Record-setting sprinter Michael Johnson sweeps to victory in an Olympic 400-meter record 43.49 seconds, while Carl Lewis leaps into history in Atlanta. Lewis' long jump of 27-10 earns him his ninth gold medal, equaling the American mark held by swimmer Mark Spitz.

TANK MCNAMARA

Soccer

CONCACAF Gold Cup

SEMIFINALS
Thursday, July 23
At Chicago
United States 2, Honduras 0
Mexico 1, Costa Rica 1, Mexico won 5-3 on penalty kicks
CHAMPIONSHIP
Sunday, July 26
At East Rutherford, N.J.
Mexico 5, United States 0

MLS

Eastern Conference	W	L	T	Pts	GF	GA
Columbus	7	3	9	30	28	24
Chicago	7	3	8	29	25	20
D.C.	6	3	10	28	31	28
Toronto FC	7	7	5	26	27	30
New England	6	5	5	23	18	21
Kansas City	5	6	6	21	20	19
New York	2	15	4	10	16	37
Western Conference	**W**	**L**	**T**	**Pts**	**GF**	**GA**
Houston	9	5	5	32	23	14
Seattle	7	3	8	29	26	16
Los Angeles	6	3	10	28	23	20
Colorado	7	5	6	27	28	23
Chivas USA	8	6	3	27	19	15
Real Salt Lake	6	7	5	23	28	23
FC Dallas	4	9	5	17	22	30
San Jose	3	10	5	14	21	35

NOTE: Three points for victory, one point for tie.
Saturday's games
Seattle FC 0, Chicago 0, tie
Columbus 3, Toronto FC 2
New England 1, Houston 0
Kansas City 1, Los Angeles 1, tie
Colorado 4, New York 0
San Jose 2, D.C. United 2, tie
Wednesday, July 29
Everton at MLS All-Stars
Saturday, Aug. 1
Toronto FC at New England
Real Salt Lake at Chicago
D.C. United at Houston
Kansas City at FC Dallas
Columbus at Colorado
Sunday, Aug. 2
Seattle FC at San Jose

WPS

	W	L	T	Pts	GF	GA
Los Angeles	11	2	5	38	24	6
Saint Louis	8	6	3	27	15	14
Boston	7	6	4	25	17	16
Washington	6	6	5	23	26	28
Sky Blue FC	6	7	5	23	16	17
Chicago	4	9	5	17	15	22
FC Gold Pride	3	9	5	14	13	23

NOTE: Three points for victory, one point for tie.
Saturday's game
Boston 0, Sky Blue FC 0, tie
Sunday's games
Washington 3, Chicago 2
Saint Louis 1, FC Gold Pride 1, tie
Wednesday, July 29
Boston at Washington
Saturday, Aug. 1
Washington at FC Gold Pride
Boston at Saint Louis

Pro basketball

WNBA

EASTERN CONFERENCE	W	L	Pct	GB
Indiana	12	4	.750	—
Connecticut	9	6	.600	2½
Washington	9	7	.563	3
Atlanta	8	10	.444	5
Chicago	8	10	.444	5
New York	6	10	.375	6
Detroit	5	9	.357	6
WESTERN CONFERENCE	**W**	**L**	**Pct**	**GB**
Phoenix	13	5	.722	—
Seattle	11	6	.647	1½
Minnesota	10	7	.588	2½
San Antonio	7	8	.467	4½
Los Angeles	4	9	.308	6½
Sacramento	4	15	.211	9½

Saturday's game
West All-Stars 130, East All-Stars 118
Sunday's games
Phoenix 94, New York 88
Washington 87, Sacramento 73
Monday's games
No games scheduled
Tuesday's games
Washington at Indiana
Phoenix at Connecticut
Los Angeles at Minnesota
Seattle at San Antonio

Golf

Canadian Open

PGA Tour
Monday
At Glen Abbey Golf Club
Oakville, Ontario
Purse: $5.1 million
Yardage: 7,253; Par: 72
Completed Third Round

Anthony Kim	69-66-66—201	-15
Retief Goosen	65-69-67—201	-15
Jason Dufner	68-63-70—201	-15
Michael Letzig	69-67-66—202	-14
Bob Estes	67-67-68—202	-14
Nathan Green	68-65-69—202	-14
Scott Verplank	65-67-71—203	-13
Jerry Kelly	65-67-72—204	-12
D.A. Points	68-71-66—205	-11
Jeff Quinney	71-69-65—205	-11
Briny Baird	72-63-70—205	-11
Peter Tomasulo	65-68-72—205	-11
Scott McCarron	68-71-67—206	-10
Webb Simpson	71-68-67—206	-10
Tim Herron	67-68-71—206	-10
Pat Perez	67-67-72—206	-10
Camilo Villegas	63-71-72—206	-10
Dean Wilson	68-70-69—207	-9
Charles Warren	70-68-69—207	-9
Daniel Chopra	70-68-69—207	-9
Mike Weir	71-67-69—207	-9
Kevin Sutherland	68-69-70—207	-9
Joe Durant	65-74-68—207	-9
Leif Olson	68-71-68—207	-9
Scott Sterling	67-68-72—207	-9
Mark Calcavecchia	71-65-71—207	-9
Brandt Snedeker	73-67-67—207	-9
Luke Donald	71-69-67—207	-9
J.B. Holmes	73-67-67—207	-9
John Merrick	70-68-70—208	-8
Billy Mayfair	69-69-70—208	-8
Chris Riley	68-70-70—208	-8
Patrick Sheehan	68-70-70—208	-8
Lee Janzen	68-70-70—208	-8
Mark Wilson	68-71-69—208	-8
Y.E. Yang	69-66-73—208	-8
Kevin Na	63-71-74—208	-8
Darron Stiles	69-71-68—208	-8
Harrison Frazar	68-71-70—209	-7
Stephen Ames	68-69-72—209	-7
Jamie Lovemark	74-66-69—209	-7
Scott Piercy	71-69-69—209	-7
Corey Pavin	68-70-72—210	-6
Jimmy Walker	66-70-74—210	-6
Bryce Molder	71-69-70—210	-6
Chris Baryla	69-71-70—210	-6
Graham Delaet	73-66-72—211	-5
Ken Duke	66-71-74—211	-5
Kevin Streelman	72-68-71—211	-5

Tennis

Slovenia Open

Sunday
At SRC Marina
Portoroz, Slovenia
Purse: $220,000 (Intl.)
Surface: Hard-Outdoor
Singles
Championship
Dinara Safina (1), Russia, def. Sara Errani (5), Italy, 6-7 (5), 6-1, 7-5.

Indianapolis Championships

Sunday
At The Indianapolis Tennis Center
Indianapolis
Purse: $600,000 (WT250)
Surface: Hard-Outdoor
Singles
Championship
Robby Ginepri, United States, def. Sam Querrey (3), United States, 6-2, 6-4.
Doubles
Championship
Ernests Gulbis, Latvia, and Dmitry Tursunov, Russia, def. Ashley Fisher and Jordan Kerr (1), Australia, 6-4, 3-6, 11-9 tiebreak.

Swiss Open

Monday
At Roy Emerson Arena
Gstaad, Switzerland
Purse: $639,000 (WT250)
Surface: Clay-Outdoor
Singles
First Round
Guillermo Garcia-Lopez, Spain, def. Feliciano Lopez (7), Spain, 6-4, 6-7 (4), 6-3.
Teimuraz Gabashvili, Russia, def. Paul Capdeville, Chile, 1-6, 7-6 (3), 6-3.
Igor Andreev (3), Russia, def. Diego Junqueira, Argentina, 7-5, 6-4.
Jan Hernych, Czech Republic, def. Flavio Cipolla, Italy, 6-1, 6-0.
Victor Crivoi, Romania, def. Philipp Kohlschreiber (2), Germany, 6-4, 6-0.
Sunday
First Round
Mikhail Youzhny, Russia, def. Gaston Gaudio, Argentina, 6-3, 5-7, 6-4.
Andreas Beck, Germany, def. Marco Chiudinelli, Switzerland, 4-6, 7-6 (7), 6-4.

Istanbul Cup

Monday
At Sadi Gulcelik Spor Sitesi
Istanbul, Turkey
Purse: $220,000 (Intl.)
Surface: Clay-Outdoor
Singles
First Round
Marta Domachowska, Poland, def. Patricia Mayr, Austria, 1-6, 6-2, 6-0.
Timea Bacsinszky, Switzerland, def. Polona Hercog, Slovenia, 6-2, 6-2.
Aravane Rezai (4), France, def. Viktoriya Kutuzova, Ukraine, 7-6 (3), 6-2.
Pemra Ozgen, Turkey, def. Arantxa Rus, Netherlands, 6-3, 6-7 (2), 6-2.
Olga Govortsova (7), Belarus, def. Tsvetana Pironkova, Bulgaria, 6-2, 5-7, 6-4.
Maria Elena Camerin, Italy, def. Ipek Senoglu, Turkey, 6-0, 6-2.

Broncos moving past drama

By Arnie Stapleton
The Associated Press

ENGLEWOOD, Colo. — An offseason of change and chagrin for the Denver Broncos is about to give way to the team's first training camp in 15 years without Mike Shanahan as coach.

New quarterback Kyle Orton and recalcitrant wide receiver Brandon Marshall were due at Dove Valley with the rookies and rehabbers on Monday, three days before the rest of the squad reports for new coach Josh McDaniels' first training camp.

Shanahan's firing on Dec. 30 set off a stormy offseason that has divided the Broncos' faithful into two camps:

■ Those who welcome Shanahan's two rookie replacements, McDaniels and GM Brian Xanders, as they try to restore the luster to a franchise that has just one playoff victory in a decade.

■ And those who view McDaniels and Xanders as smug thirty-somethings who are in over their heads and hold out little hope for a quick fix.

McDaniels, 33, who tutored Tom Brady and Matt Cassel in New England, has never been a head coach at any level. He got off to a rocky start in Denver when he alienated Pro Bowl quarterback Jay Cutler and eventually traded him to Chicago for Orton and a bevy of draft picks.

The draft, however, brought more fodder for his critics who wondered why he didn't address his front seven on defense more than he did. McDaniels said the talent simply wasn't there, so he used six of his 10 selections on offense, including running back Knowshon Moreno with his top pick.

Fans were stumped when McDaniels traded Denver's first-round pick in 2010 to Seattle to move up and grab defensive back Alphonso Smith — who signed Sunday — in the second round, a move McDaniels insisted wasn't ordered by a cost-conscious ownership.

The Broncos still own the Bears' first-rounder, which they received in the Cutler trade, but detractors quickly blasted the Broncos for not sending Seattle the lesser of the two picks.

"There was a little discussion about that," McDaniels acknowledged. "But we agreed that it could be ours after talking it through with the other team. We felt like, that's OK, we'll roll the dice."

Bloggers had heydays with other moves by McDaniels:

■ Replacing long-snapper Mike "Money" Leach, seemingly the safest of Shanahan's holdovers, with Lonie Paxton of New England for $5.3 million, including a $1 million signing bonus.

■ Hiring his little brother, Ben McDaniels, as one of his assistant coaches.

■ Ditching defensive players such as Dre' Bly and leading tackler Jamie Winborn but keeping Kenny Peterson, whom he played with in high school.

During Shanahan's farewell news conference, the longtime Broncos coach practically begged whoever succeeded him to keep the Broncos' high-octane offense intact. But McDaniels blew it up, along with the dismal defense he inherited.

McDaniels saw a unit that piled up yards but not points, that relied too much on the pass because of a battered backfield and was way too predictable.

Under Orton, he's instilling the intricate New England-style spread offense that changes week to week and doesn't require a cannon arm like Cutler but pinpoint accuracy.

On defense, he switched from a 4-3 to a 3-4 alignment where the fight for starting jobs will be a primary focus of training camp even if there's a lack of big names vying for those positions.

"We've got a lot of big bodies rotating in and out of there, a lot of big bodies and a lot of young guys," McDaniels said. "That to me means we've got a lot of room for improvement."

Mike Groll/AP

Rickey Henderson, left, and Jim Rice hold their plaques after their induction into the Baseball Hall of Fame in Cooperstown, N.Y., Sunday.

Henderson, Rice humbly enter Hall

By John Kekis
The Associated Press

COOPERSTOWN, N.Y. — Jim Rice's icy glare melted into a wide smile. Brash, flamboyant Rickey Henderson was humbled by it all.

The former left fielders were inducted into the Baseball Hall of Fame on Sunday along with the late Joe Gordon, and Henderson, baseball's all-time leading base stealer, was briefly overcome before evoking some hearty laughs.

"My journey as a player is complete," Henderson said. "I am now in the class of the greatest players of all time, and at this moment I am very humbled."

Born in Chicago on Christmas Day 1958, Henderson moved with his family to California when he was 7 and became a three-sport star at Oakland Technical High School. Football was his forte and he received numerous scholarship offers. He was persuaded to turn them down for a shot at baseball.

"My dream was to play football for the Oakland Raiders," Henderson said. "But my mother thought I would get hurt playing football, so she chose baseball for me. I guess moms do know best."

Henderson led the AL in steals 12 times and holds career records for steals (1,406), runs scored (2,295), unintentional walks (2,129), and leadoff homers (81).

He said he owed much of that to a trick played by his former Babe Ruth League coach, Hank Thompson.

"He tricked me into playing by coming to pick me up with a glazed donut and a cup of hot chocolate," said Henderson, who played for nine teams during his 25-year career.

Henderson said a high school counselor who needed players for the baseball team provided even more spark.

"She would pay me a quarter every time I would get a hit, when I would score or stole a base," he said. "After my first 10 games, I had 30 hits, 25 runs scored and 33 steals. Not bad money for a kid."

Henderson was drafted by the Oakland Athletics in the fourth round in 1976 and made his major league debut with Oakland in late June 1979. It was a day Henderson said he would never forget.

"That was the most thrilling time of my life," Henderson said, remembering former A's owner Charlie Finley. "Charlie, wherever you're at, and that donkey, I want to say thank you for that opportunity."

When Finley hired Billy Martin as manager in 1980, Henderson had the perfect partner in crime. "Billyball" — the aggressive attack Martin relished — helped catapult Henderson to stardom.

Just the thought of that time forced Henderson to halt briefly in his speech when remembering Martin, who was killed in a car crash on Christmas 1989.

"Billy always got the most out of me," he said. "Billy, I miss you so much and I wish you were here today."

While Henderson, now 50, was just the 44th player elected to the Hall in his first year of eligibility, Rice had to wait until his final year of eligibility to be selected.

"It doesn't matter that the call came 15 years later," Rice said. "What matters is that I got it.

"It's hard to comprehend. I am in awe to be in this elite company and humbled to be accepting this honor. I cannot think of anywhere I'd rather be than to be right here, right now, with you and you," Rice said, pointing to the 50 Hall of Famers on stage behind him and then at the fans. "Thank you."

Playing at a time when offensive numbers paled in comparison to the past two decades, the so-called steroid era, Rice batted .298 with 382 home runs and 1,451 RBIs from 1974-89. He drove in 100 or more runs eight times, batted over .300 seven times, and topped 200 hits four times.

The day's most poignant moment came at the end of the acceptance speech given by Gordon's daughter, Judy. Gordon died in 1978 at age 63 and requested that he not have a funeral.

"We consider Cooperstown and the National Baseball Hall of Fame as his final resting place, a place he'll be honored forever," Judy Gordon said, tears welling in her eyes.

Snyder: 'I'm coming into my own'

SNYDER, FROM BACK PAGE

Snyder has changed personally and professionally over 10 years. Before the interview, he invited the reporter to have something to eat and asked him about his family. Snyder then talked about his three children. He's teaching his 7-year-old son how to fish, and the boy starts playing tackle football for the first time next month. His kids like art, and a lot of hikes in Aspen were on the itinerary for this year's summer vacation.

"I lost 30 pounds by getting in shape," he said. "It just fitness stuff and trying not to eat too many cheeseburgers. We love the outdoor stuff."

The small talk is a big deal. The Dan Snyder of 10 years ago was too busy trying to conquer the world in a day — or at least win the Super Bowl in a year — to engage in such banter.

"I was just an eager young guy, and now I'm 'seasoning,'" he said. "And I've enjoyed probably the last five, six years the most. The understanding for me is really developing."

No fewer than four times in the last decade, Snyder has been shaken by tragedy and sickness. He survived a bout with thyroid cancer in 2001. His father, Gerald Snyder, died in 2003. His wife, Tanya, is battling breast cancer. And in his office is the last jersey Sean Taylor wore before the talented safety was shot and killed in 2007.

"It all started when I got cancer. That was scary, but quite frankly, that helped build some maturity with me. But the most startling was losing my father, losing your best friend, losing your true mentor. It aged me and matured me. And I think I've tried to be closer to what he was since he's passed away," said Snyder, the emotion showing in his voice. "We go through that phase in life when we think our parents aren't that sharp and we end up realizing that they're extremely sharp. ... He was more patient than me — always. He was less knee-jerk. He was more 'Let's sit and talk about it.'"

Daniel Snyder says he has 'seasoned' in his 10 years as the Redskins owner. "The understanding for me is really developing." But people who do business with him say he's no softy.

Nick Wass/AP

"And my wife recently getting sick," Snyder said, "has just sort of put a perspective on family."

Snyder then pointed to a photo of him and Taylor about to exchange fist bumps.

"That's about a month before he passed," Snyder said. "Before the game. He was horsing around. He always came over. What a great, great person. It's a shame the misperception on him was so strong versus the reality."

This is not to say that Snyder has become a softy. Those who do business with him say he's still demanding and often confrontational. He remains the champion of the offseason, seemingly always the first on the phone in the wee hours of free agency in winter, paying whatever it takes to get a coveted player as soon as humanly possible. This year, he set an NFL record by signing Albert Haynesworth to a contract that included $41 million in guaranteed money.

"I live and breathe to win here for the Redskins," he said. "I absolutely will do anything, and I tried to make as good a decision as we can. I think the fans can appreciate that I'm willing to spend, I'm willing to invest, I'm willing to do whatever I can to support the franchise. ... It's been a learning experience for me, and it's been great. I started off awfully young. I feel like I'm finally coming into my own."

This week, Snyder will oversee the start of his 11th training camp, full of optimism once again. "I think we're pretty good," he said.

So how will Snyder's world look 10 years from now?

"I hope we have a few Super Bowl trophies and I hope we have some division championships," he said.

Then he smiled.

"And I expect to have a lot of gray hair."

Cook's sinker can't be beat

Rockies pitcher frustrates Giants; Colorado up 2 games in wild card

The Associated Press

DENVER — When traffic filled the bases, Aaron Cook's sinker was just the thing to bail him out of trouble.

Cook relied heavily on his trademark pitch to win his seventh straight decision Sunday, leading the Colorado Rockies to a 4-2 victory over the San Francisco Giants.

Cook gave up nine hits in seven innings, yet always seemed to wriggle off the hook as he allowed just two runs.

"It's not the end of the world if somebody's on," Cook said with a shrug. "I really don't worry about guys on base. Once they're on, what am I going to do?"

Let his defense go to work.

The Giants rolled into 16 groundouts, including a double play in the fourth that thwarted a potential rally.

Cook (10-3) has forced 17 double plays this season, which ranks among the NL leaders.

"He's got one of the best (sinkers) in the game and good command of it," Giants manager Bruce Bochy said. "When you're facing a guy like Cook, you know you have your work cut out."

For a series in July, this one almost had a playoff vibe to it. And by taking two of three, the Rockies increased their NL wild-card lead to two games over the Giants. There's still many games to be played but Rockies manager Jim Tracy said this series was vital for momentum as Colorado heads out on a 10-game road trip.

"We leave here feeling very good about ourselves," he said.

The Giants, meanwhile, return home with a sinking feeling. Asked to describe the team's 3-7 road swing, Travis Ishikawa simply said, "Awful."

San Francisco had Cook on the ropes a couple times, but couldn't deliver the clutch hit. For that, Cook can thank his diving sinker.

It helped him work out of trouble in the fourth after Pablo Sandoval and Ishikawa hit singles. Cook enticed Edgar Renteria into a 4-6-3 double play. Then Clint Barmes helped Cook out by diving for John Bowker's grounder between first and second, popping up to a knee and throwing John Bowker out by a stride.

"We definitely had our opportunities. We had guys on base," Ishikawa said. "It's always frustrating. Any time you've got guys on base you want to drive them in."

Cook's focus doesn't seem to falter with runners on base. It's a trait he's honed over the years.

"I know I have good enough stuff that I can continue to throw my sinker," he said. "Sooner or later, they're going hit it at somebody. My guys are good enough they're going to make great plays behind me."

Batting leadoff, Seth Smith got the Rockies started. He drew two walks, singled, scored two runs and stole a base.

"If I get on base, it's a successful at bat," Smith said.

Ryan Sadowski (2-3) turned in his shortest stint this season, leaving after just 2 2/3 innings as he gave up three runs and five hits. The right-hander was pulled in the third after loading the bases and allowing a run-scoring sacrifice fly by Troy Tulowitzki, followed by Ian Stewart's RBI single. Justin Miller came in and got Carlos Gonzalez to pop up and end the inning.

"He (Sadowski) was pitching behind and worked hard out there, ran a lot of deep counts, pitch count got up there," Bochy said in explaining why he pulled Sadowski early. "That was his biggest issue.

"The bullpen, what a great job they did. Gave us a chance to come back. We just have to get this offense going."

DAVID ZALUBOWSKI/AP

Colorado's Aaron Cook flirted with trouble all afternoon, but used his sinker to great advantage in beating San Francisco 4-2.

Florida feeling at home in Calif.

The Associated Press

LOS ANGELES — One reason the Florida Marlins are still in contention is that NL batting leader Hanley Ramirez is doing a much better job this season of hitting in clutch situations.

Ramirez drove in three runs with a pair of two-out hits, leading Florida to an 8-6 victory over the Los Angeles Dodgers on Sunday and helping the Marlins win their third straight series at Chavez Ravine.

Ramirez was 2-for-4, improving his career average at Dodger Stadium to .344. He's hitting .348 overall this season and .427 with runners in scoring position — second in the majors. Last season, the two-time All-Star shortstop had a .239 average in that department.

"He led off his first three years in the major leagues and won a Silver Slugger. Now we've put him in the three hole and he's driving in runs," manager Fredi Gonzalez said. "This guy can do anything on the baseball field. If you ask him to play center field tomorrow, he may win a Gold Glove. He's that talented."

Chris Volstad (8-9) allowed four runs and eight hits in 5 1/3 innings, and was helped by three double plays.

The Marlins were leading 8-0 when Dodgers reliever Jeff Weaver hit Ramirez with two out and the bases empty in the sixth, resulting in an emphatic warning to both benches by plate umpire and crew chief Bob Davidson.

"There's nothing I can say about it. Everybody knows I got hit on purpose — even their team," Ramirez said. "But it's not going to change anything with me. I'm still going to play my game."

Volstad, perhaps feeling that the inside part of the plate had been taken away from him by Davidson, surrendered hits to four of the next five batters as the Dodgers halved the eight-run deficit. James Loney hit a two-run double and Russell Martin added a two-run homer on Volstad's 88th and final pitch.

Diamondbacks make quick work of punchless Pirates

The Associated Press

PHOENIX — Arizona right-hander Max Schrezer pitched with a one-track mind Sunday.

"Completely, let's get after them," he said. "Let's get ahead as fast as we can."

Scherzer pounded the strike zone, getting ahead of Pittsburgh hitters and making sure the Arizona offense didn't need to give him much help. The Diamondbacks' 9-0 victory over the Pirates was the first victory for Scherzer since June 23.

Scherzer (6-6) gave up five singles in seven innings, struck out eight and did not walk a batter for only the second time in his 26 career starts. He threw first-pitch strikes to 20 of the first 24 batters he faced and reached a three-ball count only twice.

Of his 109 pitches, 85 were strikes.

"For a strikeout pitcher to have that much strike zone command, it is really dominant," Arizona manager A. J. Hinch said. "From the first inning on, you could tell. He was challenging hitters with his fastball the first time through the order, then he mixed in his other pitches the next two times. What a great performance on all fronts, from dominating stuff to first-pitch strikes."

Mark Reynolds and Gerardo Parra had two-run homers, and Parra, who also had a single and double, had four RBIs.

Reynolds' 26th homer gave Arizona (43-56) a 4-0 lead in the third inning. Parra's homer, his fifth, capped the scoring in the eighth inning.

Both homers came with two outs as Arizona scored seven of its nine runs with two outs.

"That really demoralizes the other team," Hinch said.

"We are playing well right now, scoring runs and making it easy on our pitchers," Reynolds said.

Arizona had eight extra-base hits, including a double and a triple by Stephen Drew, who extended his hitting streak to eight games. Arizona had 25 extra-base hits in winning three of four in the series.

Pittsburgh was shut out for the second straight game, and its 11 shutouts lead the majors. The Pirates did not score in the final 19 innings of the series.

"They have a good pitching staff," said Pittsburgh's Freddy Sanchez, who was 0 for 12 with seven strikeouts in the series. "As bad as we are pressing and not doing well, you have to give credit to those guys, too."

AL roundup

Back in the race

In danger of losing touch with first-place Detroit, Chicago averts a sweep by winning series finale

BY LARRY LAGE
The Associated Press

DETROIT — The Chicago White Sox have more than 60 games remaining in which to catch the Detroit Tigers and retain their AL Central title.

White Sox manager Ozzie Guillen, though, is in no mood to wait.

"People didn't realize how big this game was," Guillen said after Chicago's 5-1 victory over Detroit Sunday night that kept the Tigers from sweeping the four-game series.

"We didn't play well here, and if we lose this one, we're four games out. Now it is just two. That's big," Guillen said. "It gives us some momentum mentally."

Paul Konerko hit a two-run homer in Chicago's four-run first and Gordon Beckham added a solo home run in the second.

Clayton Richard (4-3) allowed a run and five hits in eight innings as the White Sox bounced back after losing the first three in a series that began with the teams tied for the AL Central lead.

Richard gave up one run for the second straight game, creating a good problem for White Sox general manager Kenny Williams and Guillen.

"The last two outings, the kid has been great," Guillen said. "He's gotten to the point where I am going to have to sit down tomorrow with Kenny and see what we can do.

"Right now, it's like we have a six-man rotation, and I don't want that, but he's been pitching well."

The Tigers, meanwhile, insist they're not concerned with their slumping rookie pitcher.

Rick Porcello (9-7) gave up five runs and five hits in 5 1/3 innings. He's allowed 19 earned runs in his past four starts after giving up 16 in the previous 10 outings.

Detroit manager Jim Leyland said the Tigers knew they would have to live with inconsistent results.

"A hanging breaking ball or giving up a home run, that's part of the game. This guy is not Bob Feller," Leyland said.

But Leyland said it was "inexcusable," to see Porcello not standing on first base when shortstop Adam Everett — who was charged with an error — threw to him to on a potential double play in the first inning.

That mental mistake was part of Porcello's rough start.

He loaded the bases with two singles and a walk. Jim Thome followed with a fielder's choice to drive in the first run and the second scored on Everett's wide throw that might've been caught had the pitcher done his job.

Konerko then sent a 3-1 pitch 402 feet to left-center, snapping an 0-for-13 dry spell with his 19th homer.

After Porcello needed 31 pitches to get out of the first inning, Richard retired the Tigers in order with just nine pitches in the home half to set the tone.

Beckham's solo shot to left was his fourth homer of the year and provided Clayton with more than enough support.

"Thank God we had that first inning because after that we didn't do much against that kid," Guillen said. "That just shows you that pitching is very important."

Detroit's lone run came in the fourth on Ryan Raburn's fielder's choice, scoring Magglio Ordonez, who had two hits.

"I'm just trying to take advantage of the opportunity," Richard said after his 14th start and 26th appearance. "There's not much I can do about anything but how I pitch. If I'm starting or coming out of the pen, I have to take advantage of that chance. Baseball is a fun game, and I'm going to enjoy this."

The Tigers lost for just the 16th time in 47 home games, but know they need to improve their 21-29 mark on the road heading into trips to Texas and Cleveland.

"We talked about that," Detroit catcher Gerald Laird acknowledged. "If we can play better on the road, we'll be in a better situation."

Twins 10, Angels 1: Anthony Swarzak shut down the Angels' potent lineup through 6 2/3 innings, and Justin Morneau hit two homers as the Twins ended Los Angeles' eight-game winning streak.

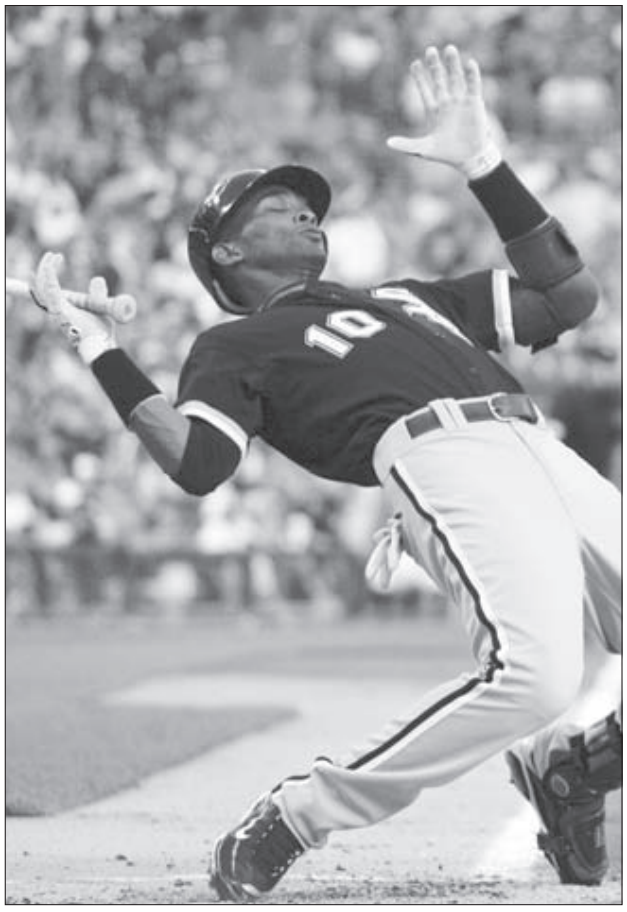
Denard Span homered and drove in four runs, and light-hitting Nick Punto had three RBIs as Minnesota ended a four-game losing streak. The Twins' offense backed Swarzak (3-3), who walked two of Los Angeles' first three batters before finding his groove.

The right-hander allowed just four hits and three walks while throwing 121 pitches against a lineup that scored 62 runs in its previous eight games.

Los Angeles lost for just the second time in 14 games. The Angels' AL West lead over Texas dropped back to 3 1/2 games with the end of their longest winning streak in five years.

Morneau hit a two-run homer in the first inning and a solo shot in the seventh as the Twins battered Los Angeles starter Ervin Santana (3-6) for six runs.

Indians 12, Mariners 3: Grady Sizemore hit the 20th leadoff homer of his career and Jhonny Peralta hit his second career grand slam as visiting Cleveland used four homers to finish a three-game sweep. Cliff Lee (7-9) gave up two first-inning runs, then retired the next 13 batters to beat Jason Vargas (3-4).



DUANE BURLESON/AP

Alexei Ramirez of the Chicago White Sox bends over backward to avoid an inside pitch from Detroit's Rick Porcello during the second inning of Sunday night's game at Detroit. The White Sox won 5-1.

MLB scoreboard

American League

East Division

	W	L	Pct	GB
New York	60	38	.612	—
Boston	57	40	.588	2½
Tampa Bay	54	45	.545	6½
Toronto	48	51	.485	12½
Baltimore	42	55	.433	17½

Central Division

	W	L	Pct	GB
Detroit	52	45	.536	—
Chicago	51	48	.515	2
Minnesota	49	50	.495	4
Cleveland	41	58	.414	12
Kansas City	38	59	.392	14

West Division

	W	L	Pct	GB
Los Angeles	58	39	.598	—
Texas	54	42	.563	3½
Seattle	51	47	.520	7½
Oakland	41	56	.423	17

Saturday's games

Oakland 6, N.Y. Yankees 4
Tampa Bay 10, Toronto 9, 12 innings
Detroit 4, Chicago White Sox 3, 10 innings
Cleveland 10, Seattle 3
L.A. Angels 11, Minnesota 5
Boston 7, Baltimore 2
Kansas City 6, Texas 3

Sunday's games

N.Y. Yankees 7, Oakland 5
Toronto 5, Tampa Bay 1
Baltimore 6, Boston 2
Texas 7, Kansas City 2
Minnesota 10, L.A. Angels 1
Cleveland 12, Seattle 3
Chicago White Sox 5, Detroit 1

Monday's games

Kansas City at Baltimore
N.Y. Yankees at Tampa Bay
Oakland at Boston
Detroit at Texas
Chicago White Sox at Minnesota
Cleveland at L.A. Angels
Toronto at Seattle

Tuesday's games

Kansas City (Bannister 6-7) at Baltimore (Berken 1-8)
N.Y. Yankees (Sabathia 10-6) at Tampa Bay (Kazmir 4-6)
Oakland (Mazzaro 2-7) at Boston (Buchholz 1-1)
Detroit (French 1-1) at Texas (Padilla 7-5)
Chicago White Sox (Buehrle 11-3) at Minnesota (S.Baker 8-7)
Cleveland (D.Huff 5-4) at L.A. Angels (Jer.Weaver 10-3)
Toronto (Rzepczynski 1-2) at Seattle (Washburn 8-6)

Sunday

Rangers 7, Royals 2

Texas	ab	r	h	bi
Kinsler 2b	5	2	2	1
MYong 3b	4	0	3	2
DvMrp lf	4	0	1	1
Byrd cf	4	0	1	1
Blalock 1b	5	0	1	0
AnJons dh	4	1	2	1
N.Cruz rf	4	2	1	0
Sltlmch c	4	2	2	0
Andrus ss	3	0	0	0
Totals	37	7	13	6

Kansas City	ab	r	h	bi
DeJess lf	4	0	0	0
Freel cf-rf	3	0	0	0
Butler 1b	4	0	0	0
Teahen rf-3b	3	1	0	0
Callasp 2b	4	1	1	0
Olivo dh	4	0	1	0
J.Buck c	3	0	1	1
AGordn 3b	3	0	1	1
Maier pr-cf	1	0	0	0
YBtncr ss	3	0	0	0
Totals	32	2	4	2

Texas	000	000	340—7
Kansas City	000	000	101—2

E—Kinsler (7), Callaspo (12). DP—Kansas City 1. LOB—Texas 9, Kansas City 6. 2B—M.Young (29), An.Jones (13), Callaspo (27). HR—An.Jones (15). SB—Kinsler (22), M.Young (7), N.Cruz (17). S—Andrus.

	IP	H	R	ER	BB	SO
Texas						
Millwood	2	1	0	0	0	2
Nippert W,3-0	4⅔	1	1	1	2	1
O'Day H,13	1⅓	0	0	0	0	3
W.Eyre	1	2	1	1	0	1
Kansas City						
Ponson	6	5	0	0	3	4
Mahay L,1-1	0	2	2	0	0	0
J.Wright	⅔	2	1	0	1	1
J.Cruz	⅔	3	4	4	1	0
R.Colon	1⅔	1	0	0	0	2

Mahay pitched to 2 batters in the 7th.
HBP—by Nippert (J.Buck). T—3:07. A—16,847 (38,177).

Yankees 7, Athletics 5

Oakland	ab	r	h	bi
Kenndy 3b	5	0	1	0
OCarer ss	5	1	2	0
Hairstn lf	4	1	1	1
Cust dh	4	0	1	0
KSuzuk c	4	0	2	1
RSwny rf	3	1	1	0
DBartn 1b	4	1	2	0
Crosby pr-1b	0	0	0	0
M.Ellis 2b	3	1	1	3
EPtrsn cf	3	0	1	0
Grcprr ph	1	0	0	0
RDavis cf	0	0	0	0
Totals	36	5	12	5

New York	ab	r	h	bi
Jeter ss	4	1	2	2
Damon lf	4	2	1	0
Teixeir 1b	5	0	2	1
Posada c	4	0	1	0
HMatsu dh	4	1	1	1
Swisher rf	3	1	1	0
Cano 2b	4	0	1	3
MeCarr cf	2	1	1	0
Ransm 3b	4	1	2	0
Totals	34	7	12	7

Oakland	200	102	000—5
New York	400	003	00x—7

E—Mitre (2). DP—New York 3. LOB—Oakland 7, New York 10. 2B—Hairston (3), D.Barton (3), Damon (22), Teixeira (26), Swisher (21), Cano (26), Ransom 2 (9). HR—M.Ellis (4). SB—O.Cabrera (10). SF—M.Ellis.

	IP	H	R	ER	BB	SO
Oakland						
Braden L,7-9	5⅔	10	7	7	6	2
Breslow	⅔	1	0	0	1	0
Springer	⅔	0	0	0	0	1
Ziegler	1	1	0	0	0	1
New York						
Mitre	5	9	4	4	0	1
Coke W,2-3 BS,4-5	1	2	1	1	0	0
Hughes H,8	1⅓	1	0	0	1	3
Bruney H,8	⅓	0	0	0	0	1
Ma.Rivera S,29-30	1⅓	0	0	0	0	2

Mitre pitched to 1 batter in the 6th.
HBP—by Mitre (Hairston). WP—Coke. T—3:12. A—46,163 (52,325).

Orioles 6, Red Sox 2

Baltimore	ab	r	h	bi
BRorts 2b	3	2	2	0
Pie lf	4	1	2	1
AdJons cf	5	0	0	0
Markks rf	4	2	2	3
Reimld dh	4	1	2	1
Wggntn 1b	4	0	1	1
Mora 3b	4	0	1	0
Zaun c	3	0	0	0
Andino ss	4	0	0	0
Totals	35	6	10	6

Boston	ab	r	h	bi
Ellsury cf	4	0	2	0
Pedroia 2b	4	0	1	1
Youkils 3b	4	0	0	0
D.Ortiz dh	4	0	0	0
Bay lf	4	0	0	0
J.Drew rf	3	1	1	0
Baldelli ph	1	0	0	0
AdLRc 1b	4	0	2	0
Lowrie ss	2	0	0	1
Kottars c	2	1	0	0
Totals	32	2	6	2

Baltimore	103	110	000—6
Boston	000	010	010—2

E—Markakis (4). LOB—Baltimore 7, Boston 5. 2B—Pie (4), Markakis (30), Reimold (10), Mora (12), Pedroia (31). HR—Markakis (12). SB—Reimold (5), Ellsbury (44). SF—Markakis, Lowrie.

	IP	H	R	ER	BB	SO
Baltimore						
Da.Hernandez W,6-4	7	5	1	1	0	2
Ji.Johnson	1	1	1	1	1	1
Sherrill	1	0	0	0	0	0
Boston						
Smoltz L,1-4	5	9	6	6	1	6
Masterson	2	0	0	0	1	2
Saito	1⅓	1	0	0	2	1
R.Ramirez	⅔	0	0	0	0	0

WP—Masterson. T—2:38. A—37,606 (37,373).

Twins 10, Angels 1

Minnesota	ab	r	h	bi
Span rf	4	1	2	4
Mauer c	5	1	1	0
Mornea dh	4	2	2	3
Kubel lf	4	0	0	0
Cuddyr 1b	5	1	2	0
Buschr 3b	5	1	2	0
Gomez cf	4	3	1	0
Punto ss	4	1	2	3
ACasill 2b	3	0	0	0
Totals	38	10	12	10

Los Angeles	ab	r	h	bi
Figgins 3b	2	0	0	0
B.Wood 3b	0	0	0	0
MIzturs 2b	4	0	0	0
BAreu rf	2	0	1	0
Quinlan lf	1	0	0	0
KMorls 1b	4	1	1	1
Napoli c	4	0	0	0
EAyar ss	4	0	1	0
HKndrc dh	4	0	0	0
MthwsJ cf	4	0	1	0
Willits lf-rf	4	0	1	0
Totals	33	1	5	1

Minnesota	200	401	120—10
Los Angeles	000	100	000—1

E—Punto (7), Span (4), Mosebach (1). DP—Los Angeles 1. LOB—Minnesota 6, Los Angeles 8. 2B—Punto (6), E.Aybar (15), Willits (1). HR—Span (6), Morneau 2 (26), K.Morales (18).

	IP	H	R	ER	BB	SO
Minnesota						
Swarzak W,3-3	6⅔	4	1	1	3	4
Guerrier	1⅓	0	0	0	0	1
Crain	1	1	0	0	0	2
Los Angeles						
E.Santana L,3-6	3⅔	6	6	6	2	4
Bulger	1⅓	0	0	0	1	0
Mosebach	1	1	1	0	1	1
Loux	3	5	3	3	0	1

HBP—by Mosebach (Span). T—3:00. A—36,386 (45,257).

Indians 12, Mariners 3

Cleveland	ab	r	h	bi
Sizemr cf	5	2	2	2
ACarer ss	5	1	2	0
Choo rf	5	2	2	1
Garko 1b	5	1	1	0
JhPerlt 3b	4	1	2	4
Valuen ph-2b	1	1	1	0
Hafner dh	4	2	2	3
BFrncs lf	5	2	3	1
JCarrll 2b-3b	5	0	1	1
Shppch c	2	0	0	0
Totals	41	12	16	12

Seattle	ab	r	h	bi
ISuzuki rf	4	0	2	0
Branyn 1b	4	0	0	0
JoLopz 2b	4	1	1	0
MSwny dh	3	2	1	0
FGtrrz cf	4	0	1	2
Johjim c	4	0	1	0
Hannhn 3b	4	0	1	0
MSndrs lf	4	0	2	1
Cedeno ss	4	0	0	0
Totals	35	3	9	3

Cleveland	100	163	010—12
Seattle	200	000	001—3

E—Branyan (9). DP—Cleveland 1, Seattle 1. LOB—Cleveland 10, Seattle 6. 2B—Choo (20), B.Francisco (20), M.Sweeney (9). 3B—Valbuena (1). HR—Sizemore (14), Jh.Peralta (7), Hafner (11), B.Francisco (9). CS—A.Cabrera (4). S—A.Cabrera. SF—Hafner.

	IP	H	R	ER	BB	SO
Cleveland						
Cl.Lee W,7-9	7	6	2	2	0	4
Gosling	2	3	1	1	1	3
Seattle						
J.Vargas L,3-4	4	7	6	6	1	2
Kelley	1	4	2	2	1	1
Batista	2	4	3	3	1	3
White	1	1	1	1	0	1
M.Lowe	1	0	0	0	1	0

J.Vargas pitched to 4 batters in the 5th. HBP—by J.Vargas (Shoppach, Garko). WP—J.Vargas, Batista. T—2:54. A—30,224 (47,878).

Blue Jays 5, Rays 1

Tampa Bay	ab	r	h	bi
BUpton cf	4	0	1	0
Crwfrd lf	4	1	1	1
Longori 3b	3	0	2	0
Zobrist 2b	3	0	1	0
Burrell dh	4	0	0	0
C.Pena 1b	3	0	0	0
Kapler rf	3	0	0	0
Gross ph	1	0	0	0
Navarr c	3	0	0	0
Bartlett ss	3	0	0	0
Totals	31	1	5	1

Toronto	ab	r	h	bi
Scutaro ss	4	0	1	1
A.Hill 2b	4	1	1	0
Lind dh	3	2	2	0
Rolen 3b	4	1	2	3
V.Wells cf	4	0	1	0
Rios rf	4	0	0	0
Overay 1b	4	1	2	0
Barajs c	3	0	0	0
Inglett lf	3	0	1	0
Totals	33	5	10	4

Tampa Bay	000	001	000—1
Toronto	000	301	10x—5

DP—Tampa Bay 1, Toronto 1. LOB—Tampa Bay 6, Toronto 5. 2B—B.Upton (25), Longoria (29), Lind (33), Overbay (22). HR—Crawford (10), Rolen (8). SB—Inglett (2).

	IP	H	R	ER	BB	SO
Tampa Bay						
Niemann L,9-5	6⅔	9	5	5	1	6
Choate	⅓	0	0	0	0	0
Thayer	⅔	1	0	0	0	1
J.Nelson	⅓	0	0	0	0	0
Toronto						
Cecil W,4-1	7	4	1	1	3	7
League	1	1	0	0	0	3
Frasor	1	0	0	0	0	1

T—2:25. A—30,610 (49,539).

White Sox 5, Tigers 1

Chicago	ab	r	h	bi
Pdsdnk cf-lf	4	1	1	0
AlRmrz ss	5	1	1	0
Dye rf	2	0	0	0
Thome dh	3	1	0	1
Konerk 1b	4	1	2	2
Przyns c	3	0	0	0
Quentin lf	4	0	0	0
Wise cf	0	0	0	0
Getz 2b	4	0	0	0
Bckhm 3b	2	1	1	1
Totals	31	5	5	4

Detroit	ab	r	h	bi
Grndrs cf	4	0	1	0
Polanc 2b	4	0	0	0
Ordonz rf	4	1	2	0
MiCarr 1b	4	0	2	0
Thams dh	3	0	0	0
Raburn lf	3	0	0	1
Inge 3b	3	0	0	0
Laird c	3	0	0	0
Everett ss	3	0	0	0
Totals	31	1	5	1

Chicago	410	000	000—5
Detroit	000	100	000—1

E—Everett (9), Raburn 2 (4). DP—Chicago 1, Detroit 1. LOB—Chicago 6, Detroit 5. 2B—Konerko (19). HR—Konerko (19), Beckham (4). SB—Beckham (4). CS—Granderson (5). S—Podsednik.

	IP	H	R	ER	BB	SO
Chicago						
Richard W,4-3	8	5	1	1	2	3
T.Pena	1	0	0	0	0	1
Detroit						
Porcello L,9-7	5⅓	5	5	5	2	1
Miner	1⅓	0	0	0	3	0
Fien	2⅓	0	0	0	1	2

WP—Richard, Miner. T—2:33 (Rain delay: 2:33). A—38,255 (41,255).

National League

East Division

	W	L	Pct	GB
Philadelphia	56	40	.583	—
Atlanta	51	48	.515	6½
Florida	51	48	.515	6½
New York	46	51	.474	10½
Washington	30	68	.306	27

Central Division

	W	L	Pct	GB
Chicago	51	45	.531	—
St. Louis	53	48	.525	½
Houston	50	48	.510	2
Milwaukee	49	49	.500	3
Cincinnati	44	53	.454	7½
Pittsburgh	43	55	.439	9

West Division

	W	L	Pct	GB
Los Angeles	62	36	.633	—
Colorado	54	44	.551	8
San Francisco	52	46	.531	10
Arizona	43	56	.434	19½
San Diego	38	61	.384	24½

Saturday's games

Chicago Cubs 5, Cincinnati 3
Philadelphia 14, St. Louis 6
Milwaukee 4, Atlanta 0
N.Y. Mets 10, Houston 3
Washington 13, San Diego 1
Arizona 7, Pittsburgh 0
Colorado 8, San Francisco 2
L.A. Dodgers 4, Florida 3

Sunday's games

Washington 3, San Diego 2, 10 innings
Philadelphia 9, St. Louis 2
Atlanta 10, Milwaukee 2
N.Y. Mets 8, Houston 3
Chicago Cubs 5, Cincinnati 2
Colorado 4, San Francisco 2
Florida 8, L.A. Dodgers 6
Arizona 9, Pittsburgh 0

Monday's games

L.A. Dodgers at St. Louis
Colorado at N.Y. Mets
San Diego at Cincinnati
Houston at Chicago Cubs
Washington at Milwaukee
Philadelphia at Arizona
Pittsburgh at San Francisco

Tuesday's games

Atlanta (Jurrjens 9-7) at Florida (Nolasco 7-7)
Colorado (Marquis 12-6) at N.Y. Mets (Pelfrey 7-6)
San Diego (Correia 6-8) at Cincinnati (Arroyo 10-9)
Houston (Oswalt 6-4) at Chicago Cubs (Dempster 5-5)
Washington (Balester 0-1) at Milwaukee (Burns 2-3)
L.A. Dodgers (Billingsley 10-5) at St. Louis (Wainwright 11-6)
Philadelphia (Hamels 6-5) at Arizona (Haren 10-5)
Pittsburgh (Morton 2-2) at San Francisco (Zito 6-10)

Sunday

Cubs 5, Reds 2

Cincinnati	ab	r	h	bi
Dickrsn rf	3	0	0	0
Janish ss	1	1	1	0
Tavers cf	4	0	1	0
Votto 1b	4	1	1	1
BPhllps 2b	4	0	0	1
Encrnc 3b	3	0	0	0
Gomes lf	3	0	0	0
Rhodes p	0	0	0	0
Corder p	0	0	0	0
AlGnzlz ss	2	0	0	0
L.Nix ph-lf	1	0	1	0
Tatum c	2	0	0	0
Owings p	1	0	0	0
Fisher p	0	0	0	0
ARosls ph	1	0	0	0
Herrer p	0	0	0	0
Masset p	0	0	0	0
Hrstn ph-ss-rf	1	0	0	0
Totals	30	2	4	2

Chicago	ab	r	h	bi
Fukdm cf	4	0	1	2
Theriot ss	5	1	2	0
ArRmr 3b	4	0	2	0
J.Fox 1b	5	0	1	1
Smrdzj p	0	0	0	0
Gregg p	0	0	0	0
Bradly rf	2	2	1	0
ASorin lf	4	0	2	1
MHffpr 1b	0	0	0	0
Fontent 2b	3	0	0	0
AGzmn p	0	0	0	0
RJhnsn ph-lf	1	1	1	0
K.Hill c	3	1	2	1
Harden p	2	0	0	0
JeBakr ph	1	0	0	0
Marshll p	0	0	0	0
ABlanc 2b	1	0	0	0
Totals	35	5	12	5

Cincinnati	100	000	001—2
Chicago	011	000	12x—5

DP—Cincinnati 1, Chicago 1. LOB—Cincinnati 3, Chicago 11. 2B—Ar.Ramirez (7), A.Soriano (21), K.Hill (5). 3B—K.Hill (1). HR—Votto (15).

	IP	H	R	ER	BB	SO
Cincinnati						
Owings L,6-11	3	3	2	2	4	2
Fisher	2	1	0	0	1	1
Herrera	⅓	1	0	0	0	0
Masset	1⅔	3	1	1	0	2
Rhodes	⅔	3	2	2	0	0
Cordero	⅓	1	0	0	0	0
Chicago						
Harden W,7-6	6	1	1	1	0	8
Marshall H,7	⅔	0	0	0	0	0
A.Guzman H,11	1⅓	1	0	0	2	1
Samardzija	⅔	2	1	1	0	0
Gregg S,2½4	⅓	0	0	0	0	1

T—2:58. A—41,528 (41,210).

Rockies 4, Giants 2

San Francisco	ab	r	h	bi
Winn cf-rf	4	0	0	0
FLewis lf	4	1	2	0
Sandovl 3b	4	0	1	0
Ishikaw 1b	4	1	2	0
Renteri ss	4	0	2	1
Bowker rf	3	0	0	1
Meddrs p	0	0	0	0
MValdz p	0	0	0	0
Schrhlt ph	1	0	0	0
Uribe 2b	4	0	0	0
Whitsd c	3	0	0	0
Sadwsk p	1	0	0	0
JMiller p	0	0	0	0
Rownd ph	1	0	1	0
Howry p	0	0	0	0
ATorrs cf	1	0	1	0
Totals	34	2	9	2

Colorado	ab	r	h	bi
S.Smith lf	2	2	1	0
Fowler pr-cf	1	0	1	0
Barmes 2b	5	0	0	0
Helton 1b	4	1	1	0
Hawpe rf	3	0	1	1
Tlwtzk ss	1	0	1	1
Stewart 3b	4	0	1	1
CGnzlz cf-lf	4	1	1	0
Torreal c	3	0	2	1
Cook p	3	0	1	0
FMorls p	0	0	0	0
Atkins ph	0	0	0	0
Street p	0	0	0	0
Totals	30	4	10	4

San Francisco	010	001	000—2
Colorado	102	001	00x—4

DP—San Francisco 1, Colorado 1. LOB—San Francisco 5, Colorado 10. 2B—Renteria (14), Rowand (24), Cook (1). 3B—C.Gonzalez (3). SB—S.Smith (4), Tulowitzki (13). CS—Torrealba (1). SF—Tulowitzki, Torrealba.

	IP	H	R	ER	BB	SO
San Francisco						
Sadowski L,2-3	2⅔	5	3	3	3	2
J.Miller	1⅓	1	0	0	0	0
Howry	1	2	1	1	0	0
Medders	2	0	0	0	2	1
M.Valdez	1	2	0	0	1	1
Colorado						
Cook W,10-3	7	9	2	2	0	2
F.Morales H,2	1	0	0	0	0	2
Street S,25-26	1	0	0	0	0	1

Howry pitched to 1 batter in the 6th.
WP—Howry. T—2:53. A—40,723 (50,449).

Marlins 8, Dodgers 6

Florida	ab	r	h	bi
Coghln lf	5	1	2	1
Bonifac 3b	4	1	0	0
HRmrz ss	4	1	2	3
Cantu 1b	5	1	2	1
Hermid rf	5	0	1	0
Uggla 2b	5	1	2	1
C.Ross cf	4	1	1	0
JoBakr c	1	2	1	1
Volstad p	1	0	0	0
Badnhp p	0	0	0	0
Pinto p	0	0	0	0
Ayala p	0	0	0	0
Gload ph	1	0	0	0
Donnlly p	0	0	0	0
Nunez p	0	0	0	0
Totals	35	8	11	7

Los Angeles	ab	r	h	bi
Furcal ss	4	1	1	0
Hudson 2b	4	1	2	0
Ethier rf	4	2	2	1
Loney 1b	5	1	3	3
Kemp cf	5	0	2	0
RMartn c	4	1	1	2
Loretta 3b	2	0	0	0
Schmdt p	1	0	0	0
JefWvr p	0	0	0	0
DeWitt ph	1	0	1	0
CVargs p	0	0	0	0
Blake ph	1	0	0	0
Troncs p	0	0	0	0
Pierre lf	4	0	1	0
Totals	35	6	13	6

Florida	013	400	000—8
Los Angeles	000	004	002—6

E—Furcal (13). DP—Florida 3, Los Angeles 1. LOB—Florida 8, Los Angeles 8. 2B—Coghlan (11), Ha.Ramirez (28), Cantu 2 (26), Uggla (14), C.Ross (27), Jo.Baker (15), Hudson (26), Loney (18), DeWitt (1). 3B—Furcal (3). HR—Uggla (17), R.Martin (3). SB—Kemp (21). CS—Pierre (9). S—Volstad 2, Jef.Weaver.

	IP	H	R	ER	BB	SO
Florida						
Volstad W,8-9	5⅓	8	4	4	4	2
Badenhop	1	1	0	0	0	1
Pinto	⅓	1	0	0	0	1
Ayala H,2	⅓	0	0	0	0	0
Donnelly	1	0	0	0	0	0
Nunez	1	3	2	2	0	2
Los Angeles						
Schmidt L,1-1	3	5	5	4	1	1
Jef.Weaver	3	4	3	3	2	2
C.Vargas	2	1	0	0	0	2
Troncoso	1	1	0	0	0	0

Schmidt pitched to 1 batter in the 4th.
HBP—by Badenhop (Hudson), by Schmidt (Bonifacio), by Jef.Weaver (Ha.Ramirez), by C.Vargas (Jo.Baker). T—3:15. A—48,597 (56,000).

Braves 10, Brewers 2

Atlanta	ab	r	h	bi
McLoth cf	3	1	0	0
Prado 3b	4	0	0	1
YEscor ss	3	0	0	1
McCnn c	4	2	3	2
GAndrs lf	4	1	2	0
M.Diaz rf	5	1	1	1
Ktchm 1b	4	3	2	3
KJhnsn 2b	4	2	3	2
D.Lowe p	3	0	1	0
MGnzlz p	0	0	0	0
Norton ph	1	0	0	0
Moylan p	0	0	0	0
DHrndz ph	1	0	0	0
Medlen p	0	0	0	0
Totals	36	10	12	10

Milwaukee	ab	r	h	bi
FLopez 2b	4	0	1	0
Counsll 3b	4	0	1	0
Braun lf	4	1	2	0
Fielder 1b	4	0	0	0
C.Hart rf	4	1	1	2
Hardy ss	4	0	2	0
Gerut cf	4	0	2	0
Kendall c	4	0	1	0
Looper p	2	0	0	0
DiFelic p	0	0	0	0
Hall ph	1	0	0	0
Burns p	0	0	0	0
CSmith p	0	0	0	0
Catlntt ph	1	0	0	0
Totals	36	2	10	2

Atlanta	100	004	122—10
Milwaukee	000	002	000—2

E—Gerut (1). DP—Atlanta 1, Milwaukee 2. LOB—Atlanta 8, Milwaukee 7. 2B—McCann 2 (25), K.Johnson 2 (17), Gerut (7). HR—McCann (11), Kotchman (5), K.Johnson (6), C.Hart (10). SB—McLouth (15), K.Johnson (5). CS—Y.Escobar (3). SF—Prado.

	IP	H	R	ER	BB	SO
Atlanta						
D.Lowe W,10-7	6	9	2	2	0	3
M.Gonzalez	1	0	0	0	0	1
Moylan	1	0	0	0	0	1
Medlen	1	1	0	0	0	0
Milwaukee						
Looper L,9-5	6	7	5	5	4	2
DiFelice	1	2	1	1	0	1
Burns	1	2	2	1	2	1
C.Smith	1	1	2	2	2	1

WP—Looper 2. T—2:47. A—43,471 (41,900).

Phillies 9, Cardinals 2

St. Louis	ab	r	h	bi
Schmkr 2b	4	0	1	0
Lugo ss	4	1	2	0
Pujols 1b	4	0	1	0
Hollidy lf	2	0	1	1
Ludwck rf	4	0	0	0
Ankiel cf	4	0	1	0
DeRosa 3b	4	1	2	1
LaRue c	3	0	0	0
Thurstn ph	1	0	0	0
Wllmyr p	2	0	0	0
DReyes p	0	0	0	0
Rasms ph	1	0	0	0
Hwksw p	0	0	0	0
Totals	33	2	8	2

Philadelphia	ab	r	h	bi
Rollins ss	5	1	1	2
Victorn cf	4	2	2	0
Utley 2b	4	2	3	2
Howard 1b	3	2	3	3
Ibanez lf	4	1	1	2
Mayrry lf	0	0	0	0
Stairs rf	3	0	0	0
Werth rf	1	0	0	0
Feliz 3b	4	1	2	0
Bako c	4	0	1	0
Blanton p	2	0	0	0
Dobbs ph	1	0	0	0
Lidge p	0	0	0	0
Totals	35	9	13	9

St. Louis	100	010	000—2
Philadelphia	102	022	20x—9

E—Lugo (1), Feliz (9). DP—St. Louis 1, Philadelphia 2. LOB—St. Louis 6, Philadelphia 5. 2B—Lugo (2), Holliday (4), Ankiel (19), Bako (2). HR—DeRosa (4), Rollins (10), Utley (22), Howard (25), Ibanez (26). S—Blanton. SF—Holliday, Howard.

	IP	H	R	ER	BB	SO
St. Louis						
Wellemeyer L,7-9	5⅔	11	7	5	1	3
D.Reyes	⅓	0	0	0	0	1
Hawksworth	2	2	2	2	0	2
Philadelphia						
Blanton W,7-4	8	7	2	2	1	6
Lidge	1	1	0	0	0	1

WP—Blanton. T—2:37. A—45,271 (43,647).

Mets 8, Astros 3

New York	ab	r	h	bi
Pagan cf	5	2	1	1
LCastill 2b	4	2	2	2
DWrght 3b	5	2	2	2
DnMrp 1b	5	0	1	0
Francr rf	4	0	1	2
Sullivn lf	5	0	1	0
Schndr c	3	0	1	0
Cora ss	4	2	2	0
LHrndz p	3	0	1	0
Reed ph	1	0	1	1
Felicin p	0	0	0	0
SGreen p	0	0	0	0
Totals	39	8	13	8

Houston	ab	r	h	bi
Bourn cf	4	0	0	0
KMatsu 2b	3	1	0	0
Tejada ss	4	1	1	1
Ca.Lee lf	4	1	3	1
Blum 3b	4	0	2	1
Pence rf	4	0	2	0
IRdrgz c	4	0	0	0
Coste 1b	3	0	1	0
Moehlr p	1	0	0	0
Wrght p	0	0	0	0
Kata ph	1	0	1	0
Fulchin p	0	0	0	0
Michals ph	1	0	0	0
Arias p	0	0	0	0
Totals	33	3	10	3

New York	003	200	012—8
Houston	300	000	000—3

E—I.Rodriguez (4). DP—New York 2, Houston 1. LOB—New York 7, Houston 4. 2B—D.Wright (26), Tejada (31), Ca.Lee (18), Blum (10). 3B—Pagan (4), L.Castillo (3), Reed (2). SB—Sullivan (1), Cora (8), K.Matsui (10), Kata (1). CS—Pence (7). SF—Francoeur.

	IP	H	R	ER	BB	SO
New York						
Li.Hernandez W,7-5	7	8	3	3	1	7
Feliciano H,18	⅔	0	0	0	0	1
S.Green S,1-3	1⅓	2	0	0	0	1
Houston						
Moehler L,7-6	4⅔	8	5	5	2	2
W.Wright	⅓	0	0	0	0	1
Fulchino	2	0	0	0	0	1
Arias	2	5	3	3	0	2

T—2:52. A—34,642 (40,976).

Nationals 3, Padres 2 (10)

San Diego	ab	r	h	bi
ECarer ss	4	0	1	0
Venale cf	4	1	1	0
Headly lf	4	0	0	0
Kzmnff 3b	4	0	1	1
Blanks rf	4	1	1	1
OSalazr 1b	3	0	0	0
AdGnzl 1b	1	0	0	0
LRdrgz 2b	4	0	1	0
Alfonzo c	4	0	2	0
Gaudin p	2	0	0	0
Gwynn ph	1	0	0	0
Grgrsn p	0	0	0	0
MAdms p	0	0	0	0
Macias ph	1	0	0	0
GBurke p	0	0	0	0
Totals	36	2	7	2

Washington	ab	r	h	bi
WHarrs cf-lf	2	1	1	0
NJhnsn 1b	4	0	0	0
Zmrmn 3b	5	0	0	0
Dunn lf	4	0	1	1
Kearns rf	1	0	1	1
Wlngh rf	4	1	1	1
MacDgl p	0	0	0	0
Beimel p	0	0	0	0
J.Bard c	4	0	1	0
AlGnzlz ss	4	0	1	0
AHrndz 2b	4	0	0	0
Lannan p	2	0	2	0
Mrgan ph-cf	2	1	1	0
Totals	36	3	9	3

San Diego	000	001	001	0—2
Washington	000	000	110	1—3

Two outs when winning run scored.
E—L.Rodriguez (5). DP—San Diego 1. LOB—San Diego 5, Washington 8. 2B—Venable (6), Kouzmanoff (18). HR—Blanks (3), Willingham (14). SB—E.Cabrera (11). CS—W.Harris (2). S—W.Harris.

	IP	H	R	ER	BB	SO
San Diego						
Gaudin	7	5	1	1	2	4
Gregerson	1	2	1	0	0	1
M.Adams	1	0	0	0	0	1
G.Burke L,2-3	⅔	2	1	1	1	0
Washington						
Lannan	8	5	1	1	1	2
MacDougal BS,1-7	1⅓	2	1	1	0	1
Beimel W,1-5	⅔	0	0	0	0	0

T—2:48. A—20,747 (41,888).

Diamondbacks 9, Pirates 0

Pittsburgh	ab	r	h	bi
McCtch cf	4	0	0	0
FSnchz 2b	4	0	0	0
GJones rf	4	0	1	0
Doumit c	4	0	1	0
Pearce 1b	4	0	1	0
Moss lf	3	0	1	0
AnLRc 3b	3	0	0	0
JaWlsn ss	3	0	1	0
VVasqz p	1	0	0	0
Karstns p	1	0	0	0
Hanrhn p	0	0	0	0
DlwYn ph	1	0	0	0
Capps p	0	0	0	0
Totals	32	0	5	0

Arizona	ab	r	h	bi
S.Drew ss	5	2	2	0
GParra lf	5	1	3	4
J.Upton rf	4	2	2	0
ARomr pr-rf	0	0	0	0
Rynlds 3b	5	2	2	2
Ojeda 3b	0	0	0	0
Monter c	3	0	1	1
CYoung cf	4	0	2	1
Whitsll 1b	3	1	0	0
RRorts 2b	4	1	2	1
Scherzr p	3	0	0	0
Boyer p	1	0	0	0
Totals	37	9	14	9

Pittsburgh	000	000	000—0
Arizona	112	100	22x—9

LOB—Pittsburgh 5, Arizona 7. 2B—S.Drew (22), G.Parra (8), J.Upton (20), C.Young (22), R.Roberts (9). 3B—S.Drew (7). HR—G.Parra (5), Reynolds (26). SB—G.Jones (4), G.Parra (3).

	IP	H	R	ER	BB	SO
Pittsburgh						
V.Vasquez L,1-5	3	6	4	4	2	3
Karstens	3⅔	5	3	3	1	2
Hanrahan	⅓	0	0	0	0	1
Capps	1	3	2	2	0	1
Arizona						
Scherzer W,6-6	7	5	0	0	0	8
Boyer	2	0	0	0	0	1

T—2:24. A—27,507 (48,652).

Tour de France

Contador's reign might be a long one

By Samuel Petrequin
The Associated Press

PARIS — Four years after his seventh Tour de France victory, Lance Armstrong capped his return with an impressive third-place finish. Alberto Contador's second title, at age 26, was eye-catching in its own way — he's got two more than Armstrong had at the same age.

The 37-year-old Armstrong said the Spaniard has the potential to become a five-time Tour winner.

"Well, he's that good and he's not that old, so you can do the math," Armstrong said.

Armstrong is the second-oldest rider to reach the podium, but he was bested by his Astana teammate's devastating attacks in the mountains and a display of power in the time trials.

Back to competition this season after 3½ years of retirement, the Texan quickly realized he wouldn't be able to unsettle his younger rival on the road and challenged him mentally.

Armstrong criticized his teammate's strategy following the first mountain stage in the Pyrenees, hinting that the Spaniard was running against the team common interests. He then revealed tensions within the Astana team due to their rivalry.

Even after securing the yellow jersey in the Alps, Contador was confronted by his team for his tactical choices.

Asked Sunday on French TV what the hardest moment in this race, Contador said: "It was in the hotel."

"It has been an especially difficult Tour for me, but I savor it and it is more special because of it," he said after the awards ceremony.

But the Spaniard was so dominant that his reign on the Tour seems as if it could last a while.

"Contador is first of all a great climber, very elegant and flowing," Tour director Christian Prudhomme said. "But he also showed a great strength of character."

Armstrong plans to try his luck another time next year on the Tour with his new RadioShack team. He acknowledged Contador's superiority.

"Contador is that good, so I don't see how I would have been higher than that, even in the other years," said Armstrong, who won the Tour seven consecutive times from 1999 to 2005 before retiring. "I think his performance this year would have beaten my performances in '01 and '04 and '05."

Contador already is one of cycling's greats, having won all three Grand Tours of France, Italy and Spain, something Armstrong never did in his career.

"It was a hard Tour," said Contador, who had to sit out last year while Astana was banned because of previous doping scandals. "Before leaving, I knew I had to be ready both physically and mentally. At the end of each stage, I said 'one day less'. There were tensions, but the situation has normalized. And I am very happy with the result."

Even if Armstrong returns in 2010 with a strong team fully dedicated to his ambitions, Contador's greatest rival in the future could be Andy Schleck of Luxembourg.

At only 24 years old, the climber finished second, 4 minutes, 11 seconds behind Contador. He has now twice won the Tour de France's white jersey awarded to its best rider younger than 25.

"I'm coming back to take the yellow jersey," Schleck said. "Alberto showed this year that he was the strongest, the real boss of the peloton. I have much respect for him, but next year I'm coming to win."

Armstrong wants to come to the Tour with a strong outfit, including current teammates Levi Leipheimer and Andreas Kloeden, and together they could challenge Contador.

The Spaniard's future is still unclear. But whatever he decides, it's almost certain that the Contador-Armstrong rivalry will reignite in 2010.

"I'm going left, he's going right," Armstrong said. "See you on the start line next year."

Associated Press Writer Jamey Keaten contributed.

Bill Kostroun/AP

Mexico's Giovani Dos Santos (17) and Gerardo Torrado, right, embrace as the United States' Kenny Cooper, left, walks past after the CONCACAF Gold Cup final Sunday. Mexico won 5-0.

Gold Cup soccer

Mexico blitzes U.S. in final

By Barry Wilner
The Associated Press

EAST RUTHERFORD, N.J. — With a fifth Gold Cup trophy in its possession, the Mexican soccer team turns its attention to more worldly matters.

So does the United States.

After finally earning a victory against the Americans on U.S. soil with a 5-0 romp Sunday that gave them their first such victory in a decade, the Mexicans will carry surging confidence into an Aug. 12 World Cup qualifier against their archrivals from the north.

It's a critical home game at Azteca Stadium for Mexico, which stands only fourth in CONCACAF qualifying. The United States is second, and only the top three automatically advance.

"This is a huge step for us in the process," said game MVP Giovani Dos Santos, who scored a goal and drew a penalty kick. "It gives us a lot of confidence. We've been working very hard and taking a lot of criticism. But we made the best out of it. We put a lot of heart into this."

They also put a lot of balls into the net in the second half before an overwhelmingly pro-Mexico crowd of 79,156 at Giants Stadium. Captain Gerardo Torrado scored on the penalty kick in the 56th minute, then the inexperienced U.S. squad came unglued while El Tri soared.

"The win injects us with some motivation, confidence and maturity," Dos Santos said.

But his coach, Javier Aguirre, tried to downplay any relevance to Aug. 12, when both sides will have different rosters. U.S. coach Bob Bradley coached the Americans to a runner-up finish in the Confederations Cup in South Africa last month, then gave most of the players a pass for the Gold Cup. Those regulars will be at Azteca.

"The Gold Cup is over and now it's a different story," Aguirre said. "We leave, we celebrate and we are happy. But I don't want to mix two different things."

The Mexicans were 0-9-2 since a March 1999 victory at San Diego. But as the green-clad fans rocked Giants Stadium, Dos Santos and Carlos Vela scored 5 minutes apart despite several brilliant saves by Troy Perkins. Indeed, it seemed the goalkeeper was the only American on the field during the 11-minute blitz in which Mexico's attackers could have sprinted all the way back to Azteca without being touched.

The fiesta was on.

Jose Antonio Castro and Guillermo Franco put the finishing touches on Mexico's dynamic victory. Castro scored off a great through-pass from Vela, a substitute who energized Mexico when he entered the game after halftime.

"When a goal is scored, there's always a change in the game and we didn't respond well," coach Bob Bradley said of the worst American home loss since a 5-0 stinker against England on June 16, 1985.

"Look at anybody in the United States and this loss has to anger you," added Brian Ching, the only truly experienced international on the roster. "If you are an American and are not ticked off, something is wrong with you.

"It's an anger we can bring with us on Aug. 12."

At the final whistle, the green-clad Mexican players stormed onto the field in jubilation, mobbing Dos Santos and Aguirre. Then they saluted the crowd that made the Meadowlands sound more like Mexico City, making a tour of the pitch with the trophy in hand.

"This victory brings us much pride," Torrado said. "It's is very important for our team and our country."

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NASCAR Sprint Cup

Montoya's penalty gives Johnson win at Brickyard

By Jenna Fryer
The Associated Press

INDIANAPOLIS — Jimmie Johnson doesn't know if he could have passed Juan Pablo Montoya for the victory at the Indianapolis Motor Speedway.

He didn't have to find out.

Montoya dominated Sunday's race at The Brickyard, only to lose his chance at a victory when NASCAR punished him for speeding on pit road. It blew the race wide open, and Johnson beat Hendrick Motorsports teammate Mark Martin for his third victory in four years at Indy.

"To finish first, first you must finish," shrugged the three-time defending champion. "I hate him for it. I know it is a story, Juan led so many laps. We come back and look at it two months from now, it's going to be a 'W' next to my name on the stat sheet. That's all that matters."

Not to Montoya, who felt NASCAR wrongly flagged him for speeding and became unglued on his radio after the penalty.

In a performance that mirrored his dominating Indianapolis 500 victory nine years ago, Montoya was in cruise control as he led 116 laps and built a 5-second lead over the competition. Then NASCAR said he twice broke the speed limit on pit road during a routine stop with 35 laps remaining.

"I swear on my children and my wife that I was not speeding!" he shouted over his radio. "There is no way! Thank you NASCAR for screwing my day."

Crew chief Brian Pattie, aware NASCAR officials were monitoring Montoya's rant, begged his driver to calm down.

"Don't tell me to relax, dude!" Montoya yelled. "We had this in the bag."

At $223,953, it was the most expensive speeding ticket in NASCAR history: Johnson earned $448,001 for the victory, while Montoya's 11th-place finish netted him 224,048.

Even worse, after moving as high as sixth in the Sprint Cup standings when he was on pace to win the race, he instead lost a spot and is now 10th in the race for the Chase for the championship.

AJ Mast/AP

Juan Pablo Montoya drives past his pit after being penalized for speeding on pit lane on his previous stop during Sunday's NASCAR Allstate 400 at the Brickyard at Indianapolis Motor Speedway.

Still, the performance was reminiscent of Montoya's victory in the 2000 Indy 500, when he led 167 of 200 laps in his first race at the storied track.

And it showed that, in his third season since leaving Formula One, Montoya is finally a consistent stock-car driver.

"It's got to be tough to forget everything that's brought you to this level, you've built your success on, forget all that and start over," Johnson said of Montoya. "He's jumped into this thing head first. He's committed himself to doing a great job. That team is getting stronger. I think we'll see a lot more of Juan. I know today didn't work for him for points for the Chase, but I see him making the Chase and I see him being a threat."

He was at Indy until the penalty, which opened up the race for anyone else to claim. Johnson, who won for the third time this season and became the first driver to win in consecutive seasons since Indy opened to NASCAR 16 years ago, had to hold off Martin to get it.

After Montoya's penalty, Martin moved into the lead for the restart with 24 laps to go and Johnson lined up on his outside. Johnson sailed to the front and pulled away, only to have to hold off Martin over a nerve-racking final five laps. Martin, who at 50 became the oldest pole-sitter in Indy's 100 years, finished second and moved up two spots in the standings to ninth.

"I would have liked to win it," Martin said. "Just got beat by Superman."

It was a 1-2 finish for Rick Hendrick for the second straight race — Martin and Jeff Gordon led the way in Chicago two weeks ago — and gave the team owner his seventh victory in 16 visits to The Brickyard.

Current points leader Tony Stewart was third followed by Greg Biffle, Brian Vickers and Kevin Harvick, who grabbed his best finish in 15 races.

A cut tire caused Kyle Busch to finish 38th and drop out of contention for the Chase. The bad day cost him four spots in the standings. He is 14th with six races left to set the 12-driver Chase field.

F1's Massa awake, able to speak

By Paul Logothetis
The Associated Press

BUDAPEST, Hungary — Formula One driver Felipe Massa is awake and talking to family members, making significant improvement after his high-speed crash.

The chief surgeon at AEK hospital says Massa is now breathing unassisted and moving his limbs. In addition, a drain from his skull wound was removed.

Chief surgeon Lajos Zsiros said Monday the 28-year-old Brazilian is groggy but able to adequately answer questions. He says further improvement can be expected.

Massa crashed Saturday during qualifying at the Hungarian Grand Prix and was near death for two days.

Earlier Monday, the neurosurgeon who operated on Massa said damage to his eye and other injuries could prevent him from returning to Formula One.

Robert Veres said Massa would definitely not return to the track this season, and that his long-term future in the sport was in doubt.

"I don't know [if he can return]," Veres said. "It's too early to say anything concerning his future, regarding the race."

Veres was one of three surgeons who operated on Massa's multiple skull fractures Saturday, after his crash during qualifying for the Hungarian Grand Prix. Massa was struck by a loose part from another car that bounced up and hit him in the helmet, giving him a concussion and sending his car into the protective tire barrier.

Several fragments of bone from the skull had to be removed during the operation, Veres said.

Doctors were particularly concerned about injuries to the 28-year-old Brazilian's left eye, but Veres said they didn't yet "know the quality of this damage."

"We don't know exactly because without operation it's very hard to evaluate function."

Jordan Verlage, Edmonton Sun/AP

Tony Kanaan's crew shields themselves from a fire that erupted during a pit stop in the Edmonton IndyCar Series race Sunday. Kanaan said he suffered second-degree burns on his thumbs and his face, but he didn't think he would miss any time because of the injuries.

IRL

Power earns first IndyCar victory

The Associated Press

EDMONTON, Alberta — Will Power led from the pole and won the Edmonton Indy under a caution on Sunday, a race marred by a pit fire that burned driver Tony Kanaan's hands and face.

It was the first IndyCar series victory for the Australian, who is in his first season with Penske Racing.

"That's close to a perfect weekend — a pole position and a win. I'm just really happy for the guys," said Power as he climbed out of his No. 12 yellow Dallara Honda. "When you are knocking on the door every week, eventually you are going to have a win."

Power finished 1.094 seconds ahead of teammate Helio Castroneves.

Chip Ganassi driver Scott Dixon was third, 1.321 seconds off the pace, but reclaimed first place in the overall IndyCar driver points race.

The race featured few lead changes and battles for position. Dixon, Castroneves and Penske's Ryan Briscoe, who finished fourth, spent the afternoon trading spots behind Power for 95 laps on the 1.96-mile airport/road course.

Kanaan, the Brazilian driver for Andretti Green, was injured on his first pit stop on the 34th lap when the ethanol fuel hose failed to shut off properly, showering him and his car in fuel.

Kanaan said he pulled out to protect his crew members from a fire, but seconds later his cockpit was in flames. Nearby Penske crew members hopped the wall to spray the car with fire extinguishers and dump a bucket of water on Kanaan.

"I do have second-degree burns on both of my thumbs and a little bit on my face," said Kanaan, who waved to the fans as he was driven off for medical tests.

He said more tests have to be done and wouldn't say if the injury will cause him to miss time in the car.

"I have raced with broken ribs and broken arms, worse than that. We'll see. I have never had a burn before in my life. But right now I don't plan to step out of the car."

Chip Ganassi driver Dario Franchitti, who was new to the Edmonton track and began the weekend in first place in the driver standings, started and finished fifth.

"We just didn't really have the pace. It is a physical track. I was pretty happy to see the end of it," said the Scotsman, who dropped to second overall.

He saved some venom for Andretti Green driver Marco Andretti, who had already been lapped late in the race yet still refused to yield position.

"I didn't get much help from Marco when I was coming up to lap. I helped him out at Watkins Glen [earlier this month] when I was a lap down and he totally screwed me for about 10 laps. I will remember that one."

Toronto's Paul Tracy, in the No. 15 KV Racing Technology car, started ninth, moved up three spots in the first three laps, but could go no further.

"It's the Penske's and the Ganassi's show and I was the first of the rest so I think a pretty good effort," Tracy said.

The race, held under a bright sky on a warm day, was one lap away from becoming the first in IndyCar history to run without a caution flag, until Tomas Scheckter hit the wall.

It's still the fewest caution laps ever in an Indy race, beating the previous record of two.

The victory was vindication for Power, who joined Penske this season when Castroneves was going on trial for tax evasion and there was concern he wouldn't return.

Castroneves was acquitted, leaving Power a part-time third driver for the team.

Nevertheless, in five races this year, the former Champ Car veteran hasn't finished out of the top six. He took the pole and finished second in Long Beach, Calif., in April and was third two weeks ago in Toronto.

NFL commissioner reinstates Vick

By Barry Wilner
The Associated Press

NEW YORK — Michael Vick was reinstated by NFL commissioner Roger Goodell on Monday and could play in regular-season games as early as October.

Vick can immediately participate in preseason practices, workouts and meetings and can play in the final two exhibition games — if he can find a team that will sign him. A number of teams have already said they would not.

"Needless to say, your margin for error is extremely limited," Goodell said in a letter to Vick. "I urge you to take full advantage of the resources available to support you and to dedicate yourself to rebuilding your life and your career. If you do this, the NFL will support you."

Goodell suspended Vick indefinitely in August 2007 after the former Atlanta Falcons quarterback admitted bankrolling the "Bad Newz Kennels" dogfighting operation. Goodell said then that Vick must show remorse and signs that he has changed before he would consider reinstating him.

Vick

"I accept that you are sincere when you say that you want to, and will, turn your life around, and that you intend to be a positive role model for others," Goodell added. "I am prepared to offer you that opportunity. Whether you succeed is entirely in your hands."

Once the season begins, Vick may participate in all team activities except games, and Goodell said he would consider Vick for full reinstatement by Week 6 (Oct. 18-19).

Goodell scheduled a news conference later Monday.

"I would like to express my sincere gratitude and appreciation to commissioner Goodell for allowing me to be readmitted to the National Football League," Vick said through agent Joel Segal. "I fully understand that playing football in the NFL is a privilege, not a right, and I am truly thankful for the opportunity I have been given.

"As you can imagine, the last two years have given me time to re-evaluate my life, mature as an individual and fully understand the terrible mistakes I have made in the past and what type of life I must lead moving forward.

"Again, I want to thank the commissioner for the chance to return to the game I love and the opportunity to become an example of positive change."

The announcement came after a busy first week of freedom for Vick, who met with union leaders and Goodell on consecutive days last week. His 23-month federal sentence ended when an electronic monitor was removed from his ankle early on July 20 at his home in Hampton, Va.

He met with DeMaurice Smith, executive director of the NFL Players Association, last Tuesday and, on Wednesday, he sat down with Goodell at a security firm in Allendale, N.J.

Vick's issues are far from over. Already, the owners of the New York Giants and New York Jets said they have no interest in the 29-year-old quarterback, who once was the league's highest-paid player.

Vick needs to find a team so he can get himself out of financial ruin. He filed for bankruptcy protection last July, listing assets of about $16 million and debts of more than $20 million, and has a hearing about his plan to repay his creditors on Friday in Norfolk, Va. That plan is built around his ability to make NFL-type money again.

He's unlikely to command anything close to the 10-year, $130 million contract he once had with the Falcons, or to get endorsement deals after the grisly details of his involvement in the dogfighting ring.

Vick finally pleaded guilty after his three fellow defendants had already done so. They told of how Vick participated in the killing of dogs that didn't perform well in test fights by shooting, hanging, drowning or slamming them to the ground.

Sports briefs

Report says DA wants jail time for Burress

The Associated Press

NEW YORK — Manhattan's district attorney said he wants former New York Giants wide receiver Plaxico Burress to serve time in prison, the New York Post reported.

Robert Morgenthau told the newspaper that Burress, who shot himself with an unlicensed gun in November, was willing to agree to spend a year in jail, but prosecutors insisted on two.

"We've always taken the position that he's going to have to go to jail, whether by trial or by plea," Morgenthau told the Post for a story in Monday's edition.

A spokeswoman for Morgenthau, Alica Maxey Greene, declined to comment on the Post story or to confirm that the district attorney made the comments.

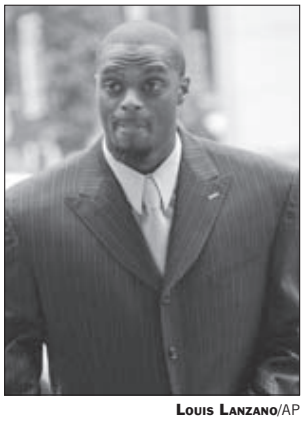
Burress shot himself in the thigh at a nightclub early on the morning of Nov. 29. He was charged with criminal possession of a weapon and faces up to 3½ years in prison. Burress has pleaded not guilty and is free on $100,000 bail. The Giants released Burress in April.

In other NFL news:

■ The Cleveland Browns signed second-round pick David Veikune. The linebacker, who was the third of the team's three second-round choices, was the 52nd overall selection of the draft.

■ Philadelphia Eagles top draft pick Jeremy Maclin remained unsigned and was a no-show Monday on the first day of training camp. Maclin was selected 19th in the draft. The Eagles traded up two spots to take the receiver out of Missouri.

■ Baltimore Ravens wide receiver Drew Bennett announced his retirement Sunday night, two days after signing with Baltimore in an effort to rekindle his NFL career. Bennett, 30, agreed to a one-year deal after a tryout Friday. But he aggravated an old knee injury during the workout, and after returning home to Nashville, Tenn., decided to quit.


Louis Lanzano/AP

Manhattan's district attorney says former New York Giants receiver Plaxico Burress will have to serve jail time, according to the New York Post.

■ The Denver Broncos signed second-round pick Alphonso Smith and three other draft selections Sunday, a day before rookies were scheduled to report to camp.

The signings of Smith, fellow second-rounder Darcel McBath, fourth-rounder David Bruton and sixth-rounder Tom Brandstater left the Broncos with two of their 10 picks unsigned.

■ The Minnesota Vikings waived cornerback Charles Gordon. The team announced the move Monday. Gordon was entering his fourth season. He had worked his way up to be the nickel back and primary punt returner, until suffering a severe leg injury last November.

■ Buffalo Bills receiver Steve Johnson is out indefinitely with an injury to his rib cartilage.

■ Recalcitrant receiver Brandon Marshall reported to the Denver Broncos headquarters on Monday. He missed all offseason workouts while rehabbing from hip surgery and protesting his contract and his medical treatment from the team.

Former Sooner Bryan dead

COWETA, Okla. — Rick Bryan, an All-America defensive end at Oklahoma who played his entire NFL career with the Atlanta Falcons, has died. He was 47.

Bryan died Saturday night at his home in Coweta, the Wright Funeral Home in Coweta said Monday. Former Oklahoma coach Barry Switzer said Bryan suffered congestive heart failure.

Bryan was a three-time All-Big Eight selection and a two-time All-American. He holds the Oklahoma record for tackles by a lineman with 365.

Bryan started for Oklahoma from 1981 to 1983 and was drafted ninth overall by the Falcons in 1984. He had 29 sacks over the next 10 seasons with the Falcons.

Mets fire exec Bernazard after series of blowups

NEW YORK — The New York Mets fired team executive Tony Bernazard on Monday following a series of recent blowups.

Mets general manager Omar Minaya said Monday that it was his decision to let Bernazard go.

Bernazard was the vice president of player development for the Mets. The team had been investigating a report that he challenged members of their Double-A Binghamton affiliate to fight him during a postgame tirade this month.

Bernazard also recently got into a heated conversation with Mets closer Francisco Rodriguez.

In other baseball news:

■ Shoulder problems landed outfielder Chris Dickerson and fifth starter Micah Owings on the 15-day disabled list, two more blows to a Cincinnati Reds team fading from contention.

■ Cleveland pitcher Winston Abreu was suspended for three games for plunking a Seattle hitter over the weekend.

NASCAR says Mayfield lied to federal court

CHARLOTTE, N.C. — NASCAR said Jeremy Mayfield lied to a federal court about the chronology of a second random drug test.

The accusation came Monday in court filings that ask U.S. District Court Judge Graham Mullen to lift the injunction he granted Mayfield so he could return to racing.

NASCAR questioned Mayfield's sworn testimony last week when he said a July 6 request for a second drug test went to voicemail and he didn't get the message until 40 minutes later. NASCAR says it has a recording of the actual phone call.

An appeals court last week issued a ruling that put Mayfield back under suspension, but there were still unresolved legal challenges before Mullen.

In other racing news:

■ The Indy Racing League and promoters announced a deal Monday that will bring the open-wheeled cars to the Barber Motorsports Park track in Alabama starting in April 2010.

Dufner shares Canadian Open lead with Kim, Goosen

OAKVILLE, Ontario — Jason Dufner made a 10-foot eagle putt on the par-5 18th Monday for a share of the Canadian Open lead with Anthony Kim and Retief Goosen after the rain-delayed third round.

Dufner finished off a 2-under 70 Monday to match Kim (66) and Retief Goosen (67) at 15 under entering the final round at saturated Glen Abbey. Michael Letzig (66), Bob Estes (68) and Nathan Green (69) were 14 under.

Thunder, Timberwolves swap veteran backups

OKLAHOMA CITY — The Minnesota Timberwolves picked up another point guard Monday in a swap of veteran backups that will send forward Etan Thomas to Oklahoma City.

Along with Thomas, Minnesota is sending two of its four second-round picks in the 2010 draft to Oklahoma City in exchange for guards Damien Wilkins and Chucky Atkins.

Thomas will head to his home state after spending less than a month with the Timberwolves. He came in the trade that eventually landed unsigned No. 5 overall draft pick Ricky Rubio in Minnesota.

In other NBA news:

■ A source close to the negotiations told The Associated Press that the Dallas Mavericks reached an agreement Monday with free agent big man Drew Gooden.

The source, speaking on condition of anonymity because a contract hasn't been signed, said the deal was "verbally done."

■ San Antonio Spurs guard Tony Parker has a sprained ankle and injured thigh after colliding with an Austrian player during a recent basketball game.

Parker is unlikely to be available to play for France in Thursday's game against Hungary in Eurobasketball 2009, according to sports daily L'Equipe.

■ Steve Nash agreed to a two-year, $22 million contract extension that will keep the two-time MVP point guard under contract with the Phoenix Suns through the 2011-2012 season.

SPORTS

Montoya's speeding ticket enables Johnson to win at Brickyard, Page 30

HILLERY SMITH GARRISON/AP

Redskins owner Daniel Snyder admits to some "very silly mistakes" since he bought the team 10 years ago. "I think I fueled the fire" for the bashing he has received.

After 10 years, Snyder hopes he's learned from mistakes

BY JOSEPH WHITE
The Associated Press

ASHBURN, Va.

Dan Snyder's shirt was soaked and his appetite voracious, both the result of watching his Washington Redskins go through an offseason practice in humid northern Virginia heat. A nice spread of Thai food awaited him in his stylish office on the second floor of Redskins Park, along with a chance to reflect on his 10 years as one of the most scrutinized owners in the NFL.

Inside the room were two other Redskins employees. Snyder nodded toward one of them.

"He's 34 years old over here. He's probably too young to own a team," Snyder said. "Maybe I was originally, as well."

Snyder himself was 34 when, a decade ago this month, he became the youngest majority owner in the league, purchasing the team from the estate of the late Jack Kent Cooke. He instantly became a lightning rod for controversy, the new guy trying to shake up things before thoroughly learning the business.

Buoyed by an NFC East title in his first season, Snyder overspent for players; turned training camp into a circus by charging admission; fired a coach who had a winning record with three games left; and became personified as a heavy-handed rich kid intent on playing fantasy football and making lots of money — all within his first two years at the helm.

So now, when asked in an interview with The Associated Press why people like to pick on him, he didn't have to think hard to come up with a humbling answer.

"I think I fueled the fire with some of the things I did," Snyder said. "I made some early, very silly mistakes, whether it be firing Norv Turner during a season, or training camp, trying to make it something special and grandiose when in reality it's a family event. I think that I didn't understand the game and the contracts and their lengths and the commitments. I learned an awful lot from Joe Gibbs in terms of the types of players we seek. ... I did some of that to myself.

"On the other hand," he added, "once that snowball started rolling, there's a festering effect."

Indeed, Snyder-bashing quickly took on a life of its own. Other teams have lost more over the last decade — Snyder's overall record of 76-84 with three playoff appearances is mediocre but certainly not awful. There are plenty of other rich and demanding owners, many of whom have fired good coaches, signed bad players and made a ton of other mistakes.

But that doesn't stop people from blaming Snyder for anything and everything, including the user-unfriendly location of the Redskins' 12-year-old stadium. "I write back: 'I swear I wasn't here in '97,'" he said.

Hiring Steve Spurrier? It was a move many would have made, giving one of college football's most innovative coaches his shot at the NFL. It was just one of those things that didn't work out. "Things that we thought we were getting we weren't quite getting. He probably for his family and himself did the right thing by getting out of the NFL."

Joe Gibbs? It was certainly a no-brainer to bring back a Hall of Fame coach, and the result was modestly successful: two playoff appearances in four seasons before Gibbs retired again at the end of the 2007 season. Snyder and Gibbs still talk frequently, and the owner has a proud place in his office for a book homemade by Gibbs' wife, Pat, inscribed with the words: "Thanks to the Snyders. So many photos were taken by so many different people, but these are the ones that were special to us. Hail to the Redskins."

Jim Zorn? Snyder sees a bit of his 1999 self in the man who went 8-8 after opening 6-2 last season in his rookie year as a head coach.

"I think he's in the midst of getting the feel for being a head coach," Snyder said. "I put him in a position where he had on-the-job learning, on-the-job training, and I think he's done a good job of understanding it. I think that some of the nuances that were probably new to him were some like me, when I first got here: the media, the scrutiny, the criticism, the praise, the cheers, the idea of some instant success. I had some as well when I first got here, and sometimes it's not the best thing for you. Sometimes it's best the other way around: You build that success, and I've learned that throughout the years."

Vinny Cerrato? Well, the jury's very much still out on Snyder's personnel guy, and whether the Redskins would be better off with a traditional general manager.

"I feel like he's done some real good things and a few bad things, like everyone," Snyder said. "There's no one in this business who doesn't make mistakes."

Snyder does deserve credit for assembling an extensive Redskins charitable network. Sure, it's something that's come to be expected from all pro teams these days, but community outreach was negligible by comparison under Cooke.

"It's been overlooked, absolutely," said Snyder, who this year received the Community MVP Award at the Washington Football Legends for Charity banquet. "Because it's not a great sound bite: The owner of the Redskins built a whole bunch of education stuff at schools. That's not glamorous. It's a whole lot more glamorous to say we're signing X, Y, Z free agents."

SEE SNYDER ON PAGE 25

QB Vick is reinstated by NFL, with conditions Page 31

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